The Department of Kinesiology: Sport Studies Option offers a Coaching Minor. The Coaching Minor is an interdisciplinary curriculum designed to provide students interested in coaching at the youth, high school or college levels with basic knowledge and skills necessary for competence in coaching. The minor consists of courses offered by several options within the Department of Kinesiology and Recreation Management and Policy. The proposed coursework lays a theoretical and practical framework for students interested in coaching.

**Description of Curriculum and Requirements of the Minor**

Admission into the minor is based on successful completion of KIN 565 Principles of Coaching (grade of C or better) and a minimum GPA of 2.0.

**Required Courses:**

- KIN 565  
  Principles of Coaching
- KIN 505  
  Prevention and Care of Athletic Injuries
- KIN 521, 522, 523, 525, 528, 529  
  Sport-Specific Coaching Theory Courses (minimum of two) (each course is 2 credits)
- KIN 650D  
  Internship in Coaching (one 4-credit internship or two 2-credit internships)

Select at least one of the following:

- KIN 527  
  Scientific Foundations of Health and Fitness
- KIN 560  
  Sport Psychology
- RMP 560  
  Recreational Sport Management
- KIN 562  
  Sport Media Relations
- KIN 675  
  Motor Development and Learning
- KIN 740  
  Athletic Administration
- KIN 765  
  Advanced Topics in Coaching
- KIN 780  
  Psychological Factors in Sport and Exercise
- RMP 760  
  Community Sport Organizations: Administration and Development

Students will not be permitted to enroll in KIN 650D Internship until they have been accepted into the minor and completed KIN 565 Principles of Coaching, KIN 505 Prevention and Care of Athletic Injuries and at least one Theory of Coaching class.

To graduate with a Coaching Minor, individuals must earn a grade of C- or better in all courses associated with the minor (not including KIN 565 which will require a C or better).

Individuals will not be permitted to count coaching minor classes toward their major regardless of the major/degree program.