

Script for recorded voice-overs included in Reminiscence memory book

Page 6 (40s Music): The music scene in the 1940s was an up and coming foundation for future music. Bands were continuously getting popular, with instruments dominating songs. We have major household names popping up in this decade, including Frank Sinatra, Bing Crosby, and others. You might remember listening to these artists and songs on the radio, since that was the most popular way to hear them. However, phonographs were getting more affordable so perhaps you and your family had one, too. Jazz was making a name for itself in music, and flourished through the decade. Since WW 2 was happening during most of this time, artists showed their patriotism through their music as well. Listen to these songs and think about the age you were when you heard them, and how they make you feel. What are some memories you can gather with these songs included in them?

Page 7 (40s Hollywood): Hollywood was booming from the start of the decade! With the War, Hollywood showed support by producing training videos for the armed forces. Military movies were constantly being made, hoping to keep up support for the troops from home. There were new technologies being used that made films extremely interesting to watch, as well as new actors and actresses coming to Hollywood with frequent openings occurring as the actors were leaving to go to war. This decade saw many movies being made to keep morale high at home. Comedy was a common genre in films, as well as drama and musicals. TV shows were popular as well, including *Howdy Doody* for children and *The Lone Ranger* and Comedy shows for the adults. Were any of these films or shows one of your favorites? What do you remember

watching as a kid on the weekends, or maybe after school? Who was your favorite character?

Page 9 (40s Fashion): By the end of the decade, there were many styles of each piece of clothing to choose from. Skirts remained a staple item for women and children, as well as dresses. Men stuck mostly with blazers, button ups, sweaters, pants or shorts. Shoes were a main focus for women when hemlines were being raised. Heels and flats were the main options. For most of the decade, women wore clothes to give them a rounder appearance, until the end of the decade when tight looks were favored and jackets were shorter. Party dresses by Dior and Balenciaga were constantly changing with the times and it was hard to keep up with the new trends without the money to afford the fashion. Men stuck with their staple items, wearing tidy suits and dress shoes to important events and sweaters, button ups, and slacks for a casual look.

For boys, they often followed what their father wore, copying the suit look or the more casual outfits when it fit. Wool and corduroy coats were worn when it was cold, and a sweater and slacks under it. Loafers or saddle shoes were a staple.

Girls wore primary colored dresses or skirts. Toddlers had their skirts above the knee, and young girls wore their hem below the knee. Ruffles were in almost all clothing, as well as puffy sleeves.

Do you remember what you wore? Try writing down a memorable outfit, or drawing it if that's easier. What color was it? How did it feel?

Page 10 (40s- Other Pop Culture Events): This decade saw the rise and fall of World War II, and included many highs and many lows to everyone involved. If you remember something that wasn't touched upon, write it down or talk to someone who might or might not share similar memories. Retell your time in the 40s to friends and family if

you would like. Sharing our thoughts to others helps form connections and improves how we feel when we get to talk to others, even if it's for a short amount of time.

Page 12 (50s Music): There was classical music, blues, jazz, country, swing, and the beginnings of rock and roll. Some popular artists include Elvis Presley, Buddy Holly, Doris Day, Rosemary Clooney, and Percy Faith and His Orchestra among many others. Who was one of your greats? Was it an edgy and reckless Elvis, or a softer tone? What was a song that takes you back to this decade? Do you have any stories to go along with these songs? Write it down or talk to someone about these memories. Music has a great way to help us bond with others and hold onto sweet thoughts and feelings.

Page 13 (50s Hollywood): On the movie front, 3D and color is experimented with more and becoming way more popular. So many classic movies were released in this year- what are some of your top favorites? Any on this included list? Where was your favorite place to watch these movies- at a theater or in the comfort of your car at a drive-in? Where was your go-to drive in? Who did you go to the movies with? And as for shows, this decade brought *I Love Lucy*, *Leave it to Beaver*, and *Father Knows Best* to name a few. Did you watch these shows? How did they make you feel?

