Project Title: New Hampshire Aging and Disability Resource Center Project

Project Director/PI contact:

Ned Helms
NH Institute for Health Policy and Practice
4 Library Way, Hewitt Hall Suite 201
Durham, NH 03824
(603) 862-5030

Report authors:

- Wendi Aultman- Program Manager, NH ServiceLink Resource Center Network, NH DHHS, Bureau of Elderly of Adult Services
- Hannah Caporella- Student Intern, New York University
- Laura Davie-Project Director, University of New Hampshire Institute for Health Policy and Practice
- Mary Maggioncalda- Administrator, Community Programs and Long Term Care, NH DHHS, Bureau of Elderly and Adult Services
- Jo Porter- Deputy Director, NH Institute for Health Policy and Practice
- Amy Schwartz- Assistant Clinical Professor & Associate Director, NH Institute for Health Policy and Practice

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AoA and CMS Program Officers:

Joseph Lugo, Aging Program Specialist US Administration on Aging, Washington, DC 20201

AoA and CMS Grants Management Specialists

Margaret Tolson, Grant Management Specialist US Administration on Aging, Washington, DC 20201

Linda Gmeiner, Grant Management Specialist Centers for Medicare and Medicaid Services Office of Acquisition and Grants Management Mail Stop C2-21-15, 7500 Security Boulevard, Baltimore, MD 21244

Project Coordinator and Authorized Signatory Signatures:

Laura Davie, Project Director, UNH Institute for Health Policy and Practice

New Hampshire's Aging and Disability Resource Center Project 2003-2009

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Executive Summary

New Hampshire developed, implemented, and enhanced a statewide Aging and Disability Resource Center (ADRC) system, known as the ServiceLink Resource Center (SLRC) Network, in 2003-2009, with two consecutive federally funded ADRC grants. Since 2003, New Hampshire has set and met goals and objectives that supported the development of the fully-functioning ADRC program. Implementing, sustaining, and enhancing a state-wide single-point of entry into the long-term care system has proven successful in New Hampshire. Indicators of this success include high levels of satisfaction of SLRC consumers, consistent increase in contacts to an SLRC each year, the development and implementation of streamlining access projects, securing additional funding to support the work, and the establishment of strong partnerships.

A number of major activities took place in the course of the six years which contributed to the success of the SLRC network. These activities include establishing an ADRC Advisory Council; developing standardized outcome and evaluation measures; automating the information and referral system and updated the telecommunication system; standardizing information in the referral database; establishing co-location of Medicaid eligibility processes across all sites and expanded the role of a Long Term Support Counselor; streamlining multiple eligibility processes through the ADRC Options Counseling Model and development of consumer guide; developing standards of practice and training workshops for SLRC's Long-Term Care Support Counselor's; coordinating with New Hampshire's Systems Transformation Grant in the development of a self-directed service system; and establishing an ongoing partnership with the DHHS Access Front Door project to centralize long-term care eligibility.

Introduction

The federal Aging and Disability Resource Center (ADRC) program was launched in 2003, as a joint venture between the Administration on Aging (AoA) and the Centers for Medicare and Medicaid Services (CMS) to streamline access to long-term care (LTC). The goal is to have the ADRCs to serve "as highly visible and trusted places available in every community across the country where people of all ages, incomes and disabilities go to get information on the full range of long-term support options." According to AoA, "ADRC programs provide information and assistance to individuals needing either public or private resources, to professionals seeking assistance on behalf of their clients and to individuals planning for their future long-term care needs. ADRC programs also serve as the entry point to publicly administered long-term supports including those funded under Medicaid, the Older Americans Act and state revenue programs."

New Hampshire developed, implemented, and enhanced a statewide ADRC system, known as the ServiceLink Resource Center (SLRC) Network, in 2003-2009, with two consecutive ADRC grants. The SLRC network is coordinated through a partnership between the New Hampshire Department of Health and Human Services (NH DHHS), Bureau of Elderly and Adult Services (BEAS) and the New Hampshire Institute for Health Policy and Practice (NHIHPP) at the University of New Hampshire (UNH). NH/HPP acts as an instrument of the state.

Over the course of the grant periods, New Hampshire has made tremendous strides in achieving the ADRC project vision of having access to LTC information available in every

community. The SLRC project is currently state-wide, with offices located in each of New Hampshire's ten counties; three counties support additional satellite offices.

Based on the criteria set forth by the AoA and CMS, New Hampshire's SLRC network is a fully functioning ADRC. According to a March 2008 assessment from The Lewin Group (New Hampshire: Progress towards a Fully Functioning Single Entry Point System/ADRC), the major ADRC strengths in New Hampshire are: 1) Integrated/centralized ADRC, achieved through colocation of eligibility staff; 2) State has achieved state-wide ADRC coverage; and 3) ADRCs represent true single entry point in terms of maintaining a comprehensive database of resources and services, providing options counseling, required referral to ADRC for preadmission screening, uniformity and consistency across multiple sites, and training and professional development of staff.

Since 2003, New Hampshire has set and met goals and objectives that supported the development of the fully-functioning ADRC program. Overall, the project's goals were to improve access to long term support services through the Resource Center with a one-stop system, and to utilize the ADRC model to develop/enhance the self-directed service delivery system for older people and for adults with chronic conditions and disabilities. This report describes the activities, objectives, lessons learned, and sustainability planning for the ADRC program through its history of development.

New Hampshire Demographic Background

New Hampshire is a rapidly aging state. In 2000, the 65+ population made up 12.0% of the total NH population; by 2030, the 65+ population is predicted to account for 21.4% - an

increase of 138% in 30 years. Additionally, NH is expected to shift from having one of the smallest percentages of 65+ populations in the U.S., ranked 37 in 2000, to having one of the largest – a predicted rank of 17th by 2030.

	Cens	us 2000	Projec	2000-2030 Change	
Age Group	Number	Percent of Total Population	Number	Percent of Total Population	Percent
Total	1,235,786	100	1,646,471	100%	33.2%
65+	147,970	12.0%	352,786	21.4%	138.4%
85+	18,231	1.5%	44,874	2.7%	146.1%

Data Source: File 3. Population Pyramids and Demographic Summary Indicators for States. U.S. Census Bureau, Population Division, Interim State Population Projections, 2005. US Census Bureau visited 7/17/09 http://www.census.gov/.

These population figures represent a growing strain on NH's resources. The increasing number of persons 65 and older means fewer working taxpayers in NH relative to the older adult population, straining the state's ability to both fund and staff older adult support services. Long term care costs are of great concern, as the state has seen a 41% increase in Medicare long term spending since 2002, costing NH \$364 million in 2007. Additionally, those who are most likely to need long term care services—the 85 and over population—are predicted to increase 146% by 2030. Though it is early, national research shows promising evidence that the federal ADRC program has a positive impact on reducing long-term care costs, primarily through adults gaining access to home and community-based services (HCBS) instead of Medicaid-supported institutional services.

The SLRC Network provides clients with the tools they need to remain in their own homes and communities, if they desire. Because the centers are community-based, they increase the visibility of long term care issues and promote public knowledge through community outreach activities. The SLRC offers options counseling for long term care, aids clients in determining their health and financial needs, and develops an appropriate care program. Counseling ensures that clients are made aware of all long term care options, including HCBS, and can make an informed decision about the most appropriate long term care plan for the individual.

Activities and Accomplishments

The major goal of NH's ADRC program from 2003-2009 was to use the ADRC functionality as the State's single point of entry for long-term supports to enhance consumer access and consumer-directed service options statewide, thus advancing the State's long-term care systems transformation initiatives for creating enduring systems change. In the description of activities that follows, some responses are broken into two phases. Phase 1 reflects the initial round of funding in New Hampshire from 2003-2006. During this phase, New Hampshire emphasized developing and implementing a state-wide ADRC model. Phase 2 reflects the second round of funding from 2006-2009, which emphasized streamlining and standardizing the model across the state.

To achieve these overarching goals and outcomes several major activities took place in the course of the six years. These included:

- Established a planning team for development and implementation of ADRC model in New Hampshire;
- Established an ADRC Advisory Council, which continues to meet in order to address ongoing objectives;
- Engaged with stakeholder groups including Granite State Independent Living (GSIL) and Real Choice Consumer Advisor Group;
- Developed, piloted, and modified the New Hampshire ADRC model for state-wide implementation;
- Developed outcome and evaluation components standard across all centers;
- Automated the information and referral system and updated the telecommunication system across SLRC sites;
- Implemented New Hampshire's ADRC model, the SLRC, state-wide;
- Standardized information in the referral database and created a public searchable website;
- Established co-location of Medicaid eligibility processes across all sites and expanded the role of a Long Term Support Counselor to include processing and financial prescreening for all Medicaid-funded LTC applications.
- Streamlined multiple eligibility processes (e.g Medicaid long-term care) through the
 ADRC Options Counseling Model and development of consumer guide (appendix C);

- Developed standards of practice and training workshops for SLRC's Long-Term Care
 Support Counselor's (appendix B);
- Coordinated with New Hampshire's Systems Transformation Grant (STG) in the development of a self-directed service system;
- Partnered with the STG project in the development, implementation, and analysis of a
 New Hampshire Direct Care Workforce Survey and report (appendix D) and;
- Established an ongoing partnership with the DHHS Access Front Door project to centralize long-term care eligibility.

What measurable outcome did you establish for this project and what indicators did you use to measure performance? To what extent did your project achieve the outcomes?

Phase 1

Major Goal: When fully implemented, the SLRC project will ensure that there is a single, enticing, comfortable, and accessible place in the community that provides effective delivery of information and referral services, counseling, education, and case management support pertaining to long-term support services for all older adults, adults with disabilities, and their caregivers throughout New Hampshire. The SLRC project should provide the information and support necessary to enable more consumers wishing to continue residing in the community rather than in an institution to do so. For the State, the SLRC project will also enable a more efficient use of scarce resources, and provide critical information to policy makers regarding long-term support system gaps.

