We Rise by Lifting Others
Our story started fifty years ago when the School of Health Studies was created with three departments: nursing, occupational therapy and physical education. Over the decades we have cemented our leadership role, influencing all sectors in health and human services.

Now, as the College of Health and Human Services, our eight departments, two institutes and nine centers prepare students to be part of a competent and compassionate workforce and to provide, through research, solutions that improve people’s lives and provide access to services in New Hampshire and beyond. We are celebrating this gold anniversary with the tagline “We Rise by Lifting Others.”

The college provides an exceptional student experience, but it’s bigger than robust curricula and internship opportunities. It’s about our people—our faculty and every staff member who supports the success of our students.

In partnership with private, public, state and federal entities throughout the United States, we champion research that drives public policy and improves systems for families. We provide expertise in child welfare and early childhood education, develop pioneering treatments and approaches for post-stroke care, and implement training in substance use disorder treatment to address the opioid crisis in the state.

You are a part of our story. The college has, in some way, lifted you. You may have hired our graduates in one of our fields of excellence. You may be an alumna or alumnus whose success in a career can be attributed to your experience at UNH. You or a loved one may have experienced new freedoms in adaptive sports and recreation.

So much has changed in 50 years, and we are proud that the College of Health and Human Services has not only kept pace with advances in these fields, but often is a step ahead of industry standards. The recognition of the college as a leader in preparing a strong workforce for New Hampshire has poised us for tremendous growth and we thank you—our students, alumni, faculty, staff and partners—for your chapter in our story.

Michael S. Ferrara, Ph.D., ATC
Dean and Kent P. Falb Professor of Kinesiology

22% freshman enrollment increase in 2019
30% increase in graduate enrollment since 2014
96% placement rate
13 undergraduate programs
17 graduate programs
9 certificate programs
300,000 hours of service our students provide to community agencies each year
Supporting two complementary sides to human dignity: independence and belonging

75 Years Young
2020 marks the 75th birthday for UNH occupational therapy, and much has changed since 1945, when students developed their skills using wood and leather crafts to help soldiers returning from World War II regain skills for potential jobs. During the 1960s, clinical and medical rigor took precedence over “practical” skills. More recently, practice has shifted back to the profession’s roots to embrace activities that people do every day.

Students taking part in assistive technology courses help community members with disabilities participate in their chosen occupations while applying their knowledge and skill to solve real problems.

Each week, as part of Professor John Wilcox’s class, “Enabling Participation in Community Groups,” students fan out into the community to design and lead a variety of activities to improve quality of life for citizens aged five to 100.

Occupational therapy students regularly join students from the departments of recreation management and policy and communication sciences and disorders as interns at the Krempels Center, helping people living with brain injury find a community of caring and support.
Our nursing grads employ skilled leadership and evidence-based practice to improve lives in their communities.

Career Changers
The direct entry master’s in nursing program provides yet another means of meeting the need for high-quality, direct care clinicians: this time, career changers.

1965
UNH offered the first baccalaureate nursing program in the state.

1992
UNH created the first state-supported family nurse practitioner graduate program in New Hampshire. More than 70% of nurse practitioner graduates stay in the Granite State.

“At a time when New Hampshire’s primary care shortage leaves dozens of openings unfilled each year, nurses step up and assume greater leadership roles in healthcare. Fortunately, the nursing program makes this easier by educating generations of students in the evidence-based practice and independent thinking for which UNH is recognized nationally and globally.”

—CHRISTINA FERRERI ’02G, PRESIDENT, NEW HAMPSHIRE NURSE PRACTITIONER ASSOCIATION; PCP, PEDIATRIC HEALTH ASSOCIATES, MANCHESTER
Through its five diverse majors, kinesiology dedicates itself to the study of human movement.

- **In the 2018-19 school year**, health and physical education faculty worked with educators representing more than 25 school districts in New Hampshire.

- **First of its kind in New Hampshire**: Since 1978, the UNH cardiac rehabilitation program has provided an essential community benefit as well as a service-learning environment where exercise science students hone their skills and gain experience working with at-risk clientele.

- **Athletic training** students have the opportunity to study at the Institute of Technology at Carlow, Republic of Ireland, an immersive experience rarely offered at other institutions.

- **Outdoor education and leadership** at UNH is the oldest in the country and continues to lead the field through programs that infuse experiential learning and applied research.

- Students in sport studies intern at the Red Sox, Celtics, NH Fisher Cats, Portland Sea Dogs, Dover High School, Kennett High School and other places.
Since 1970, educating future professionals entrusted to promote health, quality of life and sustainable environments for generations to come

- Developed the **Statewide Comprehensive Outdoor Recreation Plan** to support an active outdoor recreation economy that generates **$528 million** in annual state tax revenue and nearly **$8.7 billion** in consumer spending.

- Funded by the U.S. State Department, RMP leads a collegewide effort to help the country of Malawi, Africa, expand its capacity for adaptive sports and recreation.

