

Alternative & Innovative Interventions for
**Autism, ADHD
& Anxiety**

Unique Classroom and Therapy Strategies

Presented by Dr. Andy Kahn, a licensed child psychologist specializing in serving high-risk children. Dr. Kahn provides assessment, therapeutic and community-based intervention services to clients diagnosed with developmental & learning disorders including Autism, Disruptive Behavior Disorders, and Sensory Processing Disorder.

BENEFITS TO ATTENDING

- **Evidence-based interventions** for Autism, ADHD, & Anxiety
- An in-depth **examination of pharmacological, dietary, and alternative interventions**
- **Discipline and the unique classroom strategies**
- Interventions as part of the **IEP or Section 504 plans in school**
- **Minimizing explosions, melt-downs, and other outbursts** common in children with behavioral/emotional challenges
- Review of **DSM-V modifications that will impact treatment, reimbursement, and educational involvement**

LIVE WORKSHOP DATES

Manchester, NH

February 18, 2013

Portland, ME

February 19, 2013

"Andy is extremely knowledgeable and one of the best instructors I've seen."

- Jennifer, OT
Little Rock, AR

WHO SHOULD ATTEND

- | | | |
|--|--|---|
| <input checked="" type="checkbox"/> OTs & OTAs | <input checked="" type="checkbox"/> Early Intervention Specialists | <input checked="" type="checkbox"/> Early Childhood Educators |
| <input checked="" type="checkbox"/> SLPs & SLPAs | <input checked="" type="checkbox"/> Psychologists | <input checked="" type="checkbox"/> All K-5 Teachers |
| <input checked="" type="checkbox"/> Special Ed. Teachers | <input checked="" type="checkbox"/> School Counselors | <input checked="" type="checkbox"/> Social Workers |
| <input checked="" type="checkbox"/> PTs & PTAs | <input checked="" type="checkbox"/> Paraprofessionals | <input checked="" type="checkbox"/> Parents and Caregivers |





Occupational Therapists - Summit Professional Education is an AOTA Approved Provider of continuing education - provider #5873. This course is offered for 0.6 AOTA CEUs. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



Physical Therapists - ME: This seminar meets accepted standards for continuing education for the relicensing process and/or your employer, 6.0 hours. **NH:** This seminar meets accepted standards for continuing education for the relicensing process and/or your employer, 6.0 hours.



Social Workers - Summit Professional Education, provider # 1201, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Summit Professional Education maintains responsibility for the program. Social workers participating in this course will receive 6.0 clinical continuing education clock hours.

Psychologists - Summit Professional Education is approved by the American Psychological Association to sponsor continuing education for psychologists, provider #1940. Summit Professional Education maintains responsibility for this program and its content, 6.0 hours.



APPROVED PROVIDER
Summit Professional Education is approved by the Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Offered for 0.6 CEUs (Intermediate level, Professional Area).

Professional Counselors - Summit Professional Education is an NBCC-approved Continuing Education Provider (ACEP) #6357 and may offer NBCC-approved clock hours for programs that meet NBCC requirements. Summit Professional Education is solely responsible for all aspects of the program, 6.0 hours.

Educators - ME: This course has been submitted to Conference Services - University of Maine an approved continuing education processor for 6.0 continuing education units approval. **MA:** Summit Professional Education has applied to the Massachusetts Department of Elementary and Secondary Education to become an approved provider of professional development points. **NH:** An educator employed by a NH School District needs to have this professional development activity approved prior to attendance - a non-employee should simply keep the certificate of completion on file.

Childhood Development, Early Intervention Specialists and Other Professionals - This seminar qualifies for 6.0 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

SATISFACTORY COMPLETION

Participants must pay tuition fee, sign in, attend the entire seminar, complete an evaluation and sign out in order to receive a certificate of completion. Participants not fulfilling these requirements will not receive a certificate. Failure to sign in or out will result in forfeiture of credit for the entire course. No exceptions will be made. Partial credit is not available.

WORKSHOP HANDBOOK

Included with your registration you will receive a comprehensive manual compiled by the instructor.

