


We Rise by Lifting Others



University of New Hampshire
College of Health and Human Services

A man with a mustache, wearing a dark suit, white shirt, and a red patterned tie, stands with his hands in his pockets in front of a brick building with arched windows. The building has "HEWITT HALL" inscribed above one of the arches.

Our story started more than 50 years ago when the School of Health Studies was created with three departments: nursing, occupational therapy and physical education. Over the decades, we have cemented our leadership role, influencing all sectors in health and human services.

Now, as the College of Health and Human Services, our eight departments, three institutes and nine centers prepare students to become part of a competent and compassionate workforce and to provide, through research, solutions that improve people’s lives and provide access to services in New Hampshire and beyond. Our motto is “We Rise by Lifting Others.”

The college provides an exceptional student experience, but it’s bigger than robust curricula and internship opportunities. It’s about our people — our faculty and every staff member who supports the success of our students.

In partnership with private, public, state and federal entities throughout the United States, we champion research that drives public policy and improves systems for families. We provide expertise in child welfare and early childhood education, develop pioneering treatments and approaches for post-stroke care, and implement training in substance use disorder treatment to address the opioid crisis in the state.

You are a part of our story. The college has, in some way, *lifted* you. You may have hired our graduates in one of our fields of excellence. You may be an alumna or alumnus whose success in a career can be attributed to your experience at UNH. You or a loved one may have experienced new freedoms in adaptive sports and recreation.

So much has changed over the years, and we are proud that the College of Health and Human Services has not only kept pace with advances in these fields, but often is a step ahead of industry standards. The recognition of the college as a leader in preparing a strong workforce for New Hampshire has poised us for tremendous growth and we thank you— our students, alumni, faculty, staff and partners—for your chapter in our story.

Mike Ferrara

Michael S. Ferrara, Ph.D., ATC
Dean and Kent P. Falb Professor of Kinesiology

9%

**freshman enrollment increase
in the last 5 years**

30%

**increase in graduate enrollment in
the last 5 years**

93%

student success rate

91%

**undergraduate students
who participate in at least
one internship**

13

undergraduate programs

17

graduate programs

11

certificate programs

500,000

**hours of service our students provide
to community agencies each year**

Research that people from all walks of life can count on, in the towns and cities in New Hampshire and beyond.

