

# Assisted Autonomy

## A Conceptual Service Delivery Framework



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University of New Hampshire

**Presented by:** Allison Wilder, PhD, CTRS/L

University of New Hampshire



# The Purpose

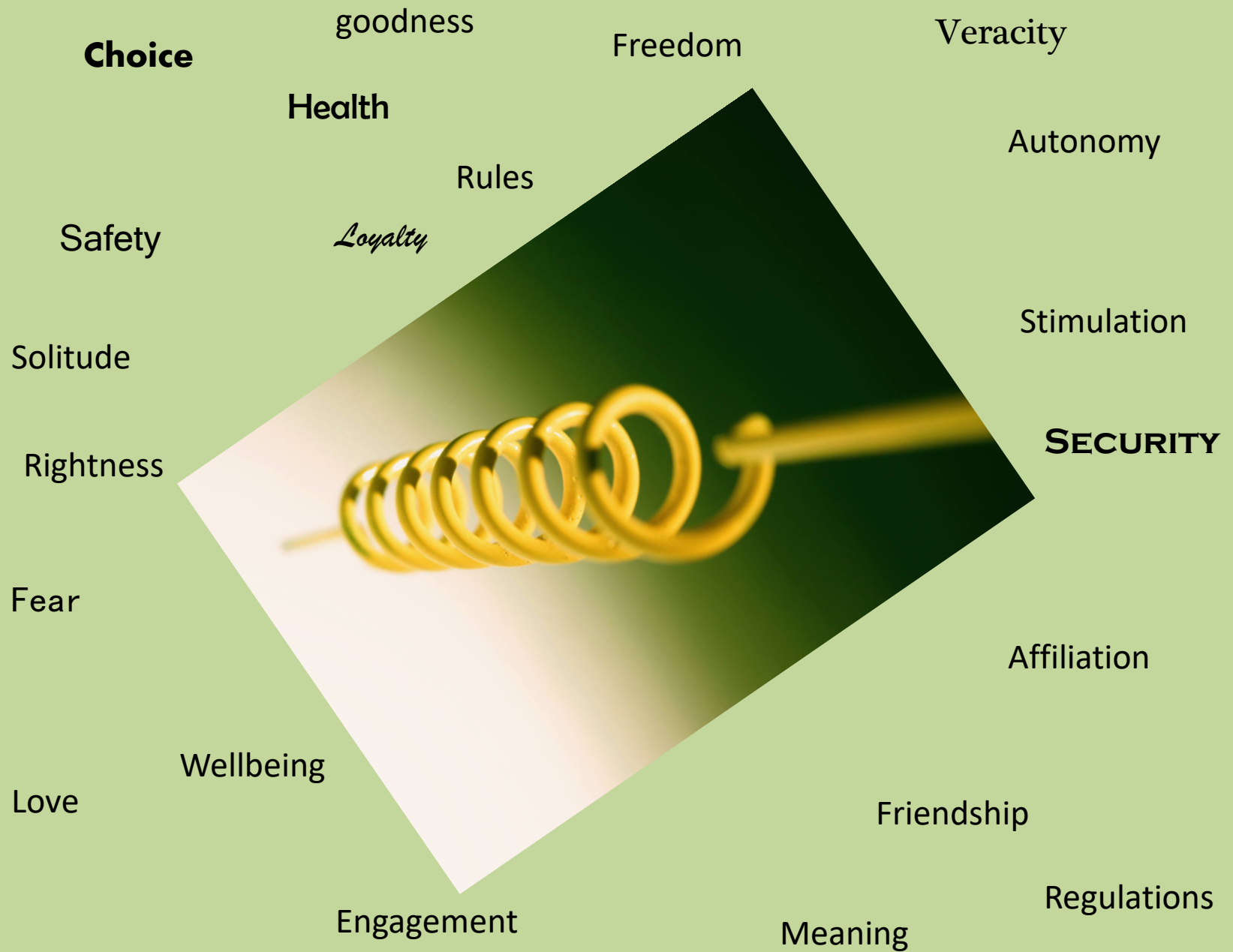
- Examining the idea of Assisted Autonomy as a conceptual framework for service delivery in LTC
- Embracing the state of Interdependence



# Please take a moment to reflect...

- If you could be anywhere doing anything right now, what would you be doing?
- When you are “in the zone” what are you doing?
- What are the barriers that hinder you from doing 1 and 2?