Disclosures: Guidelines exist whereby all speakers must disclose any relationships which may cause a conflict of interest. No relevant financial or non-financial relationships exist for Andy Kahn and therefore none have been disclosed.

This event contains intermediate level content.

Have continuing education credit questions? Please email our CE Department at ceinfo@summit-education.com for the latest approval status.

COURSE DESCRIPTION

Autism Spectrum Disorders (ASD), Attention Deficit Hyperactivity Disorder (ADHD), and Anxiety represent the overwhelming majority of behavioral/emotional concerns impacting children and adolescents in our communities. The ability of parents, educators, and clinicians to manage the myriad issues presented by these children has been challenged and is an approximate cause of extensive stress and high cost impact to our schools and families. The use of complementary and research supported treatments at home, school, and in the community are crucial in order to maximize the future independence and success of our children with these conditions.

This acclaimed workshop was designed to help therapists, educators and administrators develop a therapeutic approach that elicits client trust and establish well-formulated and realistic treatment goals with clients diagnosed with Asperger's, ADHD, and Anxiety. Through years of clinical experience as well as teaching thousands of clinicians across the country, Dr. Kahn has developed a practical, immediately useful array of information and interventions for the attendees. Using contemporary, creative intervention strategies and evidence-based techniques specifically designed for today's pediatric professionals, parents, and educators, who will leave with an array of new information and interventions to be used the very next day. Dr. Kahn uses real life case studies to show successful application of strategies relevant to your profession as well as useful materials and tools to design individual treatment plans.

ABOUT YOUR PROGRAM INSTRUCTOR

Andy Kahn, Psy.D., is a licensed psychologist who specializes in serving pediatric clients, including high-risk children, and their families. Dr. Kahn has provided consultative, evaluative, therapeutic, and school/community-based intervention services to clients diagnosed with ADD, Anxiety Disorders, Disruptive Behavior Disorders, and Autism Spectrum Disorders. As a Clinical Director he assisted in development of agency wide programming with particular focus upon improved provision of mental health services to clients in rural settings emphasizing complex ethical concerns within those communities. Dr. Kahn has co-developed an array of school-based programs for students with ASD and he provides regular consultation and training for staff in these settings. He has devised and provided a wide array of presentations for clinicians, therapists, educators, multi-disciplinary teams, and families impacted by Asperger's Syndrome and other emotional challenges. He also serves on the Autism Task Force for the Southern Penobscot Regional Program for Children with Exceptionalities. Dr. Kahn has served as part-time instructor at the University of Maine with particular focus upon Abnormal Psychology. He earned his Psy.D. and M.S. from Nova Southeastern University and his B.S. from Syracuse University. Dr. Kahn is a member of the National Association of School Psychologists.

LEARNING OBJECTIVES

The Participant will be able to:

1. Identify traditional therapeutic, pharmacological, and alternative therapies for identified childhood disorders.
2. Differentiate when specific interventions are appropriate for each population based upon their styles of thinking, problem solving, and specific challenges in behavior.
3. Develop strategies to improve/manage Executive Functioning and academic behaviors that impact daily functioning.
4. Create a behavior plan based upon the child/adolescent's presenting symptoms and core diagnostic concerns.
5. Contribute to the creation of an effective IEP or Section 504 plan for their child/adolescent/client.
6. Identify the similarities and differences in functioning of children/adolescents with ADHD, Asperger's, and Anxiety.

