

Adolescent and Youth Development Minor

The Departments of Family Studies and Recreation Management and Policy offer a minor in Adolescent and Youth Development. The minor is designed to provide an opportunity for students to develop knowledge and skills regarding adolescence and youth development. The two required courses offer a foundation in theory, research, and practice, and students choose three additional courses from a wide array of more specialized offerings from collaborating departments.

Note: Course offerings for the Adolescent and Youth Development Minor have been updated for Fall 2008. Students who began the minor prior to Fall 2008 have the option of completing the minor using the original requirements or the revised plan of study.

Objectives

The objectives of the proposed Adolescent and Youth Development minor include:

- Providing students with a basic understanding of current theory and research about adolescence and youth development.
- Helping students learn the basics of leadership and related principles as they apply to youth-serving agencies.
- Raising awareness of the importance of context in understanding adolescent development, including how experiences may vary for those of different genders, ethnicities, socioeconomic levels, physical ability levels, and sexual orientations.
- Facilitating students' development of knowledge, confidence, and competence in working with diverse groups.
- Providing students with an opportunity to understand prominent aspects of youth culture.
- Providing the opportunity for students to learn about programs and policies that affect adolescents and their families.
- Helping students identify the characteristics, program emphases, administrative methods, and membership of the major youth-serving agencies in the United States.
- Encouraging a balanced approach to adolescence that recognizes both the strengths and vulnerabilities of youth.
- Identifying and exploring critical issues in adolescent development both locally and nationally.
- Enhancing awareness of career possibilities for working with adolescents and their families.
- Helping students use theory and research to guide their work with adolescents, their families, and other youth-serving professionals.
- Providing students with an opportunity to work with youth in a supervised setting.

Description of Curriculum and Requirements for the Minor

The Adolescent and Youth Development Minor is designed give students an opportunity to develop knowledge and skills regarding adolescence and youth development. The two required courses offer a foundation in theory, research, and practice, and students choose three additional courses from a wide array of more specialized offerings from collaborating departments. To ensure that students develop a cohesive plan of study, they must apply for the minor using the attached form. Only students who have submitted an application, been accepted into the minor, and completed the required coursework will be awarded a minor in Adolescent and Youth Development.

Required Courses:

| | |
|---------|---|
| FS 624 | Developmental Perspectives on Adolescence and Early Adulthood |
| RMP 668 | Youth Culture and Programs |

Select Three of the Following Courses:*

| | |
|-----------|---|
| EDUC 710c | Youth Organizations |
| EDUC 797 | Seminar in Early Adolescent Development |
| EDUC 717 | Growing Up Male in America |
| EDUC 735 | Young Adult Literature |
| FS 797 | Special Topics in Family Studies – Approved Sections Only |
| JUST 701 | Special Topics – Approved Sections Only |
| KIN 565 | Principles of Coaching |
| PSYCH 791 | Adolescent Psychology |
| RMP 558 | Program Supervision & Leadership |
| RMP 560 | Recreational Sport Management |
| RMP 730 | Camp Administration and Leadership |
| RMP 760 | Community Sport Organizations: Administration & Development |
| SOC 525 | Juvenile Crime and Delinquency |
| SOC 773 | Sociology of Childhood |
| SW 705 | Child and Adolescent Risk and Resiliency |
| RMP 563** | Practicum |
| FS 707** | Practicum |
| EDUC 507 | Mentoring Adolescents |

* Some courses may require prerequisites or permission

** Only one practicum may be applied toward the minor

If you have questions about the minor, please contact Dr. Erin Hiley or Dr. Chris Harrist. To apply for the minor, please complete the attached application and return to either Dr. Sharp or Dr. Harrist.

Dr. Erin Hiley Sharp
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Dr. Chris Harrist
Recreation Management and Policy
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**Intent to Minor – Adolescent and Youth Development
Departments of Family Studies and Recreation Management Policy**

Name: _____ **Date:** _____

Mailing Address: _____

Phone: _____ **E-mail:** _____

Major: _____ **Student ID:** _____

Expected Date of Graduation: _____

Why are you interested in a minor in Adolescent and Youth Development?

Are you planning to do a practicum for your minor?

Your plan of study for the minor should include the two required courses (1& 2 below) and three additional courses, which may include a practicum.

| Proposed Courses | Semester | Grade |
|-------------------------|-----------------|--------------|
| 1. FS 624 | | |
| 2. RMP 668 | | |
| 3. | | |
| 4. | | |
| 5. | | |

APPROVAL:

Major Advisor: _____ **Date:** _____

Minor Advisor: _____ **Date:** _____

Student: _____ **Date:** _____