2018

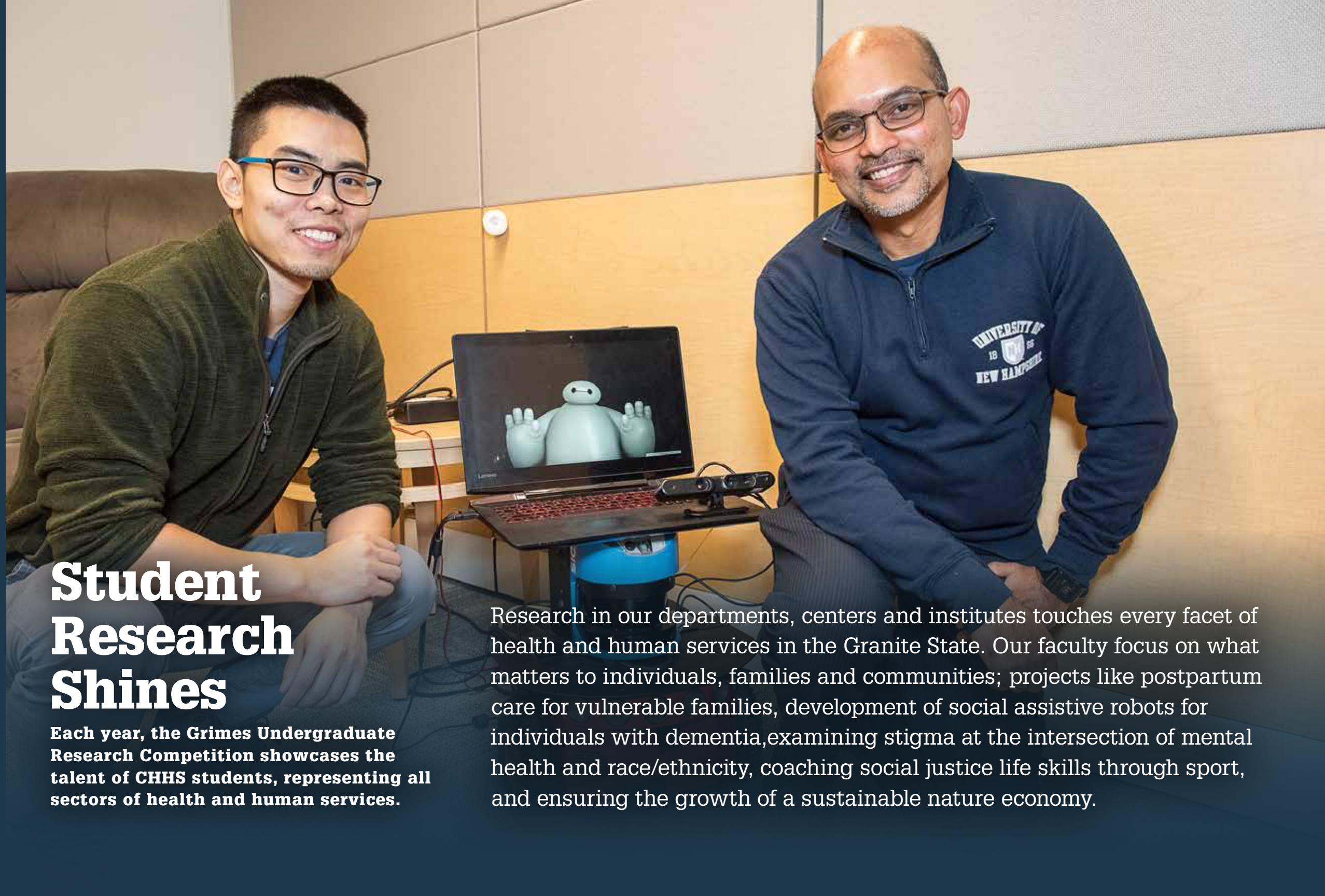
The inaugural CHHS Research Council was formed to support faculty scholarship, host research conferences, bolster research funding and foster interdisciplinary research across departments and institutes.

\$80 Million

Research funding awarded to CHHS in the last five years

Student Research Shines

Each year, the Grimes Undergraduate Research Competition showcases the talent of CHHS students, representing all sectors of health and human services.



Research in our departments, centers and institutes touches every facet of health and human services in the Granite State. Our faculty focus on what matters to individuals, families and communities; projects like postpartum care for vulnerable families, development of social assistive robots for individuals with dementia, examining stigma at the intersection of mental health and race/ethnicity, coaching social justice life skills through sport, and ensuring the growth of a sustainable nature economy.



Supporting two complementary sides to human dignity: independence and belonging

More Than 75 Years Young

The UNH occupational therapy program began in 1945, and much has changed since that time, when students developed their skills using wood and leather crafts to help soldiers returning from World War II regain skills for potential jobs. During the mid-to-late 1960s, clinical and medical rigor took precedence over “practical” skills. More recently, practice has shifted back to the profession’s roots to embrace the utilization needed and desired occupations—activities that people do everyday.

A Win-Win for Everyone

Assistive Technology courses help community members with disabilities participate in their chosen occupations, and occupational therapy students apply their knowledge and skill to solve real problems.

5 – 100

Each week, as part of Professor John Wilcox’s class, “Enabling Participation in Community Groups,” students fan out into the community to design and lead a variety of activities to improve quality of life for citizens aged five to 100.

Occupational therapy students regularly join students from the departments of recreation management and policy, and communication sciences and disorders as interns at the Krempels Center, helping people living with brain injuries find a community of caring and support.



Our nursing grads employ skilled leadership and evidence-based practice to improve lives.

Meeting the Need

In 2021, UNH launched two post-baccalaureate doctor of nursing practice degrees and an adult-gerontology acute care nurse practitioner graduate certificate—all structured for nurses working full-time.

Career Changers

The direct entry master's in nursing program provides yet another means of meeting the need for high-quality, direct care clinicians: this time, career changers.

1969

UNH offered the first baccalaureate nursing program in the state.