Tables 1 and 2 below summarize goals, objectives, indicators, and results for both phases of the New Hampshire grant period. During evaluation design, it was determined to utilize the Granite State Poll (GSP), an existing state-wide telephone survey system administered by UNH's Survey Center (UNH-SC), to evaluate awareness of the Resource Centers within the general public as a whole. From 2003-2006, the questions were only asked in the two SLRC pilot communities. Since 2007, the questions have been asked state-wide. The October 2009 GSP report is located in appendix A. In addition, customer satisfaction surveys were designed during Phase 1 to measure satisfaction of consumers, providers, and state agencies. Those were redesigned in 2009 to reflect the current suite of SLRC services. The Fall 2009 SLRC Survey Report is located in appendix A along with the current survey tools. The report includes all of the following measures:

- Families/individuals: Awareness and satisfaction of SLRC services are measured using customer satisfaction surveys distributed monthly by site staff and returned to the UNH-SC.
- Providers/referring agencies: Awareness of SLRC services are measured through surveys of health care providers who refer people to ServiceLink, as well as providers who may not be aware of the services available to patients. Annual evaluation is performed by the UNH-SC.
- Community members: Awareness of New Hampshire adults are surveyed annually through a statewide random digit dialing (RDD) survey of NH households conducted by UNH-SC through the GSP.
- State and government officials: Awareness of all DHHS staff is measured by using a webbased survey of state agencies.

Table 1: SLRC Performance Goals and Indicators, Phase 1 (2003-2006)

The SLRC will ensure effective delivery of information and referral services

1. The SLRC will ensure that elderly and disabled New Hampshire citizens and their caregivers, and particularly those seeking long-term supports, are aware of the Resource Centers and what they offer, and are knowledgeable about their long-term support services option

Indicators:

 % of elderly and disabled persons and their informal and formal caregivers surveyed indicated that they were aware of the SLRC and its role, and felt that they understood that there is an array of available long-term support service options. (Target: 30%)

Results:

In 2009 GSP when asked "how familiar are you with ServiceLink" 16% are "very" or "somewhat" familiar. While this % is lower than our target, there was a significant decrease between 2007 and 2009 of the NH adults reporting they are "not familiar at all".

Of those in the GSP who have called a ServiceLink, 76% report they were "very" or "somewhat" satisfied with the information provided by the Resource Center. There has not been a significant change over time.

In 2009, the Customer Satisfaction surveys were redesigned and now include the question "I understand how SLRC can assist me." Well over 90% of the respondents 'strongly' or 'somewhat' agree.

The number of contacts from each of the target populations to the SLRC for its information on assistance with obtaining long-term support increases In 2003, the three pilot sites had 14,505 contacts (a contact includes calls, emails, faxes, and walk-ins). By 2007, the first full year of state-wide implementation, there were 48,701 contacts. In 2009 SLRC sites across NH received 83,872contacts.

2. The SLRCwill ensure that individuals and families throughout New Hampshire can easily access comprehensive and up to date information on available long-term support service options in their area and statewide

Indicators:

 % of elderly and disabled persons and their informal and formal caregivers who contacted the SLRC indicated that they were able to easily access the SLRC and they received information or services, they were given comprehensive, current and useful information (Target: 90%)

Results:

Since 2006, when the SLRC went state-wide, approximately 95% of those who left a message at an SLRC received a call back within 24 hours.

When asked if the SLRC representative understood their needs and answered all their questions, respondents report they 'strongly' or 'somewhat' agree well over 90% of the time.

The SLRC will ensure effective delivery of counseling and case management support

 The SLRC will ensure consumers have the support and assistance they need to make informed choices among service options, and to remain independent in their own homes and communities, if they desire.

Indicators:

 % of elderly and disabled persons and their informal caregivers who contacted the SLRC seeking long-term supports surveyed indicated that they were given the assistance they needed, were made aware of the long-term support options, were assisted in exercising their choice to remain independent and/or residing in community setting, as they desired. (Target: 90%)

Results:

Since the state-wide roll-out in 2006, over 90% of respondents stated that the assistance they received at the SLRC helped them make informed decisions about care and services.

In 2009, a few questions were added to examine this indicator more closely. Respondents indicated that over 95% of the time, the contact with the SLRC led to an appropriate follow-up/referral(s). In addition, over 95% agree that the referral(s) resulted in their needs being met.

The Long Term Care Support Counselor position, whose primary role is to guide individuals through the options for LTC, was standardized across the SLRCs. This was accomplished by the development of LTS counselor competencies, standards, and a consistent job description (appendix B).

2. The SLRC will ensure that there will be uniform clinical eligibility assessments of each nursing facility applicant who has applied for or has been determined to be financially eligible for Medicaid benefits Indicators: Results: The State has successfully implemented a A uniform clinical eligibility determination uniform clinical eligibility determination process was created. Please see NH process using a uniform assessment tool Assessment Tool in appendix E. for determining nursing facility level care statewide 2. When tested quarterly, there is an 85% or The design of the uniform assessment tool better inter-rater reliability among staff incorporates an automated algorithm that performing nursing facility level of care measures acuity based on numerical ranking assessments using the same assessment of the individual's ADL capacity. tool 3. When audited annually by DEAS, the See comments above. Additionally, every SLRCs demonstrated that the Nurse denial for long term care is reviewed in depth Assessors have made the correct nursing by the Deputy Director of the Division for facility level of care determinations 95% Community Based Services, and all applicants of the time have the right of appeal. The SLRC will ensure efficiency 1. The Resource Centers will ensure effective coordination with other state agencies and programs serving the target populations e.g., better coordination with the BEAS decreasing eligibility determining turn-around time, development of collaborative education and information dissemination approaches with the family caregiver support program, and better integration of the PASARR process with the Medicaid clinical eligibility determination process 1. % of staff of other relevant state agencies In 2008, 93% of non-BEAS staff in the NH are made aware of the role of the SLRC DHHS were familiar with SLRC state-wide and how it's relates to their program. program/activities (Target: 90%) In addition, 93% report that the SLRC is a single entry point for information about, and referrals for, long-term support services for elderly adults and persons with disabilities. 2. The SLRC will ensure that the current multitude of information, referral and assessment and counseling services are efficiently combined to eliminate duplication of effort among state staff and burden on consumers on multiple application processes at

multiple sites

 The number of places consumers and their caregivers must go for information on long-term support has been greatly reduced without a corresponding decrease in volume of persons seeking services and information

Results:

This objective has been met through the establishment of the SLRC project in every county and the streamlining of services. The SLRC program has been established as the entry point for family caregivers through the NH Family Caregiver Support program.

In 2009 SLRC sites across NH received 83,872 contacts (a contact includes calls, emails, faxes, and walk-ins). In 2003, the three pilot sites had 14,505. By 2007, the first full year of state-wide implementation, there were 48,701 contacts.

The Resource Centers will ensure effectiveness as a resource to policy makers

3. The Resource Centers will ensure that periodic review and reporting of service gaps within the Resource Center's geographic area will be routinely reported to policymakers.

In	dicators:	Results:						
1.	Policymakers will be provided information on service gaps in their geographic area was timely and useful.	Communication with policy makers occurred over the course of the grant period in the following ways: presentations at Legislative Briefings on long-term care, annual SLRC report sent to policy makers, meetings with Governor and NH DHHS Commissioner, and testifying at long-term care commissions. The 2007 Annual Report provides service gap information.						
2.	The Resource Centers provide quarterly and annual reports analyzing the long-term support gaps indentified in their geographic areas.	Reports submitted. See appendix F for sample report.						

Phase 2

Major Goal: Complete state-wide implementation of the SLRC model state-wide and coordinate the existing ADRC model with the work of the Systems Transformation Grant to create community capacity for enhanced access and consumer direction.

Table 2: SLRC Performance Goals and Indicators (written in 2006)

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1. Provide awareness, information, and assistance to stakeholders

Indicators:

 Increase the percentage of stakeholders with awareness of the needs of older adults and persons with disabilities, where to turn for assistance, utilization of community-based support networks for accessing information and assistance.

Results:

As described earlier, awareness of the SLRCs in the general public has not met the goal, but satisfaction among those who use the SLRC is high. (See GSP and Consumer Satisfaction Survey Report in appendix A)

2. Streamline multiple eligibility process

Indicator:

Reduction in repetitive and redundant eligibility interviews for consumers, decrease in the time information about eligibility statue is available to providers and improved data integrity

Results:

Through process changes within DHHS, a LTC medical assessment is good for 365 days. Prior to this change, assessments were done any time a change in status occurred. This reduces the number of assessments that have to be completed on an individual.

SLRC LTS Options Counselors are trained to pre-screen and initiate Medicaid LTC financial eligibility applications. In some cases, they initiate and process presumptive eligibility, eliminating a Medicaid face-to-face interview, streamlining the process for individuals.

3. Target individuals who are at imminent risk for admission to an institution

Indicator:	Results:
Increase in the timely identification of needs, eligibility, determination, and service authorization	Needs are identified quicker through the streamlined clinical assessment. Service Authorizations are established and amended by the HCBC-ECI (the Medicaid Community Based Care waiver program) Case managers. These case managers now have access and authorization to systems.
Indicator:	Results:
Update and enhance New Hampshire's publicly accessible resource database	Completed. The website is public and a procedure for updating resources was established.
2. Assess and upgrade the SLRC telecommunication system	Completed in 2008. The upgrade included private mailboxes for all staff, call transfer ability between 9 county's, call volume reporting, improved internet access in some sites.
Develop, implement, and report on a direct care workforce survey	Completed. Survey instrument and reports located in appendix D.

What, if any, challenges did you face during the project and what actions did you take to address these challenges? What policy barriers did you encounter that made your goals difficult to achieve? How were the actions you took effective in resolving challenges?

One of the major challenges of this project was the need to include a broad and diverse group of stakeholders on the development of the SLRC model, and, in some cases, prove the value of the project to necessary partners. To address these issues, Planning and Advisory Councils that included all the stakeholders were formed early in the development process. Also, adjustments were made in a real-time fashion, based on evaluation data and operational lessons.

Many discussions occurred at both the State and the community levels to present the model, refine it; develop the roles, responsibilities and protocols for the SLRC teams, train the staff and the providers who interface with the SLRC, monitor the implementation, and attend to trouble-shooting. Some providers had to be persuaded of the value of a single point of entry model, maintaining that the SLRC model was duplicative of their function. Other providers questioned why the State was investing scarce resources in the model instead of giving more to direct services. Working with these groups directly and demonstrating the value with the results of the evaluation were key to addressing these concerns.

Over the course of the project, the SLRCs became established components of New Hampshire's home and community-based infrastructure and a resource for nursing home and community-based providers. This acceptance of the SLRCs as integral resource was not immediate, and was supported by the graduated implementation schedule. It was important to implement in a thoughtful way to establish proof of concept for stakeholders. At the end of the first year, two pilot sites became operational; at the end of the second year, three more sites were implemented. The implementation schedule was planned to enable all planned SLRC sites state-wide and the State implementation team to focus on the intensive outreach to consumers, families, and providers that needed to occur prior to full implementation. The gradual implementation strategy was beneficial. Field-testing the model before implementing it statewide allowed most major operational problems to be worked out before the model was finalized.