1,588,111 Acres of National Forest entrusted by the USDA Forest Service to UNH faculty and student researchers’ analysis regarding overall visitor use, activity and economic impact.

One of only seven therapeutic recreation programs in the country to earn “CARTE” accreditation.
Our students, graduates and faculty touch nearly every public school, clinic and hospital in the state.

A Center of Excellence
The Speech-Language-Hearing Center serves clients throughout the state, while providing a training ground for future professionals.

Global Perspectives Benefit Students
Our international network of scholars from Sydney, London, Oxford, Dusseldorf and elsewhere serve on committees for UNH undergraduate and graduate student theses.

Close-Knit Laboratories
Students and the community alike benefit from the collaborative spirit of our clinical and academic faculty.

Transitioning Veterans into the Community
“My classes and the 400 clinical hours required by the graduate program provide me with the knowledge and confidence that I will reach my goal of assisting veterans whose communication abilities were compromised in the course of active service.”

—KYLE REED ’19, ’21G, VETERAN OF U.S. ARMY 160TH SPECIAL OPERATIONS AVIATION REGIMENT
Standing up for others

1974
one of the first accredited bachelor’s degrees in social work in the country.

1998
master’s degree in social work earns full accreditation.

Better Connected Healthcare
Along with occupational therapy, the Institute on Disability and Institute for Health Policy and Practice, implemented a Health Resources and Services Administration grant to better integrate primary care and behavioral health in New Hampshire.

Helping Social Workers Help Kids
The Center for Professional Excellence (2009) and University Partnerships (2014) improve professional practice with special training opportunities for child welfare and juvenile justice workers.

“Participating in the primary care behavioral health program has given me firsthand experience seeing the positive outcomes our clients enjoy when providers are willing to step away from ‘traditional’ healthcare practices and move towards integration and holistic healthcare.”
—JESSIE FELBER ’17, ’20G

Adventures Therapy...How Cool is That?
UNH offers the only dual master’s degree in social work and outdoor education in the country, preparing students for careers in adventure therapy.
“UNH introduced me to long-term care and inspired me to take an incredible and rewarding journey. Given all the opportunities I found through health management and policy, I had a desire to give back by providing quality summer internships to HMP majors. It’s a strong partnership of which I’m very proud.”

—SEAN STEVENSON ’95, SVP OF OPERATIONS, GENESIS HEALTHCARE

“Interviewing with Sean Stevenson for my summer internship got me hooked on long-term care. A mere inking of interest in nursing home administration turned into a passion I’ve loved every minute of during the two years I’ve been with the company. I owe so much of my success to the HMP department and my professors — with whom, I’m happy to say, I’m still very much in touch.”

—MEGHAN LINEHAN ’18, ADMINISTRATOR IN TRAINING, GENESIS HEALTHCARE

From Nashua to the North Country, our graduates are working to make our state the healthiest in the nation by managing health systems, keeping a vigilant eye on environmental health and driving public policies that improve the health of New Hampshire citizens.

85% of our master of public health (MPH) graduates provide health policy and managerial leadership in New Hampshire’s hospitals, clinics, agencies and government settings.
4,400 youth participant days in our programs designed to promote learning and personal growth for elementary-, middle-, high school- and college-aged students.

360+ educator workshop/teacher training days offering professional development for school staff and educators in social emotional learning, experiential education, diversity and inclusion, empathy and school climate.

Created in 1993 as a center to train next-generation sustainability champions, the Browne Center today offers interpersonal skill development to help diverse individuals and organizations be more successful.

MVP = “Most Valued Partner”
In 2019, BAE Systems awarded its coveted “Twenty-Year Partnership Award” to the Browne Center, which has offered its leadership development conference to 1,500 of the defense contractor’s high-potential employees.

Three Pillars of Inclusiveness:
We pride ourselves on
- creating learning experiences for people of all abilities
- operating with a minimum impact on the landscape
- reducing the financial barrier for participation

At UNH, Evelyn Browne taught others the value of living in balance with nature. The Browne Center was named in her honor.
Promoting the health and well-being of children, adults and families through research, teaching and service

- **Supporting Families**
  More than 6,000 families, couples and individuals have benefitted from the Marriage and Family Therapy Center.

- **A Plan for Preschoolers**
  Through a $3.8 million grant from the U.S. Department of Health and Human Services, faculty member Kimberly Nesbitt is leading a statewide project to improve the state’s early childhood system for children, families, schools and communities.

- **Touching a National Nerve**
  In 2013, Associate Professor Corinna Jenkins Tucker grabbed headlines with her study linking sibling aggression and mental health distress.

- **Engaging Youth**
  Erin Sharp and Jayson Seaman (kinesiology) developed the Outdoor Pathways Project to engage youth in the North Country in outdoor activities.
Since 1987, the Institute on Disability has earned more than $150 million in funding for UNH programs that support full access, equal opportunities and participation for individuals with disabilities in New Hampshire and across the nation.