1992

UNH created the first state-supported family nurse practitioner graduate program in New Hampshire. More than 70% of nurse practitioner graduates stay in the Granite State.

“At a time when New Hampshire’s primary care shortage leaves dozens of openings unfilled each year, nurses step up and assume greater leadership roles in healthcare. Fortunately, the nursing program makes this easier by educating generations of students in the evidence-based practice and independent thinking for which UNH is recognized nationally and globally.”

—CHRISTINA FERRERI '02G, PRESIDENT, NEW HAMPSHIRE NURSE PRACTITIONER ASSOCIATION; PCP, PEDIATRIC HEALTH ASSOCIATES, MANCHESTER



Through its four diverse majors, kinesiology dedicates itself to the study of human movement.



- **Health and Physical Education** faculty work with educators representing **over 25 school districts** in New Hampshire.

- The first of its kind in New Hampshire, the **UNH Cardiac Rehabilitation Program** was established in 1978. The program provides an essential community benefit as well as a service-learning environment where Exercise Science students hone their skills and gain experience working with at-risk clientele.



- **Our Health Sciences major** prepares students for advanced health care careers, including athletic training, chiropractic, clinical medicine and more.

- Students majoring in **Sport Management and Leadership** intern at the Red Sox, Celtics, Fisher Cats, Dover High School, Portland Seadogs, Kennett High School and other places.

Since 1970, educating future professionals entrusted to promote health, quality of life and sustainable environments for generations to come.



We are **one of only seven** therapeutic recreation programs in the country to earn “CARTE” accreditation.