In addition, during the first four years of the grant, New Hampshire was challenged to balance the need for program awareness statewide and direct service funding. Funds under the ADRC project have been utilized for localized marketing materials by each SLRC, tables at conferences which target the general public (Annual Real Choices, Lutheran Social Services, and Conference on Aging) and converting brochures and materials into French and Spanish.

However, a broader marketing campaign to increase the awareness within the general public was never implemented, due largely to the resistance of using funds for this purpose.

One of the unexpected challenges during the course of the grant period for SLRCs was associated the implementation of Medicare Part D. During the first open enrollment period, all the SLRC's experienced higher volumes as individuals sought information and assistance regarding the prescription drug program. While the implementation of the Medicare Part D Program strained capacity of SLRCs, the assistance and counseling staff provided helped to solidify the community's perception of the SLRCs as reliable and helpful sources of information and assistance about a wide range of programs and services besides Medicare.

An early challenge that the project still faces today is how to balance compliance with the federal standards for a fully functioning ADRC system against the needs and expectations of New Hampshire's legislature and state agencies, as well as those of each independent StRC, which represents the interests of the community level. Over the past two years, the DHHS has been implementing new strategies for streamlining access to long term care. Two notable examples of these initiatives include the adoption of presumptive eligibility in the State's Home and Community Based Care Waiver for the Elderly and Chronically III (HCBC-ECI) and the

centralization of the Medicaid long term care financial and clinical eligibility into a single unit.

Both of these initiatives have been priority projects that impact the SLRC's. While the intent of these initiatives, to increase and enhance consumer access to long term care, is certainly consistent with federal, state, and community expectations, some of the operational aspects are still being developed. Regardless of changes that may be made to its business model, ServiceLink will still continue to be the community access point for Medicaid long term care eligibility in New Hampshire.

One particular area of attention for the SLRC program has been the incorporation of the adult disabled community needs into the SLRC program. Disabled adult support services had previously been maintained separately from elderly adult services, and integration of these two distinct communities proved challenging for the SLRCs. However, integrating the disabled community will be of continued importance for NH, given the state's growing disabled adult population; the number of adults reporting themselves as limited in any activities because of physical, mental, or emotional problems has increased nearly 50 percent since 2001. With 2009 ADRC Enhancement Grant funding, NH plans to achieve continued integration of aging & disabled support systems within the ADRC program.

What impact on the consumer and the service area's long-term care system do you think this project has had to date, i.e. What ADRC functions are firmly embedded in the service areas's long-term care system? What are the lessons you learned from undertaking this project? Please note your significant partners in this project and if/how you will continue to work on this activity.

The NH SLRC project has realized the following accomplishments that are important impacts on the LTC system:

- The centralization at the local level of a complex, formerly fragmented process for accessing
 long term care supports to streamline both clinical and financial eligibility, resulting in a
 reduction between the time an individual applies and services are initiated
- The implementation of an integrated staffing model in which staff from multiple agencies
 work together as a team in a process that is seamless for the consumer so that consumers
 have one place to contact for information and assistance in accessing services and supports
- The recognition of the SLRCs as highly visible and trusted community resources by consumers, families, providers, legislators and funders, enhancing its potential for sustainability

According to the AoA definitions, NH has a fully-functioning ADRC system, which provides the full suite of services that ADRCs should offer. More specifically, all SLRC offices in NH include:

- Access to comprehensive information referral and assistance about services for individuals with public or private payment mechanisms (Information and Awareness function)
- A single point of entry into public programs, including Medicaid funded in-home care and nursing home care (Streamlined Access function)
- Screening for and assessment of Medicaid eligibility (Streamlined Access function);
- 4) Options Counseling (Options Counseling function)

- 5) Long-term care counseling (Information and Awareness function)
- 6) Tools for short term case-tracking (Quality Assurance and Evaluation function)
- Counseling, respite care counseling, and other supports for family caregivers (Information and Awareness function)
- 8) Statewide coordination and counseling to Medicare beneficiaries under the State Health
 Insurance Assistance Program (SHIP) (Streamlined Access function).
- Statewide coordination and counseling to Medicare and Medicaid beneficiaries under the Senior Medicare Patrol Project (SMP) (Streamlined Access function).

Reflecting on the successes and challenges of the NH SLRC program development and implementation, NH's major lessons learned focus primarily on how to structure a group to advise project development and to be thoughtful in the overall approach. The major stakeholders for the NH ADRC project could be important supporters or detractors for the project, depending on how they are engaged. For example, the provider community is important for referral to SLRCs, but if their concerns are not addressed, they could detract from the development of the model. Having the full range of stakeholders on the Advisory Council to inform development at the outset and throughout the development process is important. Also, to create a fully-functioning ADRC across the entire state, the NH ADRC program was served well by a gradual implementation process. This allowed us to being with pilot sites, evaluate implementation and operational needs thoroughly, and develop a full implementation strategy that was reactive to those needs. The NH ADRC continually evaluates the SLRCs, and through active advisory groups, can continue to make changes as necessary, in a timely way.

Throughout the grant period, there have been many significant partners including:

- The University of New Hampshire Institute for Health Policy and Practice, Institute on Disability, and Survey Center;
- The New Hampshire Department of Health and Human Services, particularly the Division of Community Based Care Services (DCBCS). Within DCBCS, BEAS is the state administrative office for the ServiceLink program;
- The SLRC Advisory Board Members, which includes;
- All 13 SLRC fiscal sponsors, staff, and advisory boards;
- Real Choice Consumer Advisory Group;
- Granite State Independent Living (Center for Independent Living serving all New Hampshire); and
- The Lewin Group (Technical assistance provided under the ADRC project).

Each of these partners, and the stakeholders they represent, continue to play a role in New Hampshire's SLRC program and are partners in the current (2009-2012) NH ADRC Enhancement Grant. The relationship between BEAS and NHIHPP has proven to provide the NH ADRC project with a strong balance between program implantation and program evaluation.

What will happen to the project after this grant has ended, i.e. is there state level and/or legislative support for this project to continue? Will Project activities be sustained? Will project activities be replicated? If the project will be sustained/replicated what other funding sources and/or potential legislative activities will allow this to occur?

The Department of Health and Human Services supports the ServiceLink program as a foundation for its overall Systems Transformation program. The SLRCs around the state play a critical role in providing access, choice, and a trusted place for NH residents to go to get imformation. To that end the state of NH has consistently supported the SLRC program.

Financial support comes in various forms. The SLRC program received SHIP and SMP funding to provide Medicare counseling and Medicaid/Medicare fraud and abuse reporting. The SLRC is identified as the lead program in providing all family caregiver support for the state. The SLRC received funding through the National Family Caregiver Program, the Community Living Program, and Title XX. The SLRC also received state general fund dollars to provide information, referral, and assistance and federal dollars to provide long-term support options counseling. None of the ADRC grant funding is directed at on-going operational costs or supports.

In the current economic recovery, New Hampshire is experiencing the same resource constraints as its sister States. While the SLRC Program was able to preserve its State funding base in the last budget development, it must still continue to justify the expenditure of State funds. The Program has established a strong network of advocates who testify at budget hearings about the benefits of ServiceLink in facilitating access to less costly home and community based care.

An important aspect of sustainability for the NH ADRC project is SLRC integration with related programs that can be administered by the SLRCs. BEAS administers the NH Family Caregiver Support Program (NHFCSP), funded by the AoA, and the state general funded

Alzheimer's Disease and Related Disorders (ADRD) respite grant program for caregivers. Both programs work with persons who are not Medicaid eligible to provide timely intervention and supports to caregivers so that they can continue in their caregiving roles and avoid spend down and placement of the care recipient. The NHFCSP utilizes a consumer-directed model that allows consumers to choose and supervise their respite provider and use supplemental services flexibly. This process has been streamlined and decentralized to the community level through the SLRC's.

BEAS administers NH's State Health Insurance Program (NH SHIP) at the community level through the SLRC's. The primary mission of NH SHIP is to provide information, counseling and assistance relating to the procurement of adequate and appropriate health insurance coverage including such topics as Medicare coverage, Medicare Prescription Drug Benefit, Medicare Supplemental Plans, and long term care insurance to Medicare eligible persons, their families and caregivers. NH SHIP also strives to recruit, train, and maintain a network of volunteers to help with providing these services in the SLRC regions.

BEAS administers NH's Senior Medicare Patrol Project (SMP) at the community level through the SERC's. The SMP's primary mission is to a) increase community awareness of the importance of health care fraud control though education, counseling, assistance and outreach to people with Medicare; b) recruit, train, and maintain a network of volunteers to help with providing these services in the SERC'region; and c) refer potential fraudulent cases for further investigation. The program makes Medicare and Medicaid beneficiaries more informed health care consumers and enables them to play an important role in helping to avoid payment errors.

New Hampshire was successful in securing a third round of ADRC federal funding for 2009-2012. The 2009 ADRC Enhancement Grant will create a five-year operational plan with technical assistance from the funder. This plan will be utilized as tool with policy makers and in NH DHHS budget planning. Other major objects during this grant period are to develop and implement a person-centered hospital discharge planning model, develop and implement a "no-wrong door" model, continue to streamline access and information, and improve project evaluation tools. The 2009 ADRC Enhancement Grant will allow New Hampshire to continue to strengthen and sustain the state-wide ADRC model.

What were the most effective strategies you used to streamline consumers' access to long term services and supports?

Streamlining consumers' access to long-term care services and supports stems partly from the technology used to support the SLRCs. Within the course of this grant period, the NH Team provided input to the process for updating the long-term care information system for Medicaid, known as "Options." Long-term support counselors at each ServiceLink are able to initiate long-term care applications from this system. Options has the ability to capture and report on much of the data needed for information delivery related to Medicaid funded long-term care. As a result of using the Options system there are several streamlining activities. These include discontinuing several data elements, steps, and functions in the Refer 7 system (the SLRC information and referral system). The Refer 7 system does track the application status and next steps to inform consumers and identify action points in the application process. Some of the

action points triggers a letter to the consumer to notify them of next steps, or missing information.

