



"Mature Audiences" Only!
Recommendations

AGEWISE:

Fighting the New Ageism in America
by Margaret Morganroth Gullette
305.26 GULLETTE

ANGLE OF REPOSE

by Wallace Stegner
FIC STEGNER

LASTINGNESS:

The Art of Old Age
by Nicholas Delbanco
155.67 DELBANC

THE LAST DAYS OF PTOLEMY GRAY

by Walter Mosley
FIC MOSLEY

NATURAL CAUSES:

An Epidemic of Wellness, the Certainty of
Dying, and Killing Ourselves to Live Longer
by Barbara Ehrenreich
306.9 EHRENR

THE IMMORTALISTS

by Chloe Benjamin
FIC BENJAMI

HOW TO LIVE:

A Search for Wisdom from Old People
(While They Are Still on This Earth)
by Henry Alford
155.67 ALFORD

LET ME BE FRANK WITH YOU

by Richard Ford
FIC FORD

BEING MORTAL:

Medicine and What Matters in the End
by Atul Gawande
362.175

THE DARK FLOOD RISES

by Margaret Drabble

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FROM STRENGTH TO STRENGTH:

Finding Success, Happiness, and Deep Purpose in the Second Half of Life

by Arthur C. Brooks

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A MAN CALLED OVE

by Fredrik Backman

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the 100 year old man who climbed out the window and disappeared

by Jonas Jonasson

FIC JONASSO

THE THURSDAY MURDER CLUB

by Richard Osman

FIC MYSTERY OSMAN

AN ELDERLY LADY IS UP TO NO GOOD

by Helene Tursten, translated by Marlaine Delargy

FIC MYSTERY TURSTEN

EIGHTYSOMETHINGS:

A Practical Guide to Letting Go, Aging Well, and Finding Unexpected Happiness

by Katharine Esty, PhD

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A WILD AND PRECIOUS LIFE

A Memoir

Edie Windsor ; with Joshua Lyon.

BIO WINDSOR