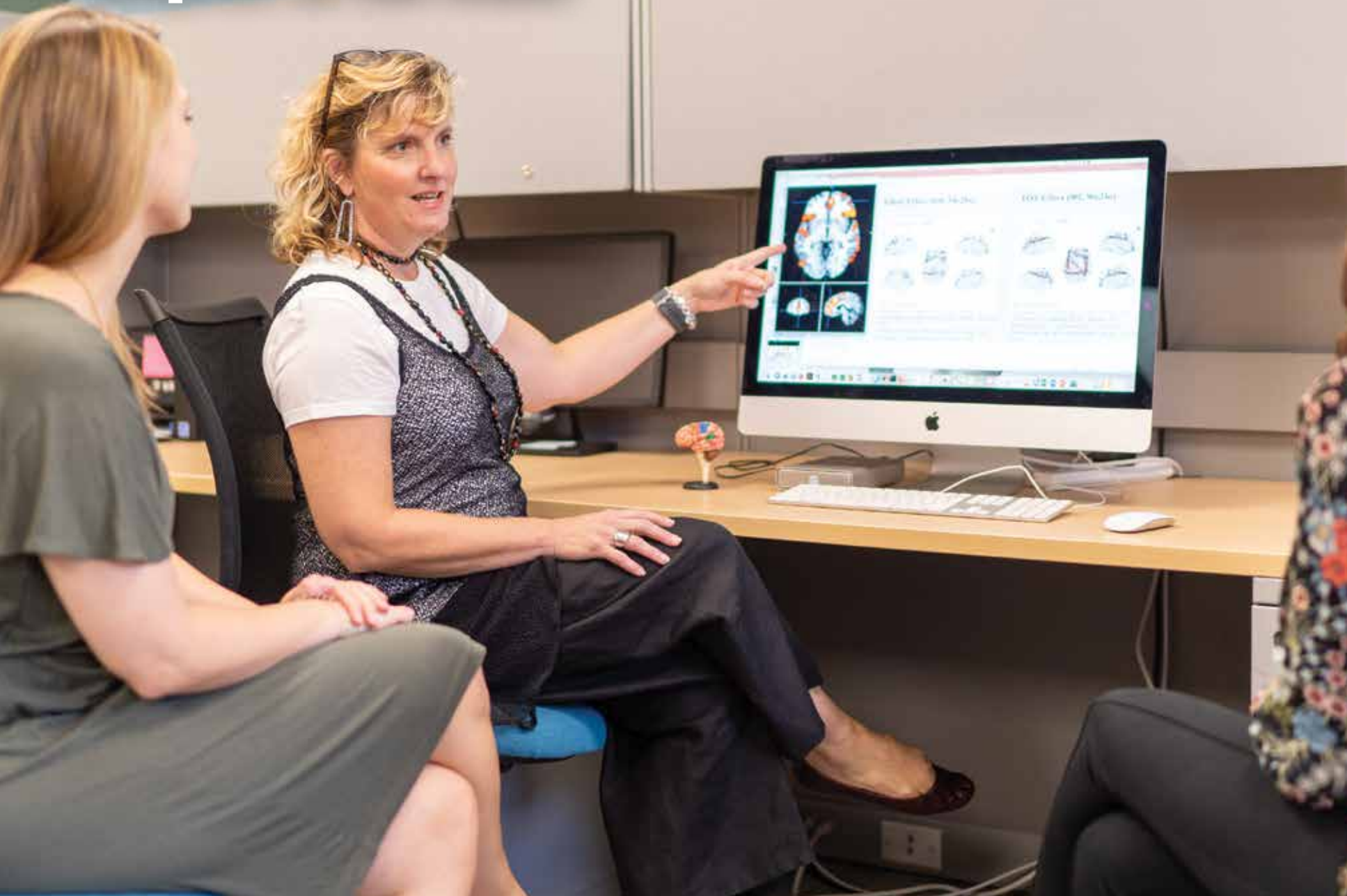


- Developed the Statewide Comprehensive Outdoor Recreation Plan to support an active outdoor recreation economy that generates **\$528 million** in annual state tax revenue and nearly **\$8.7 billion** in consumer spending.
- Funded by the **U.S. State Department**, RMP leads a college-wide effort to help the country of Malawi, Africa, expand its capacity for adaptive sports and recreation.
- **Outdoor Leadership and Management** is the oldest outdoor education program in the country and continues to lead the field through its programs that infuse experiential learning and applied research.

1,588,111

Acreage of the White Mountain National Forest, Green Mountain National Forest and Finger Lakes National Forest whose future uses have been entrusted by the USDA Forest Service to analysis by UNH faculty and student researchers of overall visitor use, activity and economic impact.

Our students, graduates and faculty touch nearly every public school, clinic and hospital in the state.



A Center of Excellence

The Speech-Language-Hearing Center serves our community clients five days a week, while providing a training ground for future professionals.

Global Perspectives Benefit Students

Our international network of scholars from Sydney, London, Oxford, Dusseldorf and elsewhere serve on committees for UNH undergraduate and graduate student theses.

Close-Knit Laboratories

Students and the community alike benefit from the collaborative spirit of our clinical and academic faculty.

Transitioning Veterans into the Community



“My classes and the 400 clinical hours required by the graduate program provided me with the knowledge and confidence that I would reach my goal of assisting veterans whose communication abilities were compromised in the course of active service.”

—KYLE REED '19, '21G, VETERAN OF
U.S. ARMY 160TH SPECIAL OPERATIONS
AVIATION REGIMENT

Standing up for others

1974

One of the first accredited bachelor's degrees in social work in the country.

1998

Master's degree in social work earns full accreditation.

“Participating in the primary care behavioral health program gave me firsthand experience seeing the positive outcomes our clients enjoy when providers are willing to step away from ‘traditional’ healthcare practices and move towards integration and holistic care.”

—JESSIE FELBER '17, '20G

Better Connected Health Care

Along with occupational therapy, the Institute on Disability and Institute for Health Policy and Practice, implemented a Health Resources and Services Administration grant to better integrate primary care and behavioral health in New Hampshire.

Helping Social Workers Help Kids

The Center for Professional Excellence (2009) and University Partnerships (2014) improve professional practice with special training opportunities for child welfare and juvenile justice workers.

Adventure Therapy...How Cool is That?

UNH offers the only dual master's degree in social work and outdoor education in the country, preparing students for careers in adventure therapy.



Educating tomorrow's health leaders

“UNH introduced me to long-term care and inspired me to take an incredible and rewarding journey. Given all the opportunities I found through health management and policy, I had a desire to give back by providing quality summer internships to HMP majors. It's a strong partnership of which I'm very proud.”

—SEAN STEVENSON '95, SVP OF OPERATIONS, GENESIS HEALTHCARE



From Nashua to the North Country, our graduates are working to make our state the healthiest in the nation by managing health systems, keeping a vigilant eye on environmental health and driving public policies that improve the health of New Hampshire citizens.

