

# Community Service A-Z

How to get involved & maximize your impact

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OUR MISSION:

Engaging NH communities  
to solve local challenges  
through volunteerism.

# Why & How to Volunteer

## Consider Your "Why"

To give back | to explore a passion | to socialize | to advance your career

## Start with Your Passion

Issues you care about | hobbies | feedback from family/friends

## Know What Suits You

Indoor vs. outdoor | group vs. solo | direct vs. advisory/capacity-building

# Why & How to Volunteer

## **Do What You're Good At**

Assess your skills & which activities give you energy

Be aware of your limitations & boundaries

## **Understand the Details**

Research the organization online or ask around

## **Start Small**

Be realistic & avoid overcommitting – find ways to test the water

# Spirit of NH Awards: Senior Category



**2021**  
**Spirit of NH Awards**  
*Streaming live from the Bank of NH Stage*  
Wednesday, November 17  
6:30-8:00 PM

**CONCORD TV**  
YOUR COMMUNITY MEDIA CENTER

**Spirit**  
OF NH AWARDS  
ESTABLISHED 1982

Discussion:  
Meaningful Service Experiences

# Get Connected



Opportunities

## Opportunities

SEARCH BY



SORT BY -- SELECT SORTING --

FILTER BY -- SELECT A FILTER --

1 2 3 > Last

<p>Is Ongoing <b>Field Trips Coordinator</b> Assistance Canine Training Services - ACTS</p> <p>VIEW DETAILS</p>	<p>Is Ongoing <b>Puppy Raisers</b> Assistance Canine Training Services - ACTS</p> <p>VIEW DETAILS</p>	<p>Is Ongoing <b>Thrift Store Volunteer - Upper Valley</b> LISTEN Community Services</p> <p>VIEW DETAILS</p>
<p>Is Ongoing <b>Food Pantry - Upper Valley</b> LISTEN Community Services</p> <p>VIEW DETAILS</p>	<p>Is Ongoing <b>Community Dinner Team-Upper Valley</b> LISTEN Community Services</p> <p>VIEW DETAILS</p>	<p>Happens On Jun 5, 2022 <b>Volunteer at Healthy Kids Day - YMCA of Strafford County</b> The Granite YMCA</p> <p>VIEW DETAILS</p>
<p>Is Ongoing <b>Become a YMCA Volunteer - several needs exist</b> The Granite YMCA</p> <p>VIEW DETAILS</p>	<p>Multiple Shifts Available <b>2022 Outdoor Pop Up Pantries</b> United Way of Greater Nashua</p> <p>VIEW DETAILS</p>	<p>Happens On May 5, 2022 <b>2022 Sorting Mothers Day Roses</b> United Way of Greater Nashua</p> <p>VIEW DETAILS</p>

FREE for Nonprofits & Volunteers

[How to Use Get Connected Guide](#)

Nonprofits

Advertise volunteer opportunities

Track volunteer hours

800+ registered nonprofits

Volunteers

Potential volunteers search our database

15,000+ registered volunteers!

AmeriCorps & AmeriCorps Seniors



# Volunteering with AmeriCorps Seniors: Cheryl Stevenson, NH Senior Companion Program



**Kathleen Stuart** | NH Senior Companion Program

# Serve, Learn, Earn NH



## SERVE

Search our comprehensive database of AmeriCorps service opportunities across New Hampshire!

## LEARN

Browse opportunities with New Hampshire colleges and universities specifically for national service members. Many waive their application fees offer deferments to accepted students who wish to do a service year, and provide exclusive scholarships for AmeriCorps Alums and Returned Peace Corps Volunteers.

## EARN

Employers of National Service connects AmeriCorps and Peace Corps alumni with employers from the private, public, and nonprofit sectors. All employers listed operate here in New Hampshire.

## Database of National Service opportunities in New Hampshire

Search for AmeriCorps positions

*Host sites in NH post their needs & position descriptions*

Browse educational and employment opportunities

*Employers of National Service and Schools of Service offer special benefits for AmeriCorps alumni*

# Opportunities & Events

# Governor's Conference on Volunteerism *(May)*

**FREE, virtual event**

Tuesday, May 10 - Thursday, May 12

17 live sessions + pre-recorded content

Welcome & Keynote Address

*Outstanding Volunteer Manager of the Year*

Networking

Trivia & Reflection

**View 2020 & 2021 Session Recordings**

*VolunteerNH.org/VolunteerResourceCenter*

# Spirit of NH Awards *(November)*

**Awards**

Spirit of NH

People's Choice

(Outstanding) Volunteer Service

(Outstanding) Volunteer Champion

**Recognition**

Recorded interviews

Live event with category highlights,  
interviews, & top award announcements



# Volunteer Resource Center

TOOLS & BEST PRACTICES

POST VOLUNTEER OPPORTUNITIES

SUBSCRIBE TO OUR EMAIL LIST

Volunteer NH engages New Hampshire Communities to solve local challenges through volunteerism.

It is our goal to equip organizations and volunteers of all kinds with appropriate training, tools, and recognition.

# VGF Cohort

9-12 month grants of \$7,500 - \$30,000

Quarterly training & collaboration

## Boys and Girls Clubs of Central NH

**Goal:** Help hundreds of youth graduate from high school prepared for the next step, serve as engaged citizens, and adopt healthy lifestyles.

**Activities:** Create and deliver 1) Boys & Girls Club policies and practices training for new volunteers; 2) volunteer management training for site directors.

# VGF Mini-Grants

\$1,000 - \$4,000 grants for one specific purpose (*training, software purchase, etc.*)

Approx. 5 months to spend the funding

## Lebanon Opera House

**Goal:** Attract a diverse group of Upper Valley residents to volunteer with LOH. We also want to ensure that all populations in the Upper Valley are aware of our volunteer program benefits.

**Activities:** Hire a marketing consultant to design a volunteer brochure & banner.

Happy  
*National Volunteer Week!*