COURSE OUTLINE

- I. AUTISM & ASPERGER'S DISORDER**
 - Understanding the diagnostic components of ASD
 - DSM-V Changes and Impact
 - Theory of Mind/Central Coherence/Aspy Thinking
 - Black and White Thinking and Fantasies of Retribution
 - Perseveration and the impact of "getting stuck."
 - Present Psychopharmacological Interventions and Trends
 - Primary Behavioral Intervention Techniques
 - Alternative Interventions
- II. ADHD**
 - The diagnostic components of ADHD
 - Psychopharmacology and recent research findings
 - Beyond the inattention: Secondary Factors
 - Sensory functioning, salience, and learning
 - Organization and Executive Functioning concerns
 - Interventions, Behavioral Plans, and Self-monitoring strategies
- III. ANXIETY DISORDERS**
 - Anxiety 101: The major Anxiety conditions impacting children
 - Pharmacological methods and pitfalls in treatment of Anxiety
 - Interventions for anxiety and daily stressors
 - Alternative interventions and techniques
 - Maximizing performance in social and academic endeavors
- IV. CO-MORBIDITY & THE IMPACT ON INTELLECT, SOCIAL PERFORMANCE & LEARNING**
 - Why can't I remember what I just learned?
 - Falling in the same hole daily, why new learning does not apply
 - Slowing the speed of the carousel: Learning to control variables and physical responses to stress
- V. BUILDING A SUPPORT PLAN VIA IEP'S, SECTION 504 PLANS, AND COLLEGIATE SUPPORT PLANS**
 - Creating attainable goals for academic performance
 - Organizing the support of educators and defining the parameters by which they can assist
 - Predicting problems before they occur and creating effective methods for managing daily stressors
- VI. ACCESSING RESOURCES FOR PROFESSIONALS & PARENTS**
 - Where to find helpful literature
 - Accessing reputable websites
 - Selecting appropriate clinicians and getting information to aid in decision making
 - Educating family and friends to reduce long term loss of support
 - Accessing or creating support groups

THE SUMMIT PROFESSIONAL EDUCATION GUARANTEE

Summit Professional Education is a national leader in high-quality educational products and services for today's professional. Our seminars and training programs are designed to help professionals achieve improved performance and results in all areas. Our faculty is the "best of the best" in their fields of expertise and provide programs that can really make a difference to participants. If for any reason you are not satisfied with the program, simply notify the registrar of your intent to withdraw from the program prior to the first morning break, turn in your course materials and receive a 100% refund or credit on a future program.

Important Registration Information

Registration, Confirmation & Certificates

Confirmations of registration will be sent via email. A copy of your registration confirmation will serve as your receipt for fees paid at the time of registration. Walk-ins are welcome but must register onsite. Please notify us at least fourteen (14) days in advance if you have special needs or require assistance. Certificates are mailed to the seminar location 5 business days in advance. If your certificate is not available the day of the seminar, please complete a certificate request onsite and a copy will be sent to you. Hotel locations must occasionally be adjusted. Please provide an email address and phone number to receive any important updates.

Substitution & Cancellation Policy

Substitutions may be made at any time. Requests for cancellation must be received in writing by fax or mail ten (10) days prior to the seminar in order to receive a refund less a \$20.00 administrative charge per canceled attendee. If the cancellation is made within ten days or less, refunds will not be granted for any reason. A credit voucher will be issued that may be used toward a future seminar. Credit vouchers are transferable and do not expire. In cases of inclement weather where the seminar is conducted as scheduled, you may request a credit voucher toward a future seminar. If we must cancel or change the seminar for any reason, our liability is limited to the cost of tuition. If you register and do not attend, you are still responsible for payment.

W-9: To download a copy, logon to www.summit-education.com/w-9

FEID Number: 20-2064736

LIVE WORKSHOP DATES & LOCATIONS

Manchester, NH
February 18, 2013
Courtyard Manchester
700 Huse Rd
Manchester, NH 03103
(603) 641-4900

Portland, ME
February 19, 2013
Clarion Hotel Airport
1230 Congress Street
Portland, ME 04102
(207) 775-6536

SCHEDULE

7:30AM - Registration & Breakfast
8:00AM - Course Begins
11:30AM - 12:30PM - Lunch On Your Own
3:30PM - Course Adjourns

Your instructor will break for 15 minutes in the morning and afternoon at appropriate times.

FACULTY

SHARE YOUR KNOWLEDGE

Summit Professional Education is currently seeking qualified professionals to develop and teach seminars nationally. Visit www.summit-education.com/instructor