“Interviewing with Genesis HealthCare for my summer internship got me hooked on long-term care. A mere inkling of interest in nursing home administration turned into a passion I've loved every minute of during the four years I've been with the company. I started as an intern here at our Exeter Center, and I am now back as the Administrator leading the building. I owe so much of my success to the HMP department and my professors—with whom, I'm happy to say, I'm still very much in touch.”

—MEGHAN LINEHAN '18, ADMINISTRATOR IN TRAINING, GENESIS HEALTHCARE

85%

of our master of public health (MPH) graduates provide health policy and managerial leadership in New Hampshire's hospitals, clinics, agencies and government settings.



4,400

youth participant days in our programs designed to promote learning and personal growth for elementary-, middle-, high school- and college-aged students.

360+

educator workshop/teacher training days offering professional development for school staff and educators in social emotional learning, experiential education, diversity and inclusion, empathy and school climate.

Created in 1993 as a center to train next-generation sustainability champions, the Browne Center today offers interpersonal skill development to help diverse individuals and organizations be more successful.

MVP = “Most Valued Partner”

In 2019, **BAE Systems** awarded its coveted “Twenty-Year Partnership Award” to the Browne Center, which has offered its leadership development conference to 1,500 of the defense contractor’s high-potential employees.

Three Pillars of Inclusiveness:

We pride ourselves on

- creating learning experiences for people of all abilities
- operating with a minimum impact on the landscape
- reducing the financial barrier for participation



At UNH, Evelyn Browne taught others the value of living in balance with nature. The Browne Center was named in her honor.

Promoting the health and well-being of children, adults and families through research, teaching and service

▪ **Supporting Families**

More than **6,000** families, couples and individuals have benefitted from the Marriage and Family Therapy Center.

▪ **Ensuring Bright Futures**

Through a \$26.8 million grant from the U.S. Department of Health and Human Services, faculty member Kimberly Nesbitt is leading a statewide project to improve the state's early childhood system for children, families, schools and communities.

▪ **Touching a National Nerve**

In 2013, Associate Professor Corinna Jenkins Tucker grabbed headlines with her study linking sibling aggression and mental health distress.

▪ **Engaging Youth**

Erin Sharp and Jayson Seaman (recreation management and policy) developed the **Outdoor Pathways Project** to engage youth in the North Country in outdoor activities.





Since 1987, the Institute on Disability has earned more than \$160 million in funding for UNH programs that support full access, equal opportunities and participation for individuals with disabilities in communities across New Hampshire and nationwide.

- The NH Leadership Series has trained more than 1,100 individuals with disabilities and family members on strategies to positively impact policies and practices related to disability.
- The NH-ME LEND Program has trained over 350 professionals and family members in the field of maternal and child health to support children with neurodevelopmental disabilities.
- Programs based on the START model, which optimizes independence, treatment, and community living for individuals with intellectual and developmental disabilities (IDD) and mental health needs, have been implemented in 19 states across the U.S.
- The RENEW model, an IOD-developed school-to-career transition planning and individualized wraparound process for youth with emotional and behavioral challenges, has supported more than 1,000 youth successfully transition to adult life.
- Since 2014, the IOD's Rehabilitation Research and Training Center on Disability Statistics releases the monthly National Trends in Disability Employment (nTIDE) Report and webcast. The nTIDE presents the latest statistics in the employment and labor force participation of people with disabilities, a policy update from Washington, DC, and the latest research and promising practice that increase the engagement of people with disabilities in the workforce.



Over 90 years of modeling excellence in early childhood development

Preparing Future Professionals

In addition to preparing future teachers, the CSDC also prepares professionals from human development and family studies, occupational therapy, nursing, communication sciences and disorders, nutrition and other disciplines that work with children and families.

The Garden Project (2000 – 2005) used a flower and vegetable garden as a site for play and investigation for a millennial generation that would grow up green. This initiative continues today as children engage in seed-to-table learning.



Valuing Diversity

In 2008, local artist Richard Haynes created “Looking In, Looking Out” in collaboration with preschoolers, celebrating a longstanding core value of the center.