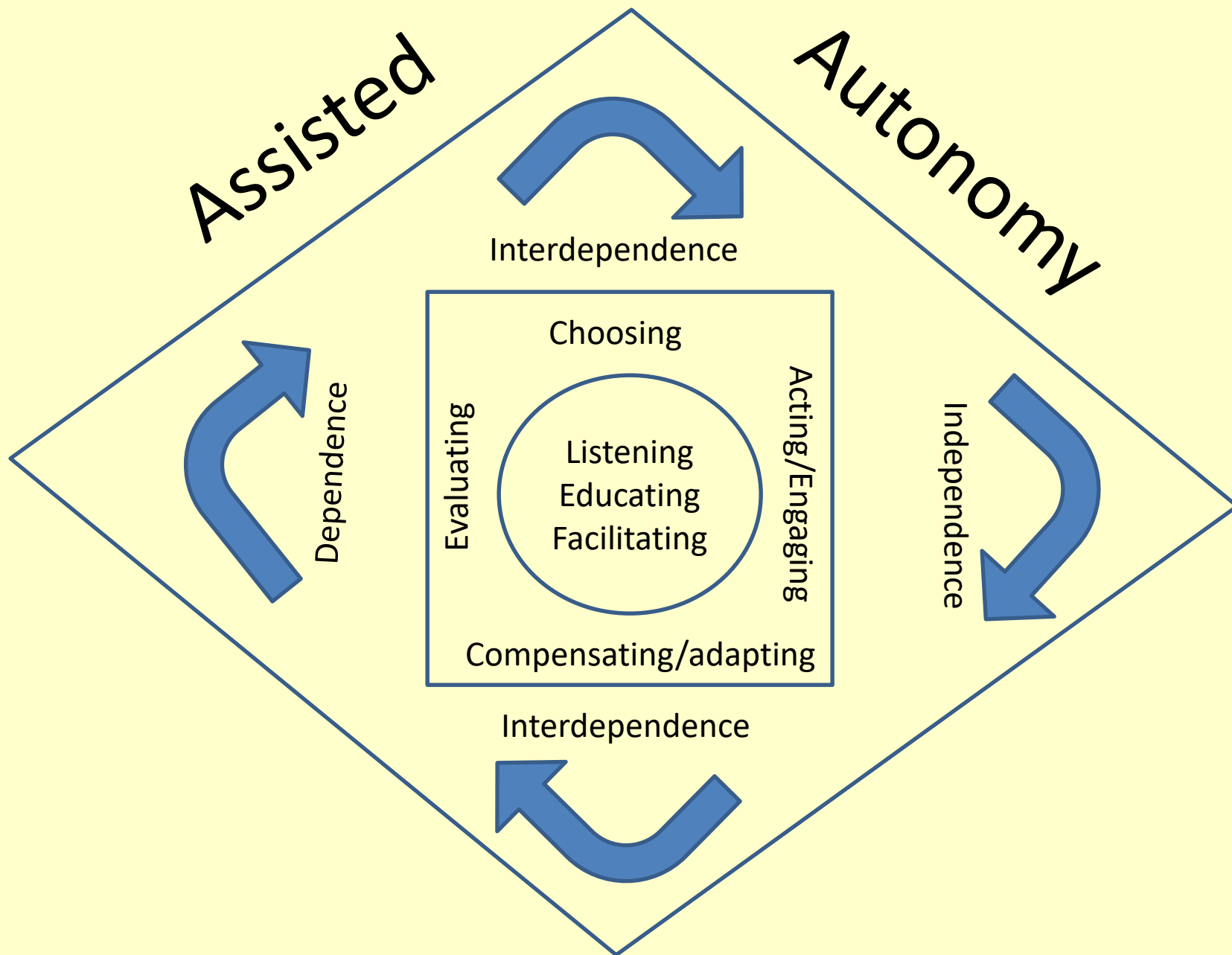






# Assisted Autonomy





# Autonomy =



**Choice-** being  
able to select  
options



**Resolution-**  
being able to  
carry out  
those options



# Elements of Assisted Autonomy

- Choice & Resolution
- Informed Decision Making
- Negotiation & Respect
- Assistance from Others/Interdependence
- Range of Supports



# One Size Does not Fit All





