

Minor in Outdoor Adventure Leadership

Primary Contact: Nate Fitch, Option Coordinator at nate.fitch@unh.edu

Sponsored by: Department of Kinesiology/Outdoor Education

The purpose of the Minor in Outdoor Adventure Leadership is to complement major courses of study that prepare students for professional fields that work in outdoor environments, across human service, natural resources, educational, or commercial recreation sectors. It will provide an orientation to the technical, risk management, and leadership skills required for personal preparedness and program organization involving backcountry and facilities-based adventure activities. In addition, the Minor seeks to improve the standards of quality for fieldwork in professional fields that use the outdoors, by offering high-quality training that employs current risk management principles that govern engagement in outdoor activities.

I. Program Objectives

- Provide the highest quality professional preparation in outdoor technical skills;
- Surpass national standards so students can pursue certifications if desired;
- Cultivate life-long learners who are motivated to seek continuous improvement;
- Improve quality and help to reduce risks across professional fields that depend on a common skillset;
- Expand participation in outdoor activities both on campus and in public and private sectors;
- Enhance the experiences of future participants by emphasizing best practices that validate a range of life experiences, identities, and goals.

II. Requirements for a Minor in Outdoor Adventure Leadership

Required Courses (21 credits)

RMP 511 — Issues of Wilderness and Nature in America (4) **or**

KIN/RMP 515 — History Discovery course (4) (*approval pending*) **or**

KIN 550 — Philosophy and Methods of Outdoor Education (4)

KIN 540 — Top Rope Rock Climbing (4)

KIN 541 — Challenge Course Management (4)

KIN 551 — Adventure Programming: Backcountry Based Experiences (4) **or**

KIN 444C/PAWS — Amped up! Social and Psychological Perspectives on Adventure (4)
(*first- year students only*)

KIN 552 — Adventure Programming: Water Based Experiences (3)

Students must choose at least **one** of the following as electives to count toward the minor: (2-4)

KIN 539 — Artificial Climbing Wall Management (2 cr)

KIN 542 — Sea Kayaking (2 cr)

KIN 543 — Winter Adventure Programming (2 cr)

KIN 545 — High Angle Rescue (2 cr)
KIN 546 — Whitewater Canoeing (3 cr)
KIN 547 — Lead Rock Climbing (3 cr)
KIN 548 — Winter Expedition Programming (4 cr)
KIN 549 — Wilderness Navigation (4 cr)
KIN 550 — Philosophy and Methods of Outdoor Education (4 cr)
KIN 787 — Theory of Adventure Education (4 cr)
KIN 798 — Relational Leadership: Equine Assisted Learning (2 cr)

Students must earn grades of C or better in all courses. No more than 8.0 credits used by the student to satisfy major requirements may be used for the minor. At the beginning of his/her final semester, students must complete and submit a Certification of Completion of Minor form to an Outdoor Education faculty member and bring the form to his/her college dean's office.