Since 2001, the Institute for Health Policy and Practice has been shaping health policy in New Hampshire and beyond.

- We work at the state and local levels to improve healthcare practices that **create better experiences for patients and providers**. Almost 2,000 providers who deliver care to over 50% of New Hampshire residents have partnered with us on these efforts, including through the UNH Project ECHO Hub, which brings clinical knowledge and expertise directly to providers and practices in all areas of New Hampshire. The UNH Project ECHO Hub is the first in the nation to incorporate nurse practitioner students who are participating in substance use disorders treatment telehealth training.
- Our **data system development and analytics** support shared learning and improved decision-making. We have worked with more than **25 states** in the development of all-payer claims databases, in a partnership with the National Association of Health Data Organizations.
- Through partnership with the Franklin Pierce School of Law at UNH, we conduct **evidence-based research that re-shapes health policy in the state and beyond**. Our reports, conferences and symposia inform hundreds of healthcare leaders, legislators, administrators and other stakeholders each year.



Over the past 20 years, we have grown our grant portfolio from \$91,000 to over \$3 million.

- We're facilitating a process with the Department of Health and Human Services to develop a State Health Assessment and State Health Improvement Plan to identify priorities for improving the health of New Hampshire citizens.
- We're improving access to supports and services for older adults throughout New Hampshire. We assisted the Department of Health and Human Services in developing the **first statewide certification for person-centered options counseling**.

Established in 2011, the Center on Aging and Community Living, known as a trusted convener, integrates applied research, evaluation and training to support community living among New Hampshire's aging population.

Age of Champions

Since 2012, this interactive, annual intergenerational health fair provides resources, education and connections for all generations of New Hampshire citizens.

Alliance for Healthy Aging

CACL provides comprehensive expertise to this statewide coalition of more than 195 organizations and groups across the state that are working to improve the health and well-being of older adults.

Person-Centered Approaches

Working closely with the N.H. Department of Health and Human Services and other partners, we have trained more than 200 professionals from across New Hampshire in person-centered approaches to care.

Senior Leadership Series

In partnership with the AARP NH and Dartmouth Centers for Health and Aging, the Senior Leadership Series is offered to develop the advocacy and leadership skills necessary to promote livable communities, including community-based systems of support for New Hampshire residents as they age.



Cutting edge technologies that ensure UNH students, and New Hampshire's healthcare providers, are fully prepared to provide innovative care.



Telehealth and interprofessional education: Our students from communication sciences and disorders, nursing, occupational therapy, kinesiology and social work participate in real-world telehealth programs throughout New Hampshire and graduate with the skills to take that technology into their practice.

In partnership with the **U.S. Department of Agriculture**, we provide telehealth equipment to county jails and substance use recovery centers to increase access to care, enabling individuals to transition back into the community with an enhanced support system.

Northeast Passage was founded in 1990 to empower people living with disabilities to enjoy the physical, emotional and social benefits of sport and recreation.



