

MFT Mission Statement

The mission of the Marriage and Family Therapy Program at the University of New Hampshire is to educate and train qualified students to become competent marriage and family therapists who are knowledgeable about the principles of marriage and family therapy and understand the relationship between theory and practice within a systemic multicultural sensitive and research informed context.

MFT Program Goals and Student Learning Outcomes

Goals

1. Marriage and Family Therapy Theoretical Foundation: The program will ensure that students demonstrate a knowledge of the major models of marriage and family therapy and other systems related theories that support the MFT field
2. Clinical Competence: The program will ensure that students will obtain the clinical skills to assess and treat a wide range of problems from a systems paradigm
3. Multicultural, Contextual and Developmental Perspectives: The program will ensure that students will demonstrate an understanding of multicultural diversity, larger systems and family/individual development across the lifespan
4. Professional Ethical Behavior: The program will prepare students to develop ethical principles and practices in the field of marriage and family therapy
5. Integrated Theory, Practice and Research: The program will ensure students develop systemic knowledge of marriage and family therapy research, striving toward a theoretically driven and research informed clinical practice.

Outcomes

1. Students and graduates will demonstrate knowledge of major marriage and family therapy models and other systems related theories.
2. Students and graduates will demonstrate competencies in assessing and treating varied populations and problems through a systemic lens.
3. Students and graduates will demonstrate an understanding, sensitivity and respect for multicultural populations.
4. Students and graduates will develop an awareness for a larger systems and family/individual developmental perspective.
5. Students and graduates will demonstrate competency in understanding and practicing the ethical principles of the AAMFT / Code of Ethics and ethical decision making.
6. Students and graduates will demonstrate knowledge of MFT Research.
7. Students and Graduates will demonstrate understanding of the relationship between theory, research and practice.