OUTDOOR EDUCATION UNDERGRADUATE PROGRAM

Minor in Kinesiology, Outdoor Education concentration

Pursuing a minor in Kinesiology with a concentration in Outdoor Education is a great way to complement your major course of study with the skills and knowledge required to work in various outdoor related fields. To complete this minor and concentration, you must (a) be pursuing a major in an area other than Kinesiology, and (b) complete at least 20 credits from Outdoor Education courses.

Below is a recommended progression and distribution of courses. It is also advisable that you speak with a faculty member from the Outdoor Education program as early as possible in order to create a course of study that best supports your goals.

Select from the following theory-based classes:

• KIN 550 – Philosophy and Methods of Outdoor Education
• KIN 681 – Theory of Adventure Education (Prerequisite: KIN 550 or permission)
• KIN 682 – Outdoor Leadership (Prerequisite: KIN 550 + at least 1 skills course)
• KIN 687 – Leadership Practicum (Prerequisite: KIN 682)
• KIN 786 – Organization and Administration of Outdoor Education

Pursue a medical certification, such as:

• KIN 585 – Emergency First Responder, OR
• KIN 684 – Emergency Medical Care (and 685, EMT lab), AND
• KIN 686 – Wilderness Emergency Medical Care, OR
• Possess a minimum of WFR certification from another organization

Choose from the following skills-based classes:

• KIN 540 – Top Rope Rock Climbing
• KIN 541 – Management of Challenge Courses
• KIN 543 – Winter Backpacking or Winter Outdoor Skills (Prerequisite: KIN 551)
• KIN 546 – Whitewater Canoeing (Prerequisite: KIN 552)
• KIN 547 – Lead Rock Climbing (Prerequisite: KIN 540)
• KIN 551 – Adventure Programming: Backcountry Based Experiences
• KIN 552 – Adventure Programming: Water Based Experiences
• KIN 798 – Sea Kayaking or Wilderness Navigation

Students are also encouraged to consider dual majoring in Outdoor Education. Please speak with a faculty member if you are interested in dual majoring.