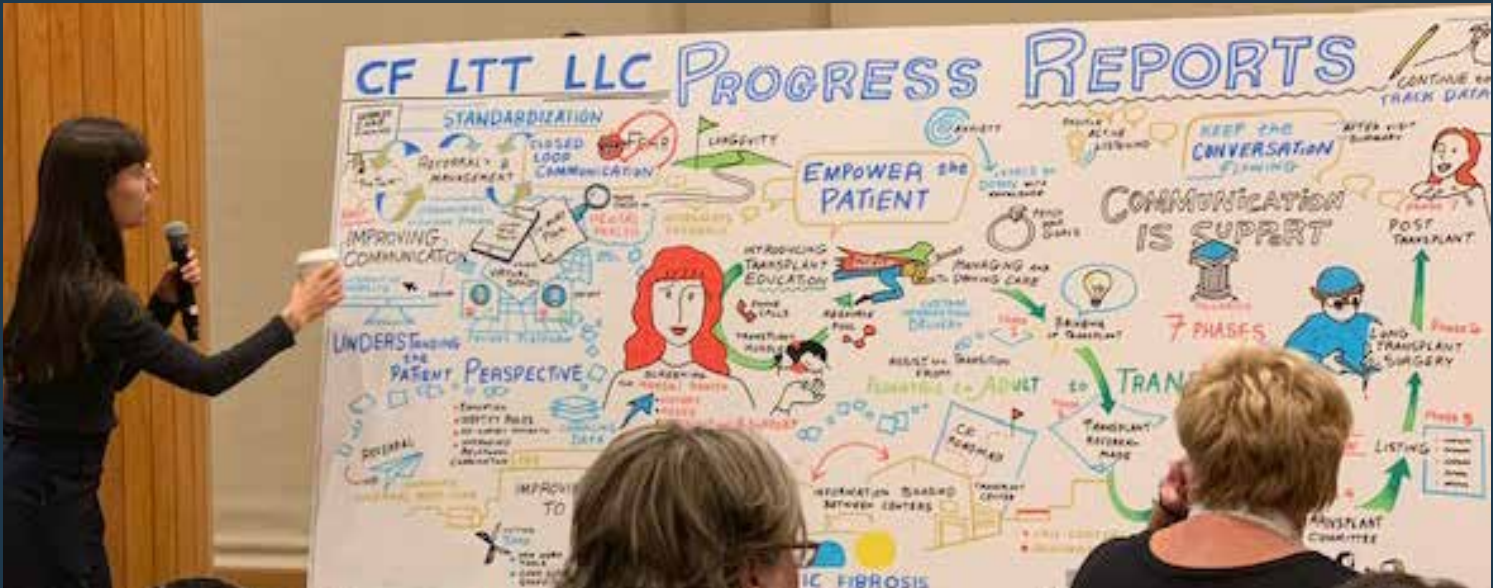
- August 2000: Northeast Passage took a team of hikers to the Appalachian Mountain Club's Galehead Mountain Hut and landed on the front page of *The New York Times*.
- In the past 5 years, Northeast Passage has:
 - > Provided opportunities for **34,626** individuals
 - > Supported **924** veterans through recreation programs and 287 through clinical treatment
 - > Conducted **200** outreach programs at K-12 public schools and delivered therapeutic treatment to 42 schools
- > Organized **635** competitive practices and tournaments
- > Led **1,646** adaptive recreational events including cycling, kayaking, water skiing, golf and archery
- Adaptive sports programs offer opportunities to people of all ages and abilities, whether they're trying to get back on a bike after an accident or to reach Paralympic gold.
- Northeast Passage provides University of New Hampshire students with practical classroom and living lab teaching. Northeast Passage also conducts clinical research demonstrating the efficacy of their work and new advances in the field of therapeutic recreation.

Helping populations live a good life in a good place

We use action research and experiential learning from quality improvement, relationship-based communication practice and research, leadership development and team coaching. These principles are infused in the programs we offer to prepare interprofessional learners to be the workforce of the future, and current practitioners to be the best they can be.

We meet organizations, teams, patients, their families, and communities where they are with customized programs that acknowledge their health and social system experiences and unique contexts.

We partner with organizations and individuals worldwide to improve overall systems, relationships and outcomes for interprofessionals, those we serve and their families.



The College of Health and Human Services is committed to providing an environment that is inclusive of all members of our community.



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Members (and growing)—including undergraduate and graduate students—that represent every academic unit, institute and center within the College.

As an academic institution that educates students in health and human service disciplines, we are bound by our mission, and our moral standards, to ensure our students graduate into caregiving fields understanding and embracing the values of diversity and inclusion.

The College formed the **Committee on Ethnicity and Race Equity** (CERE) to embark on an ongoing and sustained effort to foster a safe and equitable community for all members of the college, and to adequately prepare faculty, staff and students to engage in serving diverse communities within UNH, New Hampshire and beyond.



The work of the College of Health and Human Services and the impact of our graduates inspires growing philanthropic support.

In the past 5 years, CHHS has received more than 10,000 donations and raised nearly \$16 million in philanthropic support.

There is still more the College can do to contribute to New Hampshire and the region's health and human services needs. Please consider joining in support of CHHS and our students on their journey to rise by lifting others.

Gifts to any part of CHHS can be made here:
chhs.unh.edu/give-chhs

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New funds created to support scholarship, research, programmatic and capital needs since 2016