COMMUNITY TESTING SERVICE

"If we could give every individual the right amount of nourishment and exercise, not too little and not too much, we would have found the safest way to health"
- Hippocrates, 460-370 BC

Program
The Exercise Physiology Laboratory offers a fee-for-service assessment of functional capacity, body composition, and general fitness. Tests and fees* are as follows:

A. Anaerobic threshold (lactate threshold) test - $300.00
   (includes VO_{2max})
B. Maximal graded exercise test with gas collection - $250.00
   (Apparently healthy, less than or equal to 40 years of age (male),
   50 yrs (female), Physician approval may be required)
B. Maximal graded exercise test w/12-Lead ECG - $250.00
   (Physician approval may be required)
C. Resting 12-Lead Electrocardiogram - $100.00
D. Body composition analysis - $75.00
   (Underwater weighing and skinfold measurements w/
   interpretation and recommendations)
D. Blood lipid analysis - $50.00
   (Total cholesterol, HDL, LDL, VLDL, Triglycerides,
   TC/HDL, Glucose)
E. Wingate Anaerobic Test - $75.00
F. Cycling Critical Power Test - $75.00
G. Fitness assessment - $45.00
   (Muscular strength, muscular endurance, vertical
   jump, flexibility, etc.)

* Group rates - by negotiation for any test protocol.

By appointment only - Please call (603) 862-1854
BODY COMPOSITION ASSESSMENT

**Body composition analysis** - underwater weighing and skinfold measurements with interpretation and recommendations. $ 75.00

**Special Groups**
- Students - $ 20.00
- Senior Citizens - $ 50.00
- UNH Faculty/Staff - $ 55.00

**Volume Discounts**
- Two Underwater Tests - $100.00
- Three Underwater Tests - $150.00
- Four Underwater Tests - $200.00
- Five Underwater Tests - $250.00
- Six Underwater Tests - $300.00
- Etc., Etc., Etc.,....... - Etc.