Page 14 (50s Fashion): In the 50s, women had more freedom to wear what they chose to. A big fashion debate of the decade was about the waist- should women wear fitted waist dresses or a more relaxed fit? New textures and fabrics were being used, and many preferred patterns and red colors in their outfits. Closed toed heels were also worn almost always when out, with women and men coming home to put on a comfy

pair of slippers to sit by the fireplace. Men stuck to business suits and shoes when working, and wearing Converse All-Stars when playing sports. Men watched popular Western films and shows, which saw a rise in popularity for cowboy boots in day-to-day fashion. Children continued wearing similar clothes to the 40s trends, still copying what their parents wore. A very iconic look of the 50s was the greaser trend that many teenagers and young-adults took part in. This look included a leather jacket, jeans, greased back hair and a white t-shirt. An important idea behind this look was to go against authority.

For hair, women had different styles to choose from: short cuts for a housewife, medium for a younger population and long hair for some Hollywood stars. Curlers were in almost every household to put in at night. Men had a typical look of short cut on the sides and longer on the top, with hair grease used to make a slicked back shape. What were some outfits you remember wearing to school or out on the weekends? Did you know people who wore a “greaser” look- were you one of them? Were there any fashion icons you remember emulating? What was your favorite color to wear? Or to still wear? Where would you buy your clothes from?

Page 15 (50s- Other Pop Culture Events): Many new inventions, toys, literature, music, and fashion trends dominated the 50s. Films continued to draw in crowds and people were developing a new sense of identity. What are some of your main memories of the 50s? What are some emotions you associate with the decade? Who were major icons from this time that you looked up to? Are you finishing off this decade humming some songs that you recently remembered, or wanting to watch a movie you haven’t seen in a while? Maybe take the time to do that, and talk to someone about how you are feeling.

Page 17 (60s music): Sounds were changing, new instruments being used in pop and country music, and the British Invasion was in full force. 1964 will forever be known in music as the year of the Beatles. Were you a fan of the Beatles? What song was your favorite?

Jazz continued its popular run, even being introduced to other countries throughout the decade. Pop music transformed into various sounds in the 60s, most notably with the Beach Boys bringing a California surfer sound. And for the biggest musical event of the decade, the Woodstock music festival of 1969 cementing the importance of music for all. Did you go to a concert in the 60s? Or maybe you went to Woodstock- what was that like? Who did you enjoy watching on the Ed Sullivan Show? What was the first record you ever bought?

Page 18 (60s Hollywood): Hollywood brought many great actors to the spotlight in the 1960s, including the continuous popularity of Audrey Hepburn, Elizabeth Taylor, Barbara Streisand, John Wayne, Gregory Peck, and more. There were horror movies like *Psycho* being released, as well as more musicals gaining recognition at the awards. We saw Julie Andrews singing on a mountainside, Audrey Hepburn outside of *Tiffany's*, and John Wayne in western dramas. What were some notable performances for you? Is your favorite movie on this list? What movie genre do you enjoy watching? What age were you when *West Side Story* was released?

Color was used in almost all TV programs by the end of the 60s, including in *Bonanza*, the *Dick Van Dyke Show*, and others. People from home enjoyed watching *Gunsmoke*, *The Andy Griffith Show*, and the *Beverly Hillbillies* during this time. What was your favorite show? Did

you enjoy watching hosts on the television, or western shows? Do you remember when television sets turned to color?

Page 19 (60s Fashion): The 60s was full of peace signs, beads, fun prints, and bright colors. This decade saw a move from more of a chic, classic style to fun and unique designs. Women were wearing shorter skirts and tops that showed more skin than any decade previous. Men wore tunics and patterned shirts. European styles dominated the country's fashion during the 60s as well. One memorable fashion star was First Lady Jackie Kennedy. Women emulated her style as she was known for her sleek look and fun outfits. By the end of the decade, a hippie style had taken over; bell-bottomed jeans, polyester fabrics, patterns, and more of a comfortable look rather than being dressed to the nines in sophisticated clothing for day-to-day styles. Women wore pixie haircuts, short bobs, or their hair in a beehive shape. Men started growing their hair out more to look like prominent celebrities of the time. African American men and women also embraced their natural hair beauty in afros and natural curls. Parents dressed their children in more comfortable outfits that were ok to get dirty when playing. What was most memorable in this decade's fashion for you? What designs stick out when you think about the 60s? Is there anything you would change about the fashion during this time?