Over the course of the grant period New Hampshire established best practices as it relates to the eligibility process for NH's Choices for Independence (CFI) program (the HCBC ECI-Waiver) and nursing home applications. A workgroup, with the assistance of consumer feedback, established a consumer guide for the CFI program. This guide assists consumers in understanding the process for eligibility including the steps, average timeframes, applicant responsibility, and process for accessing services once determined eligible. A collapsed version for providers and other stakeholders has also been developed (appendix C).

Over the course of this grant period, 8EAS has been involved in the DHHS Access Front

Door project to centralize long-term are eligibility. The purpose of the project is to improve
the quality of financial eligibility decision, reduce the processes time, and to provide consistent
reliable service to the public. While Access Front Door aims at centralizing key functions of the
eligibility process, the SLRCs will provide the community a one-stop-shop system for Medicaid
funded long-term care. Access Front Door is in the development phase and is anticipated to
begin rolling out in June 2010.

As mentioned previously, the SLRC program in NH has been integrated and involved in many related programs, including the Systems Transformation project, the NH Family Caregiver Support Program, Senior Medicare Patrol Project, State Health Insurance Program, and the Alzheimer's disease and Related Disorders respite grant program for caregivers. At the

individual site level, the SLRC staff have participated and taken leadership roles in key projects since 2003.

In addition, staff from BEAS and SLRC offices participate in a number of related state agency meetings in order to increase program visibility, coordinate services, and avoid duplication of efforts in the delivery system. Examples include the statewide suicide prevention council, the Veterans Community Programs sub-committee, the statewide elder abuse council, the quality council for the Choices for Independence (HCBC-ECI) program, and the Access Front Door Project through the Department of Health and Human Services.

Conclusion

Implementing, sustaining, and enhancing a state-wide single-point of entry into the long-term care system has proven successful in New Hampshire. Indicators of this success include high levels of satisfaction of SLRC consumers, consistent increase adults and adults with disability contacting a SLRC each year, the development and implementation of streamlining access projects, securing additional funding to support the work, and the establishment of strong partnerships. The successes and lessons learned over the past six years in New Hampshire have provided a foundation from which NH can build to continue to streamline long-term care services. The support from state general funds, other federal funding streams, and the 2009 ADRC Enhancement Grant will continue to sustain the ADRC project in New Hampshire and enhance a person-centered approach for New Hampshire's long-term care system.

Appendix

- A. Evaluation
- B. Long-Term Support Counselor Project
- C. Choices For Independence Guide
- D. NH Direct Care Workforce Project
- E. Uniform Assessment Tool
- F. SLRC Annual Report

A.) Evaluation

ServiceLink Resource Center (SLRC) of Belknap County Consumer Satisfaction Survey

1. What is the primary reason you most recently contacted ServiceLink?

At the ServiceLink Resource Center, we want to continually improve the quality of the assistance we provide to our valued clients. Please tell us about your most recent experience with SLRC by taking a few minutes to complete this survey. Just circle the number of the response that best represents your opinion. If the question does not apply to you, circle the "5". When you're finished, place the survey in the return envelope provided, and drop it in the mail. You do NOT have to put a stamp on the envelope.



1-866-634-9412 www.ServiceLink.org

۷.	Medicare Medicaid	 Long Term Care Planning General Information 		Finding Ser giver Suppo		Other _	
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	C representativ agencies for se	e referred me to the appropriate rvice.		2	3	4	5
7. The SLR(C representativ	e was courteous and friendly.		2	3	4	5
3. I underst	and how SLRC	can assist me	1	2	3	4	5
9. I trust th	e information p	provided by SLRC.	1	2	3	4	5
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L1. I would n	ecommend SLI	RG to a friend or relative.	ore server	2.1			5
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ServiceLink Resource Center Survey

At the ServiceLink Resource Center (SLRC), we want to continually improve the quality of the assistance we provide to consumers and health care providers. We need your help in providing us information about what you as someone who works for a state agency believes about the SLRC. Please tell us about your experience with SLRC by taking a few minutes to complete this survey.



1-866-634-9412 www.ServiceLink.org

Abo	out you and your o	rganization:									
1.	What is the name of	of your Agency	/Department?								
2.	Are you familiar wit		 □ YES - Please continue below □ NO - Check here and return the survey 								
			LRC, please indicate how ne following statements.	Agree	Agr ee <u>Somewhat</u>	Disagree <u>Somewhat</u>	Strongly <u>Disagree</u>	Doesi Appl			
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If you want more information about the ServiceLink Resource Center, please contact Wendi Aultman (<u>WAultman@dhhs.state.nh.us</u>), or call 1-800-351-1888 extension 4640.

ServiceLink Resource Center Survey

At the ServiceLink Resource Center (SLRC), we want to continually improve the quality of the assistance we provide to consumers and health care providers. Please tell us about you're experience with SLRC by taking a few minutes to complete this survey. When you're finished, fold the survey so the SLRC address is on top, and drop it in the mail. You do NOT have to put a stamp on the survey. If you would like to complete this survey on-line, please go to: www.unh.edu/survey-center/nhslrc1.htm



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out you and your organization:						
What is the name of your organization?		<u> </u>	-			
What is your e-mail address?						
What is your title / position / specialty?			<u>.</u>			
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Are you familiar with the ServiceLink Resource Center? ased on what you know about the SLRC, please indicate how srongly you agree or disagree with the following statements. I regularly refer clients to SLRC I am familiar with the type of assistance the SLRC offers. I trust the SLRC to appropriately refer their clients to my organization / practice. I trust the SLRC to make appropriate referrals on behalf of my clients / patients. SLRC staff are very knowledgeable about local services for older adults, persons with disabilities and their caregivers. I would refer clients / patients to the SLRC again. Overall, I am satisfied with my relationship with the SLRC. With which SLRC do you primarily work? 1. Belknap	What is the name of your organization? What is your e-mail address? What is your title / position / specialty? 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Help finding services 11. Other Specify 10. What are the primary reasons you do not refer people to the ServiceLink Resource Center? Do you think the SLRC provides a single point of entry where older adults, persons with discaregivers can obtain information about, and referrals for, long-term support services. YES — Why? NO — Why not? What would be the best way to get you information about ServiceLink? Limit 4. Telephone calls from SLRC staff 6. Other	What is the name of your organization? What is your e-mail address? What is your familiar with the ServiceLink Resource Center? Are you familiar with the ServiceLink Resource Center? DYES - Please continue below NO - Check here and return the survasced on what you know about the SLRC, please indicate how rongly you agree or disagree with the following statements. I regularly refer clients to SLRC I am familiar with the type of assistance the SLRC offers. I trust the SLRC to appropriately refer their clients to my organization / practice. 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DRAFT

GRANITE STATE POLL

FOR

SERVICELINK RESOURCE CENTER

Prepared by:

Tracy Fowler, M.A.

The Survey Center University of New Hampshire

October, 2009

The University of New Hampshire

Survey Center

The UNH Survey Center is an independent, non-partisan academic survey research organization and a division of the UNH Carsey Institute.

The Survey Center conducts telephone, mail, e-mail, Internet, and intercept surveys, as well as focus groups and other qualitative research for university researchers, government agencies, public non-profit organizations, private businesses, and media clients.

Our senior staff has over 40 years experience in designing and conducting custom research on a broad range of political, social, health care, and other public policy issues.

Dr. Andrew E. Smith, Director UNH Survey Center Thompson Hall Durham, New Hampshire 03824 603/862-2226 (voice) 603/862-1488 (FAX) Andrew.Smith@unh.edu

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EXECUTIVE SUMMARY

The University of New Hampshire Survey Center included a series of questions on its September 2009 Granite State Poll for the ServiceLink Resource Center (SLRC). The major purpose of these questions was to assess the level of familiarity and knowledge of New Hampshire residents regarding SLRC. These questions were asked on the February, 2005, October, 2005, November 2006, January 2008, and September 2008 Granite State Polls and several questions were also asked on the Spring, 2004 Granite State Poll.

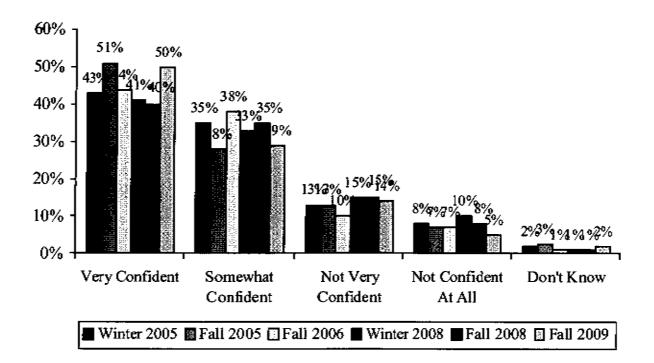
Five-hundred and fifty (502) New Hampshire adults were interviewed by telephone between October 2 and October 9, 2009. The margin of sampling error for survey is +/- 4.2%. (See Technical Report below for a more detailed description of survey methods.) In the February, 2005 Poll an oversample of residents of Belknap and Strafford counties was interviewed so that a better understanding of how aware people in the pilot counties were of the SLRC. There was no oversample in the five subsequent Polls.

The following figures display survey results, detailed tabular results can be found in Appendix A, open-ended responses are found in Appendix B, & the questionnaire can be found in Appendix C.

- Respondents are quite confident that they would be able to find out about long-term support in their community if they, or someone in their household, had a condition or illness that required such support. Fifty percent said they are "very confident" they could find such supports, 29 percent said they are "somewhat confident", 14 percent are "not very confident," 5 percent are "not confident at all," and 2 percent "don't know." There is a significant increase between 2007 and 2009 of NH adults reporting they are "very confident". Figure 1
- When asked who they would contact to find out about long-term support service, 27 percent said they would contact a hospital or clinic, 18 percent would contact their doctor, 13 percent say they would contact a Government office, 11 percent say they would contact the VNA, 9 percent say they would contact a local or state social services agency, and 12 percent say they would contact a family member (8%) or friend (4%). Figure 2
- When asked how familiar they are with ServiceLink only 6 percent say they are "very familiar," 10 percent say they are "somewhat familiar," while 12 percent are "not very familiar," and 72 percent are "not familiar at all." There is a significant decrease between 2007 and 2009 of NH adults reporting they are "not familiar at all". Figure 3
- The great majority of New Hampshire adults have never called ServiceLink (SLRC). Eighty-nine percent of New Hampshire adults say they have never called ServiceLink. There is a significant decrease between 2007 and 2009 of NH adults reporting they have "Never Called ServiceLink". Figure 4
- Of the 11 percent that say they have called ServiceLink (N=44), 46 percent say they were "very satisfied," 30 percent say they were "somewhat satisfied." In the October 2009 Granite State Poll, 10 percent say they were "not very satisfied" and 8 percent say they were "not satisfied at all." Figure 5
 - When asked how they had heard of ServiceLink (SLRC), 6 percent say they heard of ServiceLink from a newspaper, 25 percent from a friend (11%) or family member (14%), 6 percent from a government office, 8 percent say they heard of ServiceLink (SLRC) from a brochure or flyer, 2 percent from a doctor, and 7 percent from a local social service agency. Figure 6
- Fifty-two percent of New Hampshire adults said they are "very likely" and 28 percent say they are "somewhat likely" to call ServiceLink (SLRC) if they, or someone in else their household needed information about services for elderly adults or persons with disabilities in their community. Eight percent say they are "not very likely," 9 percent say they are "not likely at all," and 3 percent "don't know" if they would call ServiceLink if a household member needed it. Figure 7

Figure 1

Confidence in Finding Long-Term Support Services in Community



Who to Contact to Find Out More About Long-Term Support Services (Multiple response possible. Percentages sum to more than 100%.)