- The NH Leadership Series has trained more than 1,000 family members and individuals with disabilities on strategies to change policy and practice.
- Programs based on the START model have been implemented in 15 states across the U.S., improving the lives of individuals with disability and behavioral health needs.
- The NH-ME LEND program has trained more than 400 professionals and family members in the field of maternal and child health to support children with neurodevelopmental disabilities.
- IOD filmmaker Dan Habib has earned national and international acclaim for his award-winning documentaries challenging stigma and segregation.
- The RENEW model of strengths-based supports has been provided to more than 1,000 youth and young adults who have serious behavioral health challenges and have experienced trauma.
90 years of modeling excellence in early childhood development

Prepared Future Professionals
In addition to preparing future teachers, the CSDC also prepares professionals from human development and family studies, occupational therapy, nursing, communication sciences and disorders, nutrition and other disciplines that work with children and families.

The Garden Project (2000 – 2005) used a flower and vegetable garden as a site for play and investigation for a millennial generation that would grow up green. This initiative continues today as children engage in seed-to-table learning.

Valuing Diversity
In 2008, local artist Richard Haynes created “Looking In, Looking Out” in collaboration with preschoolers, celebrating a longstanding core value of the center.
Since 2001, the Institute for Health Policy and Practice has been shaping health policy in New Hampshire and beyond.

- We work at the state and local levels to improve healthcare practices that create better experiences for patients and providers. More than 1,900 providers who deliver care to 50% of New Hampshire residents have partnered with us on these efforts.

- Our data system development and analytics support shared learning and improved decision-making. We have worked with more than 25 states in the development of all-payer claims databases.

- Through partnership with the Franklin Pierce School of Law at UNH, we conduct evidence-based research that re-shapes health policy in the state and beyond. Our reports, conferences and symposia inform hundreds of healthcare leaders, legislators, administrators and other stakeholders each year.

- We guided UNH through the Healthier Campus Initiative from the Partnership for a Healthier America, meeting 23 guidelines to show a commitment to wellness.

- We’re improving access to supports and services for older adults throughout New Hampshire. We assisted the Department of Health and Human Services in developing the first statewide certification for person-centered options counseling.

Over the past 18 years, we have grown from a $91,000 to a $3.4 million grant-funded organization.
The Center on Aging and Community Living integrates applied research, evaluation and training to support community living among New Hampshire's aging population.

Age of Champions
For seven years and counting, this interactive, intergenerational health fair provides resources, education and connections for all generations of New Hampshire citizens.

Alliance for Healthy Aging
We provide comprehensive expertise to this statewide coalition of more than 190 organizations across the state that are working to improve the health and well-being of older adults.

No Wrong Door for Long-Term Services and Supports
Working closely with the N.H. Department of Health and Human Services and the ServiceLink Network, we have trained more than 200 professionals from across New Hampshire in person-centered approaches to care.

The Telehealth Practice Center brings cutting edge healthcare technologies to UNH to ensure that our students, and New Hampshire's healthcare providers, are fully prepared to provide innovative care.

Infusing telehealth into the UNH curriculum: Our students graduate with the skills to take telehealth technology into their practice. In the past year alone, student enrollment in telehealth courses has tripled.

Project ECHO brings clinical knowledge and expertise directly to providers and practices in all areas of New Hampshire. The UNH Project ECHO Hub is the first in the nation to incorporate nurse practitioner students who are participating in substance use disorder treatment telehealth training.
Northeast Passage was founded in 1990 to empower people living with disabilities to enjoy the physical, emotional and social benefits of sport and recreation.

- In 2019 more than 9,000 people were served, including:
  > Veterans of the wars in Iraq and Afghanistan
  > Children with disabilities from 22 schools ranging from pre-school to post-graduate
  > 5,000 local students who took part in our similarity awareness program
- Adaptive sports programs offer opportunities to people of all ages and abilities, whether they’re trying to get back on a bike after an accident or to reach Paralympic gold.
- Northeast Passage trains two sled hockey players on the U.S. National Team and four players on the U.S. Development Team through USA Hockey and U.S. Paralympics.
In the 2018-2019 school year, $3.5 million was generously donated to the College of Health and Human Services for scholarship, research, experiential learning and community programs.

Our high-impact funds include:

- Steelman Public Service Fellows Program Fund
- Ned Helms Scholarship Fund
- Robert Aurilio Scholarship Fund
- Neil B. Vroman Student Engagement Award
- Brooks-Lord Nursing Scholarship Fund
- Robert J. and Mary E. Mitchell Scholarship
- Grimes Family Fund
- Alice Freeman Reed Scholarship Fund
- Sharyn Zunz Scholarship Fund
- Dinesh S. Thakur Scholarship Fund
- Taylor Bent Chace ’11 Fund for Athletic Development
- Annie Forts Up Syndrome Leadership Training Fund