Page 20 (60s- Other Pop Culture Events): The 60s was full of great music, interesting people, and unfortunate events. Coming off the heels of the 50s, The Vietnam war was still a huge focus of the American government, along with Cuba. President Kennedy was elected as President in this decade, and unfortunately was assassinated 3 years later. Nuclear threats were shadowing the country, as the population practiced how to "duck and cover" if a nuclear attack was imminent. As

for more of a positive note, music continued to change Americans, and you were able to listen to the Beatles, the Rolling Stones, the Doors, and Jimi Hendrix for the first time. And it all culminated in the Woodstock festival in 1969. This decade also saw the start of “Rolling Stone” magazine, still a well known magazine today.

Cars were a big part of American life, as more people had them and would drive to work or the city since moving to the suburbs.

Convertibles were seen almost everywhere, as were Volkswagen buses and beatles. Did you or someone you know have one of these cars?

What was your favorite car of the 60s? What event of this decade do you remember having a large impact on you? Write down or talk to someone about what age range you were in this decade, and what life events took place during this time. How do the 60s make you feel?

Page 22 (70s Music): The variety of music during the 70s was growing more every day it seemed. There was more jazz, funk, pop, punk, rock and other genres than ever before. This decade, we welcomed David Bowie, Queen, AC/DC and more to the scene and vinyl records were selling off the shelf in no time. Everyone wanted to keep their record collection growing. What are your top 5 favorite 70s songs? Are they by Queen? How about Pink Floyd? Any ABBA hits? Or maybe a 70s song by Kool and the Gang? Was this your favorite decade of music? Why or why not?

Page 23 (70s Hollywood): This decade of Hollywood is a classic time for movies and shows! Some of the best movies were released during the 70! To watch *Star Wars*, *Jaws*, *One Flew over the Cuckoo's Nest* or *the Exorcist* in theaters right after the release must have been incredible! Or maybe you enjoyed staying home and watching the *Brady Bunch* with

your family. Whatever the case, there was lots to watch from Hollywood and be entranced by. What actor or actress do you remember from this decade? There were many big name stars during the 70s, including Marlon Brando, Harrison Ford, Barbara Streissand, and Liza Minelli to name a few. What movie did you get to see in theaters? Do you still watch any today?

Page 24 (70s Fashion): In my opinion, this decade of fashion sticks out to me the most. When I think of the 70s, I think of fun colors, flare pants, and signature styles. Whether it was funky patterned clothes, chunky shoes, or thick sideburns, this decade's style always had something to look at! What outfits would you wear in the 1970s? What do you remember children wearing? What decade had the best fashion in your opinion? Use some pictures on this page to help you think about the fashion of this decade and jot down how they make you feel!

Page 25 (70s- Other Pop Culture Events): The 70s started with the continuation of the "hippie" style, only to lose popularity as opposition to the Vietnam War increased and global violence escalated. This decade saw a rise in support for environmentalism, and new legislation was passed. Cars were constantly changing, and moved from big, loud and sleek to compact, good on gas, and efficient for families. What other events of the 70s do you remember affecting you? What are 3 words you can think of to describe this period of time? Are they good or bad? Why did you choose these words?

Page 27 (80s Music): The music from this period was mixed with heavy sounds like drums and altered vocals to produce the iconic 80s music we know and love. Even though it sounded too engineered at times, these songs showed a new style we haven't heard before. Lots of

experimenting went into them, and listeners got to hear new artists in a unique way. With MTV created for television, viewers got to watch their favorites sing live or in music videos throughout the day. Michael Jackson, Madonna, Bon Jovi, and the Beastie Boys were dominating the radio and television, as were other great artists. Who was your favorite of this decade? Do you have a favorite song? Were you a fan of the sound changing from the 80s, or did you like the sounds of past decades?