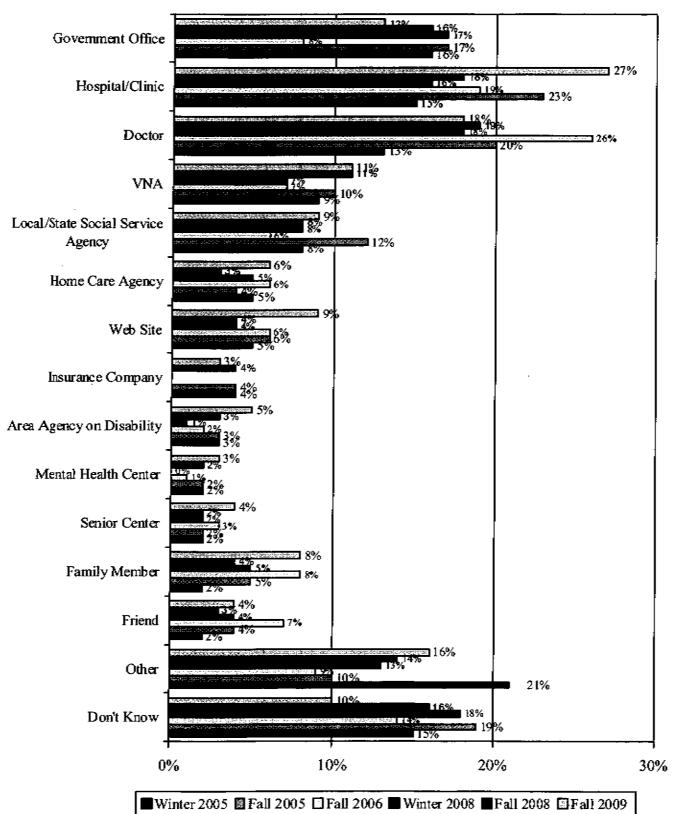


Figure 3
Familiarity with ServiceLink Resource Center Statewide

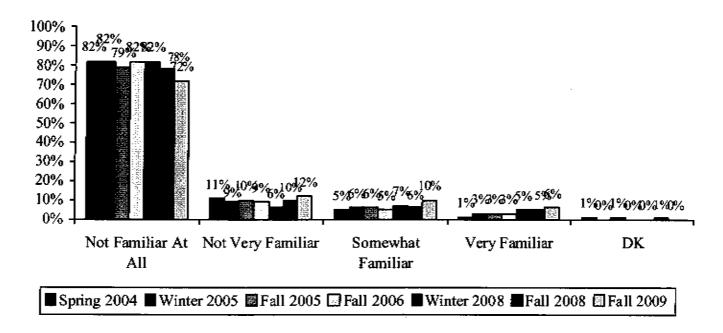
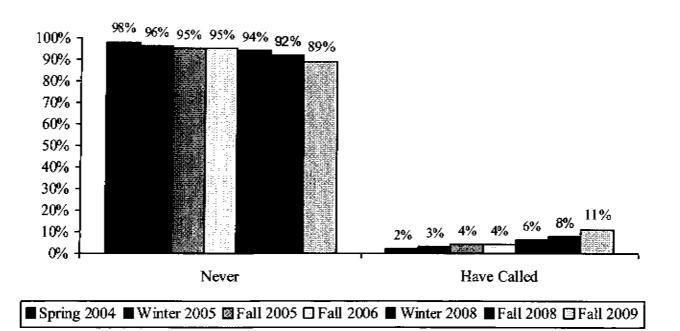
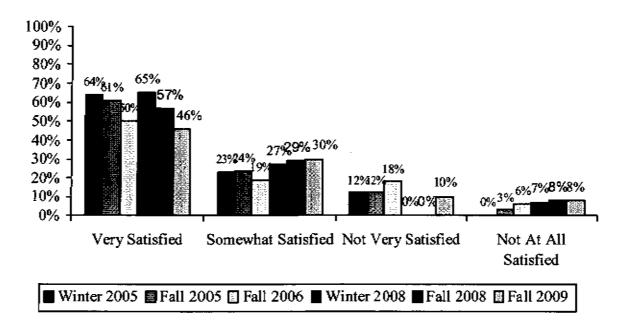


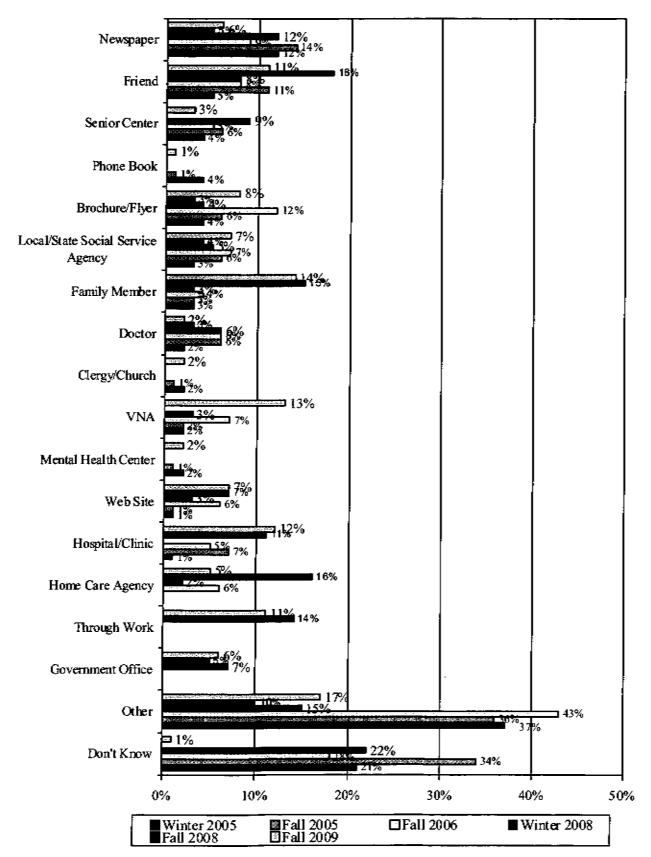
Figure 4
When was the Last Time Anyone in Your Household Ever Called ServiceLink
Resource Center
Statewide



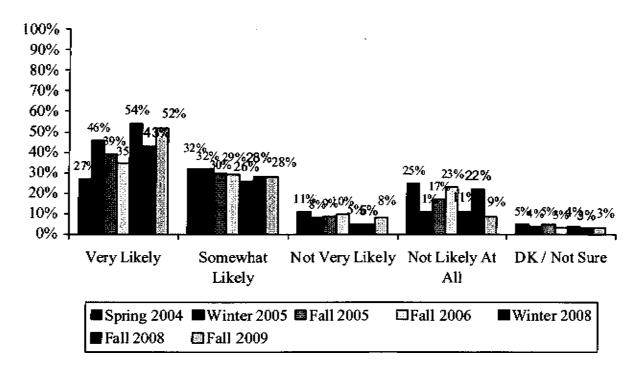
Satisfaction with Information Provided by ServiceLink Resource Center
(Those who said they "have" called ServiceLink)



Where Did You Learn of ServiceLink
(Multiple response possible. Percentages sum to more than 100%.)



Likelihood of Calling ServiceLink Resource Center if Household Member
Needed Information About Elderly or Disability Services
Statewide



TECHNICAL REPORT

How the Sample Was Selected

The Fall, 2009 Granite State Poll was a survey of randomly selected adults in the state of New Hampshire. This survey was conducted using a procedure called Random Digit Dialing (RDD) which is described below.

A sample of households in the area was selected by a procedure known as <u>random digit</u> <u>dialing</u>. The way this works is as follows. First, with the aid of the computer, one of the three-digit telephone exchanges that are currently used in the area (e.g., 772) is randomly selected. The computer then randomly selects one of the "working blocks"—the first two of the last four numbers in a telephone number (e.g., 64)—and attaches it to the randomly selected exchange. Finally, the computer program then generates a two-digit random number between 00 and 99 (e.g., 57) which is attached to the previously selected prefix (772), and the previously selected working block (64) resulting in a complete telephone number — i.e., 772-6457. This procedure is then repeated numerous times by the computer to generate more random numbers, so that we have a sufficient quantity to conduct the survey. The end result is that each household in the area in which there is a telephone has an equally likely chance of being selected into the sample.

The random sample used in the Granite State Poll was purchased from Scientific Telephones Samples (STS), Foothill Ranch, California. STS screens each selected telephone number to eliminate non-working numbers, disconnected numbers, and business numbers to improve the efficiency of the sample, reducing the amount of time interviewers spend calling non-usable numbers.

Each of these randomly generated telephone numbers is called by one of our interviewers from a centrally supervised facility at the UNH Survey Center. If the number called is found not to be a residential one, it is discarded and another random number is called. (Approximately forty-five percent of the numbers were discarded because they are found to be businesses, institutions, or not assigned.) If it is a residential number, the interviewer then randomly selects a member of the household by asking to speak with the adult currently living in the household who has had the most recent birthday. This selection process ensures that every adult (18 years of age or older) in the household has an equally likely chance of being included in the survey. No substitutions are allowed. If, for example, the randomly selected adult is not at home when the household is first contacted, the interviewer cannot substitute by selecting someone else who just happens to be there at the time. Instead, he or she must make an appointment to call back when the <u>randomly selected adult</u> is at home. In this way, respondent selection bias is minimized.

