

College of Health and Human Services



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Center on Aging and Community Living

September 2014 Age of Champions Event

150 attendees participated in the UNH CACL Age of Champions event on September 25th, 2014. Attendees included community members from surrounding towns, students and vendors. The event consisted of a viewing of the *Age of Champions* documentary followed by a health fair. The fair included booths, some staffed by students and others by local agencies in the health care field. Participants visited booths to learn or gain new skills about being healthy and active as they age.

In addition to CACL, the event was sponsored in part by the College of Health and Human Services, AARP, and Healthy UNH. Departments across the University also participated. These departments include psychology, social work, recreation management and policy, nutrition, nursing, kinesiology, and North East Passage. Community vendors included Exeter Rehab, AARP, the Active Retirement Foundation, the Arthritis Foundation, Lamprey Health and the ServiceLink Resource Center.

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Knowledge for Healthy Living

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