REGISTRATION

Preferred method of registration and payment is ONLINE

https://chhs.unh.edu/sw/continuing-education-program-0

If paying by check, please mail form along with registration fee to:

UNH Department of Social Work
Attn: Emilie Cilley
55 College Rd
Durham, NH 03824

Name: ..................................................
Address: .............................................. ............................................................
Phone: .................................................
Email: ..................................................

COST

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<tr>
<td>Individuals</td>
<td>$110</td>
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<tr>
<td>UNH Supervisor/SW Alum</td>
<td>$99*</td>
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<tr>
<td>Current SW Students</td>
<td>$45</td>
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- Net Proceeds from this workshop go to the Norman Goroff memorial scholarship fund
- *For Current UNH Dept of SW Field Supervisors or UNH Social Work Alumni

* Registration Fees include morning break, lunch, and all handouts
* Refunds: NO refunds 10 days or less before event. Substitutions are encouraged.
* For special needs, contact Emilie Cilley at 603-862-0215

Interpersonal Psychotherapy for Depression:
An Overview of Theory, Research, and Practice

Presenter
Mary Acri, PhD, LCSW

UNH School of Law
Concord NH
The purpose of this workshop is to present Interpersonal Psychotherapy (IPT) as a treatment for depression. This workshop will provide a historical and theoretical overview of IPT, and review the evidence about the effectiveness of this approach for treating depression. The workshop will also provide knowledge about how to deliver IPT, including the core components of depression from the IPT perspective, the four problem areas, the therapeutic stance of the IPT therapist, and the three phases of treatment. Finally, participants will learn clinical skills used in IPT and how to identify and address barriers to treatment effectiveness.

OBJECTIVES

- Participants will learn what Interpersonal Psychotherapy is and aims to do as a treatment for depression.
- Participants will learn about the theoretical underpinnings of Interpersonal Psychotherapy.
- Participants will learn how to delivery IPT for depression, which includes the following components:
  a. The core components of depression from the IPT perspective.
  b. The four problem areas
  c. The therapeutic stance for providing IPT
  d. The three phases of treatment
  e. To identify and address barriers to treatment effectiveness.