When the Interviewing Was Done

New Hampshire adults in the Granite State Poll were interviewed between October 2 and October 9, 2009. Each selected respondent was called by a professional UNH Survey Center interviewer from a centrally supervised facility at the UNH Survey Center. Telephone calls during the field period were made between 9:00 AM and 9:00 PM.

Response Rates

Interviews were completed with 502 randomly selected adults in New Hampshire from a sample of 4,222 randomly selected telephone numbers. Using American Association for Public Opinion (AAPOR) Response Rate 4, the response rate for the Fall, 2009 Granite State Poll was 30 percent. The formula to calculate standard AAPOR response rate is:

$$\frac{I}{((I+P)+(R+NC+O)+e(UH+UO))}$$

I=Complete Interviews, P=Partial Interviews, R=Refusal and break off, NC=Non Contact, O=Other, e=estimated portion of cases of unknown eligibility that are eligible, UH=Unknown household, UO=Unknown other.

Weighting of Data

The data have been weighted to account for known biases of telephone surveys. The data in the Granite State Poll are weighted by the number of adults and telephone lines within households to equalize the chances that any one adult would be selected for inclusion. The data are also weighted by respondent sex, and region of the state.

Sampling Error

The Granite State Poll, like all surveys, is subject to sampling error due to the fact that all residents in the area were not interviewed. For those questions asked of five hundred (500) or so respondents, the error is +/-4.4%. For those questions where fewer than 500 persons responded, the sampling error can be calculated as follows:

Sampling error =
$$+/-(1.96)\overline{|P(1-P)|}$$

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Where **P** is the percentage of responses in the answer category being evaluated and **N** is the total number of persons answering the particular question.

For example, suppose you had the following distribution of answers to the question, "Should the state spend more money on road repair even if that means higher taxes?" Assume 1,000 respondents answered the question as follows:

The sampling error for the "YES" percentage of 47% would be

for the "NO" percentage of 48% it would be

$$+/-(1.96)$$
 $(48)(52) = +/-3.1\%;$ $1,000$

and for the "DON'T KNOW" percentage of 5% it would be

In this case we would expect the true population figures to be within the following ranges:

APPENDIX A:

DETAILED TABULAR RESULTS

Page 1 of 2 SLRC1: Now let's talk about a different topic ... Suppose you or someone else in your household had a condition or illness that required long-term supports, such as help with bathing or drossing, preparing meals, help with chores, or help with transportation. How confident are you that you could find out about how to get long-term support services in your community if you or someone in your household needed them ... very confident ... not very confident ... not confident at ally.

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The University of New Hampshire Survey Center

Page 2 of 2 SDRCI: "Now let's talk about a different topic ... Suppose you or someone else in your household had a condition or illness that required long-term supports, such as help with bathing or dressing, preparing meals, help with medications, help with chores, or help with transportation. How confident are you that you could find out about how to got long-term support services in your community if you or someone in your household needed them ... very confident ... not very confident at all?

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Page 1 of 6 SLRC2: "Who would you contact to find out more about long-term support services and to arrange to receive them?" (Multiple response possible. Percentages sum to more than 100%.)

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Page 2 of 6 SURC2: "Who would you contact to find out more about long-term support services and to arrange to receive them?" (Multiple response possible. Percentages sum to more than 100%.)

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Page 3 of 6 SLRC2: "Who would you contact to find out more about long-term support services and to arrange to receive them?" (Multiple response possible, Percentages sum to more than 100%.)

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Page 4 of 6 SLRC2: "Who would you contact to find out more about long-term support services and to arrange to receive them?" (Multiple response possible. Percentages sum to more than 100%.)

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Page 5 of 6 SLRC2: "Who would you contact to find out more about long-term support mervices and to arrange to receive them?" (Multiple response possible. Percentages sum to more than 100%.)

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The University of New Hampshire Survey Center

Page 6 of 6 SLRC2: "Who would you contact to find out more about long-term support services and to arrange to receive them?" (Multiple response possible. Percentages sum to more than 100%.)

	Arms Agency Disab on Disability Rights	ility Center	Granite State Independent Living	ServiceLink	Insurance	Other	Don't Know	Number Responding	
All NH Adults, Feb. 2005 All NH Adults, Oct. 2005	8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	* 6	* *	1 -		114	15	543	
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Page 1 of 2

SERCS: "How familiar are you with an information and referral service called the Servicetink Resource Center ... very familiar ... or not familiar at ally?

	Very	Scarchat Familiar	Not Very Femiliar	Not Familiar At All	Don't Know/ Wot Sure	Munber Responding	
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All NH Adults, Sept 2008	# # \$0 \$0	\$ 60 10	10°4	7.07	# 6	1 4 (
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Education High school or less Technical school/Some college College graduate Postgraduate work	ୟ ୧୯ ୧୯ ୨୯ ୧୯ ୧୯ ୨୯	ኞ ፉ ቃ ማ ፕሮርር ነ ተተተተ	ር 4 4 4 2 4 4 ጭ ቁ ሜ ጭ	6 6 7 7 8 8 8 8 8 8 8	8 % & 8 1001	108 108 1169	
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Page 2 of 2

SLRC3: "How familiar are you with an information and referral service called the ServiceLink Resource Center ... very familiar ... somewhat familiar ... not very familiar at all?" ... not

Marchest Marchest		Very Femiliar	Seminate Familiar	Not Very Femiliar	Not Familiar At All	Don't Know/ Not Sure	Musber Responding	
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SLRC4:"As you may know, the ServiceLink Resource Center is a free service that provides information about programs and services that are available to elderly adults and persons with disabilities. Have you or anyone in your household, ever called the ServiceLink Resource Center for information about services available for elderly adults and persons with disabilities?" IP YES: "How recently did you LAST call the ServiceLink Resource Center ... within the last 6 months ... between 6 months and one year ago ... or more than one year ago?"

	Within Last 6 Months	6 Months to 1 Year Ago	More Than 1 Year Ago	Never Called Servicerink	Don't Know/ Not Sure	Number Responding	
All NH Adults, Feb. 2005	8,6	***	y o	3.96	11	543	
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Three or more	æ m	#P.CT	es Se	\$ 10 \$10 \$10 \$10 \$10 \$10 \$10 \$10 \$10 \$10 \$. 4	135	
Children in Household		-		-			
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Two or more	ge P	*0	de⊃ , f	8 C O	1.8	100	

SLRC4: As you may know, the Servicobink Resource Center is a free mervice that provides information about programs and services that are available to elderly adults and persons with disabilities. Have you or anyone in your household, ever called the ServiceLink Resource Center for information about services available for elderly adults and persons with disabilities?" IP YES: "How recently did you LAST call the ServiceLink Resource Center ... within the last 6 months ... between 6 months and one year ago ... or more than one year ago?"

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SIRCS:"How satisfied were you with the information provided by the ServiceLink Resource Center ... very satisfied ... somewhat satisfied ... not very satisfied ... not very satisfied ...

	Very	Somewhat	Not Very Satisfied	Not Satisfied At All	Don't Know/ Not Sure	Mumber Responding	!
All MR Adults, reb. 2005	64%	800	12%	*60	 - 	17	
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NH Adults, Sept	1 00 ·	5		É	ť	1.0	
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Education High school or less Technical school/Somo college College graduate Postgraduate work	27 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	3 2 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	2 4000 ****	# * # # * * © ® © **(0	0 0 T 8 8 8 8 0 0 0	<u>ଜ</u> ନ୍ଦ କୁଷ	
Income Less than \$30.000 \$30.000 to \$34.999 \$45.000 to \$39.999 \$75.000 to \$99.999 \$100.000 or more	\$ 6 4 4 4 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	е 40 □ 0 40 00 6 ₹ஆೄ€‰&₹	98889 00330 0737 0747	###### NOONCO M	\$ \$ \$ \$ \$ \$ \$ \$	ሁ∺ጠጠ��	
Marital Status Married Divorced/Separated Never married	4 N N O	ಕರ್ನ ಅತ್ಯ ೧೭+	100 100 100 100 100 100 100 100 100 100	1 4 4 8 3 4 8 4 8 4 8 4 8 4 8 4 8 4 8 4 8	శశశ యంట	30 100 8	
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Page 2 of 2

The University of New Hampshire Survey Center

SIRCS: "How satisfied were you with the information provided by the ServiceLink Resource Center ... very satisfied ... somewhat satisfied ... not very satisfied ... not very satisfied ... not very satisfied ... not very satisfied ...

	Very Satisfied	Somewhat	Not Very Satisfied	Not Satisfied At All	Don't Know/ Not Sure	Mumber Responding	;
NH Adults, Feb.	64%	234	12%	*60		3.7	
MH Adults, Oct.	614	26%	12%	38		. .	
MH Adults, Mov.	100%	201	7.91	ť	**	នី	
į	g no	274	1	7.8		78	
MH Adults, Sept	575 578	*600	•	49	**		
	¥97	30%	10%	\$	ń	1	
Religion							
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Other	588	168	168	101	9 45	, o	
Party Identification							
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Independent	613	90	H 100	901	12.5	0 0	
Republican	38%	548	*0	80	80	111	
Political Ideology							
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Region							
North Country	798	#	a c	410	d	ı	
Central / Lakes	48%	e e e e e e e e e e e e e e e e e e e	: of 0	o de Lic	1 31	`_	
Connecticut Valley	618	39) & (C)	: # **	9 0	1 4	
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Page 1 of 4

SLRC6:"How did you hear of the ServiceLink Resource Center?" (Multiple response possible. Percentages sum to more than 100%.)

	Family Member	Friend	boctor	Clergy	Wab Site	Phonebook	Mavepaper	Brochure/ Flyer	Local Social Service	VIXIA	
All NH Adults, Feb. 2005 All NH Adults, Oct. 2005 All NH Adults, Nov. 2006 All NH Adults, Sept. 2008 All NH Adults, Sept. 2008 All NH Adults, Oct. 2009	**************************************	11 8 8 4 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	166611	55555	41886	55555	24848	១ ៩ភ្នូនគរ	46484	****	
Pilot/Non-Pilot Counties Belknap & Strafford Counties Non-Pilot Counties	25 25 25 25 25 25 25 25 25 25 25 25 25 2	6 48 08 88	ಕಾಕ್ ರಣ	'arar IOM	10%	1 0N	ტ ტ ტ ტ ტ ტ	100 g	39 86	# & # 100 00 100 100	
Sex of Respondent Male Female	78 73 73 74 75 75 75 75 75 75 75 75 75 75 75 75 75	08 158	0 / 0 /	% % %	୫୫ ୯୯ ୯	## 001	178 288	11 748 748	10%	1 49 49 49	-
Age 18 to 29 30 to 39 40 to 49 50 to 59 60 to 69 70 or older	4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	******** *****************************	ನಿಧರಿಗಳಲ ನಿಹಹಕಾಹಕಾಕ	******	2000 0000 0000 0000 0000 0000 0000	3000CC	####### 600000 0	2 000000 8888888	000m 600m 600m 600 600 600 600 600 600 6	11 11 000 12 12 00 000 13 14 14 14 14 14 14 14 14 14 14 14 14 14	
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The University of New Hampshire Survey Center

SDRC6:"How did you hear of the ServiceLink Resource Center?" (Multiple response possible. Percentages sum to more than 100%.)

