

Senior Companion Program Of New Hampshire

603-225-3295

1-800-856-5525



We Provide:

- ❖ Long term Companionship
- ❖ Friendly weekly visits
- ❖ Assistance with errands
- ❖ Accompaniment to social events/ outings
- ❖ Encouragement to remain active and stay independent
- ❖ Participant in hobbies (light gardening, knitting/ crochet, adult coloring, etc.)
- ❖ Providing information about community resources as needed
- ❖ Respite care for family caregivers

Volunteer With Us:

- ❖ Adults 55+
- ❖ Assist participants with assigned activities mutually agreed upon
- ❖ Monthly trainings to continually improve your skills and knowledge
- ❖ Receive a tax-free STIPEND and mileage reimbursement that does NOT affect government benefits

Join others in a rewarding opportunity to make a difference and give back to the community!