Now Accepting Applications for 2013 Senior Leadership Series

The Senior Leadership Series is a program created to develop leadership skills in older adults, caregivers, family members and friends who will advocate both at the state and federal levels on issues that will impact New Hampshire citizens as they age. Participants will meet for five interactive sessions over eight months and receive intensive training by respected leaders in community organizing, leadership development and best practices in older advocacy issues. A selection committee will choose this year’s participants based on the content of their applications. Application deadline is February 25, 2013. For more information and the application visit: http://states.aarp.org/new-hampshire-senior-leadership-program-accepting-applications-for-2013/

It’s Not About the Hike

AARP will be hosting an evening of inspiration and information on February 6th at the McLane Center (84 Silk Farm Rd, Concord) from 4 pm to 6 pm. This event will serve to inspire participants through a presentation by Nancy Sporborg and Pat Piper highlighting the journey of two 50 plus year old non-hikers who one day decided to climb the 67 mountains in New England over 4,000 feet. It’s Not About the Hike is about two ordinary women who went on an extraordinary journey and their story will inspire you to start your own journey, maybe with the New Hampshire Senior Leadership Series! After the presentation a panel of Senior Leadership Alumni will inspire you with their own stories of triumph and answer any questions you have about the program. For more details and to register for this event, http://aarp.cvent.com/Audubon

CACL Partnered with the Center for Public Policy Studies to Analyze the Impacts of Aging and Public Long Term Care Systems

The NH Center for Public Policy Studies completed a new report, Aging and the Public Long-Term-Care System, to analyze the impacts of the aging of the population on NH’s public long term care system. This is a follow up report to the Silver Tsunami Aging and the Health Care System report, which was released in 2011. CACL, NH AARP, State Committee on Aging, EngAGING NH and NH Bureau of Elderly and Adult Services; with
funding from the Endowment for Health, are using this report as a springboard for discussions to focus on the future of New Hampshire’s home and community based care systems, including policy and legislative implications. Read the report, Aging and the Public Long-Term-Care System, here:  http://www.nhpolicy.org/report.php?report=323

**Training for Aging Network Organizations: Improving the Quality of Services and Supports for LGBT Older Adults**

On Thursday, February 21, 2013, the National Resource Center on LGBT Aging is offering a training, in Concord and free-of-charge, on LGBT cultural competency. Lesbian, gay, bisexual and transgender (LGBT) older adults make up a significant, and growing, share of America’s 65+ population. The training is designed to help agencies create an inclusive, safe and welcoming environment for LGBT older adults. Developed by PHI, a leader in service provider education, in collaboration with LGBT and aging experts from across the country, this comprehensive training is suitable for all levels of staff, including administrators, service providers and volunteers. For information on how to register, visit: http://www.chhs.unh.edu/cacl/LGBT_Aging_Training_Flyer

**Articles of Interest**

- *Aging in the 21st Century: A Celebration and a Challenge.* This new report calls for new approaches to dealing with healthcare, workforce and retirement issues, living arrangements and intergenerational relations. The intent is to help countries to harness the potential benefits and minimize the disruption that population aging will bring.
- *Home Alone: Family Caregivers Providing Complex Chronic Care.* This study challenges many common perceptions of family caregiving. Family caregivers have traditionally provided assistance with activities of daily living (bathing, eating, etc.), but the role of family caregivers has dramatically expanded to include medical/nursing tasks. AARP Public Policy Institute and the United Hospital Fund undertook a survey to determine the specifics of these changes.
- *Assessing Decisional Capacity Curriculum.* The Rush University Medical Center and the ABA Commission on Law and Aging have released an interactive educational curriculum on assessing the capacity of older adults, funded by The Retirement Research Foundation. The course is aimed at physicians but is valuable for other health care clinicians and students. The curriculum features six modules, including videos, a pocket reference card, a glossary, and a resource list, and is downloadable. The course will be open starting March 18, 2013. For more information, contact Michelle Hochwert at 312-942-0417 or at Decisional_Capacity@rush.edu
- *Direct Care Career Guide.* CACL recently launched this guide developed through the center’s DirectConnect project, a 3 year project funded by the U.S. Department of Labor to address the growing need for additional direct care workers in NH and to improve training and educational opportunities
for workers pursuing careers in this field. The Direct Care Career Guide is designed to be an easy-to-use interactive career resource tool that identifies direct care career opportunities tailored to fit individual needs, preferences, and career aspirations.

Professional Development Training

- Navigating Choice and Change in Later Life, March 14, 2013. Register here
- Technology for Older Adults, March 28, 2013 Register here
- Taking Control: Advanced Tools for Person-Centered Decision Making, April 12, 2013. Click Here for More Information!
- Living Well in Communities: Thriving as We Age, May 7, 2013. A full-day conference packed with innovative ideas and information related to aging well in our communities for professionals working with older adults, including those with developmental disabilities and mental illness. Click Here for more information.