	Family Member	Friend	Doctor	Clergy	Web aite	Phonebook	Мемерарат	Brochure/ Flyer	tocal Social Service Agency	VNA	
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Political Ideology Liberal Moderate Conservative	446 446 446	44 20 44 44 44 44 44 44 44 44 44 44 44 44 44	400	900 969		. #*# 000	୦ ୦ ୦ ୦ ୦ ୦ ୦ ୦ ୦ ୦ ୦ ୦ ୦ ୦ ୦ ୦ ୦ ୦ ୦	. *** 1 0~9 1 d	9 8 8 8 0 1 1	11 0 0 0 0 0 0 0 0 0	
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The University of New Hampshire Survey Center

SLRC6:"How did you hear of the ServiceLink Resource Center?" (Multiple response possible. Percentages sum to more than 100%.)

	Home Care Agency	Sentor	Hospital/ Clinic	Mental Health Center	Government Office	Through	Other	Don't Know	Number Responding	
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Education High school or less Technical school/Some college College graduate Postgraduate work	100 H 38 88 88	0000 0000	00081 8888	ස ක හෙ ග ටටට	4 8000 88888	44444 7000 7000 7000	2 2 2 2 2 2 2 2 2 3 3	****	ବବର ଅ	
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Children in Rousehold No children One Two or more	700 888	400	44 1140 444	ଜୀ ୦ ୦ ୧୯ ୦ ୦	4. 4.4.0 8.8.8	4 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	640 888	# # # H O O	ସ ମସ ମ	

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The University of New Hampshire Survey Center.

SLRC6. "How did you hear of the ServiceLink Resource Center?" (Multiple response possible. Percentages sum to more than 100%.)

	Home Care Agency	Senior	Hospitel/ Clinic	Mental Meatth Center	Government Office	Through	Other	Don't Know	Number Responding	
NH Adults, Pab.	కికే	* 6	7.2	0 % 0 %	కేక	***	37%	214	80.0	
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Independent	*: O :	æ .	# PP T	80	*0	178	278	90	10	
Republicand	# 0	æ €	4.7	œ œ	# O	24%	143	30	10	
Political Ideology										
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Years Lived in MK										
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11 to 20 years	*	99	: #) de	e et	e de Sur	P 4	F d	₹ • LI	
More than 20 years	7.8	4.	118	age ons	P OP 1 VO	134	P 69 0 61 1 1 1	F AP	33.0	
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Central / Lakes	i C	Pa	e at	e a n c H	F 4	57.0 10.0 10.0 10.0 10.0 10.0 10.0 10.0 1	# 6 79 0	# : • •	ı,	
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October, 2009 Page 1 of 2

The University of New Hampshire

Survey Center

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SLRC7:"If you or someone else in your household, needed information about services for elderly adults or persons with disabilities in your community, how likely would you be to call the Servicebink Resource Center ... very likely ... somewhat likely ... not very likely ... or not likely at all?"

	Very Libely	Somewhat	Not Very Likely	Not Likely At All	Don't Know/ Not Sure	Number Responding	
NH Adults, NH Adults,	39%	32%	**	11.9	3 3	14.2	
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Age 18 to 29 30 to 39 40 to 49 50 to 59 60 to 69 70 or older	4400000 9304443 833883	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	11 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	111 110 40 0 40 40 40 40 40 40 40 40 40 40 40	ಕ್ಕ್ಕಿತಿ ೧೦೧೦೧೮	28 47 104 151 695	
Education High school or less Technical school/Some college College graduate Postgraduate	ភាសាគ្ន ភាពាម ភាពសាម ភាពសាម	20 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	ଦ ଓ ପ୍ର ବିଷ୍ଟେଶ୍ୟ ବିଷ୍ଟେଶ୍ୟ	11 88 11 88 88 88	. ಅಕಾತಾತ್ ಅಕಾತಾತ್	108 105 1169	
Income Less than \$30,000 \$30,000 to \$54,999 \$45,000 to \$59,999 \$60,000 to \$99,999 \$100,000 or more	, 10,000,000 10,000,000,000,000,000,000,	******* *****************************	መድያቄ ህ ተንዘነ ላ ሀነ ተ ተ ነ	4 4 0 U C U 4 4 0 W C U U 8 8 8 8 8 8 8 8 8 8	###### 900mm00	1 6 5 3 3 6 8 3 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	
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Page 2 of 2

SLRC?: "If you or someone else in your houschold, needed information about services for elderly adults or persons with disabilities in your community, how likely would you be to call the ServiceLink Resource Center ... very likely ... somewhat likely ... not very likely ... or not likely at all?"

	Very Likely	Somewhat Likely	Not very Likely	Not Likely At All	Don't Know/ Not Sure	Number Responding	
Adults, Fab.	197	324	768	11%	=	542	
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Other	424	40%	- OC	> sp	Par N	128	
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Republican	468	298	æ	148	: ଶ	156	
Political Ideology							
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Conservative	467	248	æ ₹1	158	139	1 cf	
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HE UT DEATH STATE							
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o to 10 years	44 44	868	e Grand	12%	12.5	41	
11 to 20 years	909	218	10%	7 26	## #1	105	
More than 20 years	50 CG	30%	7.8	10%	1 de 1 m) sr	
•							
Region							
North Country	658	218	SP III	es Co	d¶ en	25	
Central / Lakes	518	## AM	## PF	802	1 4	1 20	
Connecticut Valley	# # P	96) (F	o ag	- d	700	
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Executive Council Districts							
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oth District	468	120	# Oi	118	58	104	

APPENDIX B:

OPEN-ENDED RESPONSES

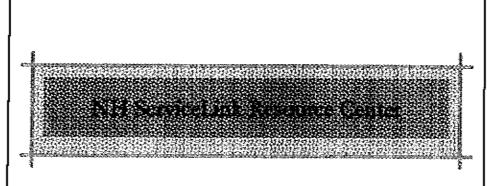
SLRC2: "Who would you contact to find out more about long-term support services and to arrange to receive them?" (Multiple response possible. Percentages sum to more than 100%.)

- Prayer partner
- Insurance company
- Easter seals
- "our insurance company"
- Employer
- Home health
- Churches
- State
- Senor center
- Local care givers
- Insurance company
- Local hospice
- T T
- Insurance company
- Keene visiting nurses association
- Probably a health and human services center
- Town hall
- Social workers
- Health and human services
- Self knowledge
- VNA local home care service
- He would research to see who he would contact
- Care van, hand in hand van. Will drive you to your appts.
- Start with the town hall
- My insurance
- · Gateway for the seniors run in Nashua
- Public library
- Medical equipment supplier
- Church and counseling services
- Social services
- · Health & human services
- Town hall
- Check with insurance
- Service link
- Do some research first
- Library
- Works for VNA
- Medicare
- HMO, husband in the service
- Insurance agency and community care givers
- Herself
- Human and social services
- Department of health and human services through the state of new Hampshire
- CTS transportation
- ServiceLink
- United way
- Various support agencies in the Keene area.
- Hospice
- · Put an add in the paper to take care of his wife
- A social worker in Boston
- My insurance company
- Internet

- Health and hospice
- Internet
- CMC
- ServiceLink
- Different programs
- Geriatric care manager
- Medical colleagues
- Local church
- Through Dartmouth
- Charitable organizations
- Insurance
- Medical insurance and through the teamsters union
- Insurance company
- · Social worker or welfare agency
- Internet
- Town hall
- Town hall
- Health care provider
- ServiceLink
- State agency
- Health and hospice and community resource
- VNA
- Call 211
- Hospice
- Insurance agency
- Insurance provider
- Someone I work with
- Use the internet
- Health department

SLRC6: "How did you hear of the ServiceLink Resource Center?" (Multiple response possible. Percentages sum to more than 100%.)

- · Used to work at NH help line
- New Hampshire human services department.
- Works in the health community
- His daughter works at Easter Seals and steered him to go there
- The storefront right downtown
- The office is in the same building as her office.
- HMO
- Through volunteering
- In the medical field, so from work
- Senior housing.
- They just showed up
- Through work
- A radio program on N.P.R.
- District office
- Professional contact
- I'm a registered and certified nurse.
- TV
- Social services



Evaluation Update November 17, 2009

November 17, 2009

SLRC Evaluation Update

- ➤ Customer Satisfaction Surveys
- ➤ Granite State Poll
- ➤ State Agency Surveys*
- ➤ Provider Surveys*
- ➤ Hard-to-Reach Provider Survey*

*These surveys will be completed in the spring 2010

November 17, 2009

UNH Survey Center





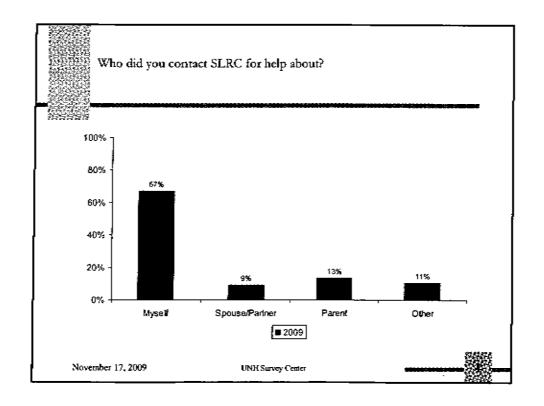
Customer Satisfaction Goals

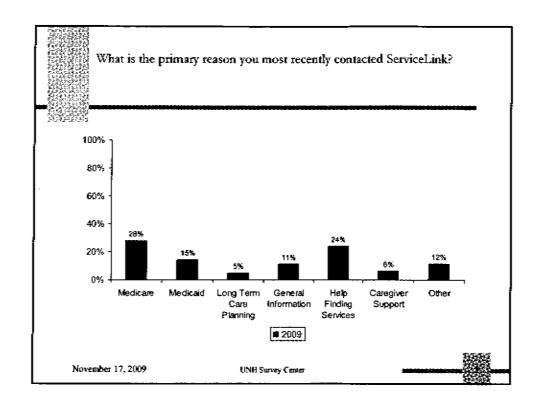
- > 90% + (of people who give a valid answer) will agree with each statement
- > Have achieved this level of satisfaction in all areas.
- Since the SLRC provides coverage across the state, all data is now presented for the entire state instead of pilot Counties only.
 - This report reflects changes that were made to the survey in April 2009