Page 28 (80s Hollywood): When it comes to movies, there were many to choose from during the 80s. Maybe you're a John Hughes fan and watched his many movies, or a fan of horror like *The Shining*, perhaps you enjoy intergalactic stories from *E.T.* There was something for everyone, young or old. TV shows continued to be watched each night in households, including *Cheers*, *Magnum P.I.* and *The Golden Girls*. Are any of these movies or shows on the page written on your "Top 5" list? What ones are we missing? What movie genre is your go-to? Did you see any of these films in theaters, or maybe you had children who were old enough to watch?

Page 29 (80s Fashion): The decade for creativity in appearances. Block shapes, browns, bright colors, biker shorts, leather pants and jackets, leotards, and high waisted pants dominated. Nike shoes and clothes were everywhere, as was crimped hair. Women and men wore not just blue jeans, but any other color you could think of. This was the period of jazzercise, making "athleisure" a popular outfit choice. Leg warmers, sweat bands, and white sneakers were signature workout accessories. What other fashion trends occurred in the 80s? What was a typical outfit you wore during this decade? How did children and teenagers dress?

Page 30 (80s- Other Pop Culture Events): As we finish off our remembrance of the 80s, think about how you feel when you are brought back to this decade. What emotions do you have, or thoughts come to mind? What are some important life events for you during the 80s? What brought you joy? There were many events from this time, including new shows and video games, as well as exciting sporting events like the Olympic Hockey Final from 1980 and being able to watch Joe Montana play incredible football. Overall, there were highs and lows from this decade like every other, but we hope you focus on the positive memories you hold from the 80s.

Page 32 (90s Music): Grunge, pop, country, rock, and hip hop all sold well during this time. Not only did grunge start and Nirvana take control of the genre, but boy bands took over the pop scene and groups like the Backstreet Boys, N*Sync and Boys II Men were everywhere. Instruments and vocals took more of a raw shape again and solo acts were taking charge- such as Whitney Houston, Britney Spears, Tupac, Bryan Adams among others. Are there any songs from this time that you still enjoy listening to? Any boy bands you, or someone close to you, liked? What genre did you listen to more during the 90s?

Page 33 (90s Hollywood): Hollywood saw record viewings during the 90s, breaking box office records in large numbers. Many cult classic movies of today came from the 90s, including *Pulp Fiction* and *Se7en*. Violence in movies was like never before, and many films had a maturity rating attached to them. Animation in movies was more realistic, and Disney films were starting to gain popularity and improve their appearances from then on. Romantic films, dramas, horror, comedies, and gore were among some of the most famous genres during this time. For shows, we laughed with *Seinfeld* and *The Fresh Prince*,

and had a soft spot for the Tanners in *Full House*. What was your favorite movie of the 90s? What about your favorite show? When you go to the theater, what candy would you buy- or do you stick with popcorn? How does going to a cinema make you feel?

Page 34 (90s Fashion): Color was always welcomed, unless you were a grunge and punk fan, for which people strayed away from colorful outfits and stuck with more of the darker tones. Flannels became popular with the music trends, and it seemed almost everyone perused a thrift store regularly. Crop tops and tighter shirts were popular as well. Jeans were worn by everyone, and continue to be a staple piece in wardrobes. All in all, it was well known that musical artists had a strong influence on fashion trends during this decade, explaining why grunge took over in the early 90s, and hip hop looks trended in the middle of the decade. By 1999, designer brands were back in style and many opted for a more chic look. Women and men wore comfortable denim, button up shirts and blouses, turtlenecks and patterned pieces. If I could find one word to describe the fashion of the 90s, it would be “comfortable”. What wardrobe pieces of the 90s did you have in your closet? What brand of jeans did you wear? What store did you buy your clothes from?

Page 35 (90s- Other Pop Culture Events): For our last decade in the book, we remember the music, politics, and fashion the 90s brought us. Grunge debuts in Seattle during this time, technology is advancing exponentially, and movies and shows are being released left and right, including the award-winning sitcom show “Seinfeld”. The 90s had its fair share of turmoil (including superstar deaths, political debacles, and warfare in the Middle East), but there were lots to think back to and remember in a positive light. What were some of your favorite parts of the 90s? Personally, how did the 90s treat you? Were you more

interested in the films, the fashion, or the music from the decade? Can you believe the 90s were 30 years ago?!