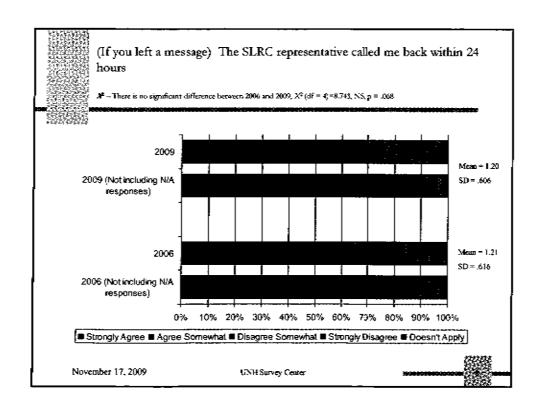
November 17, 2009

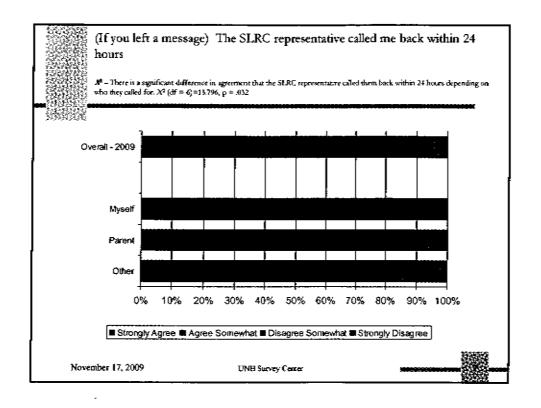
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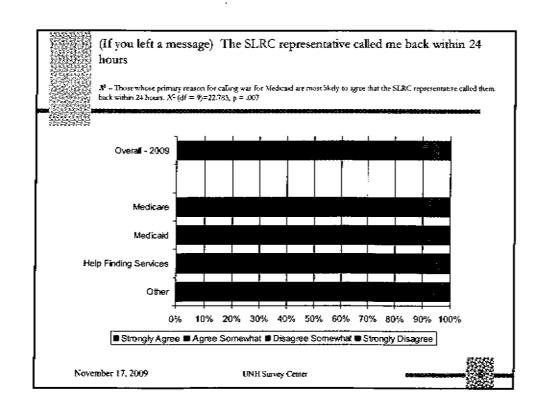


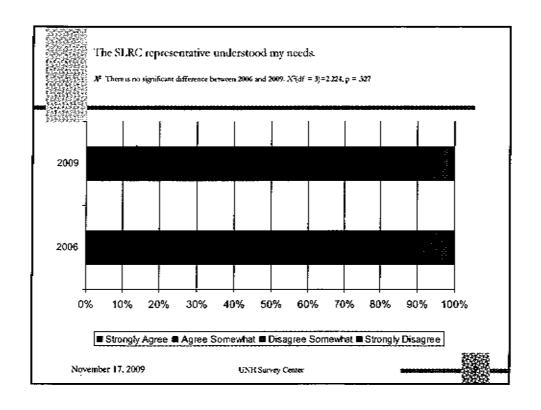


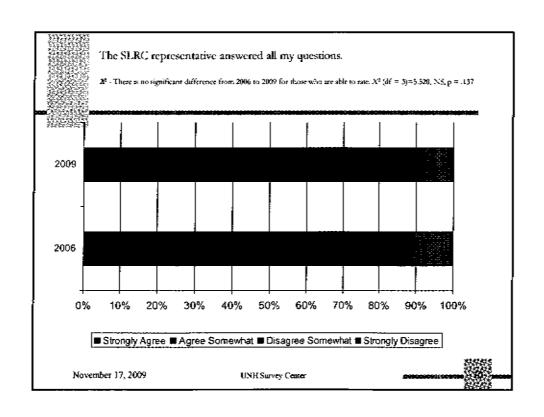


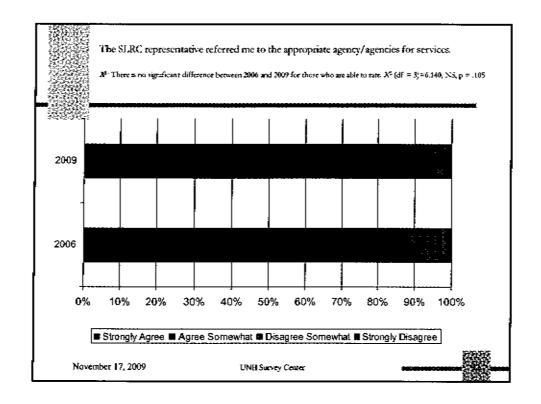


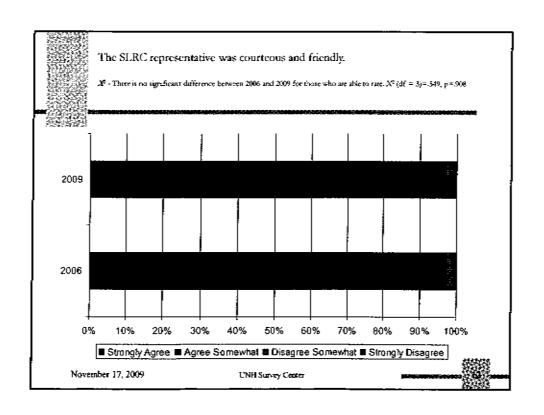


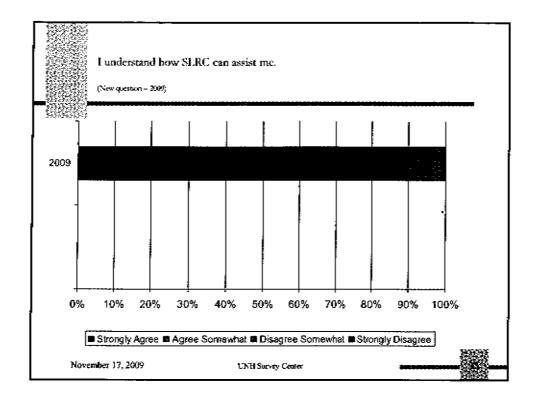


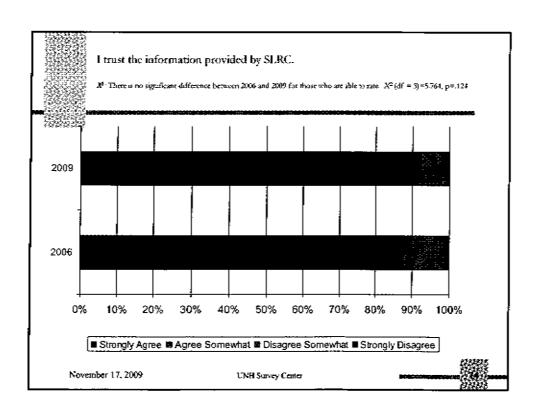


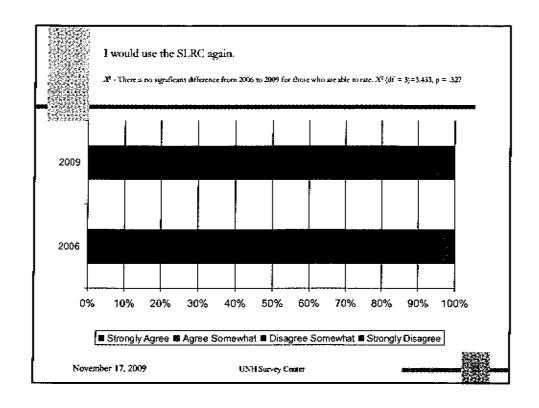


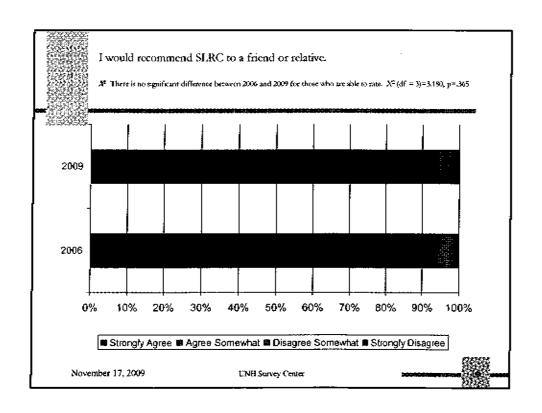


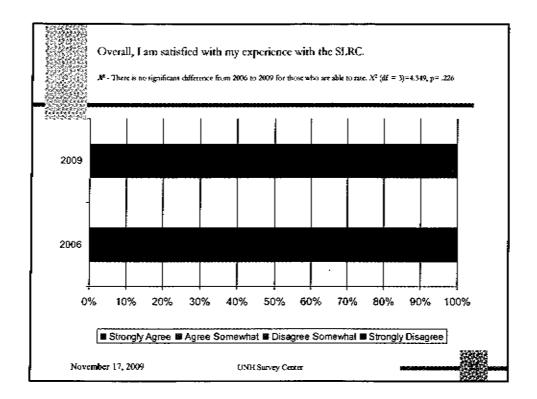










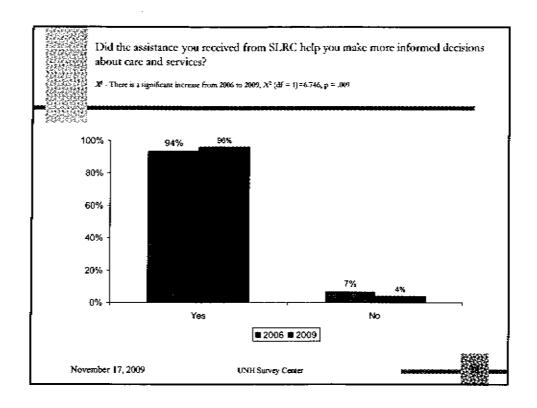


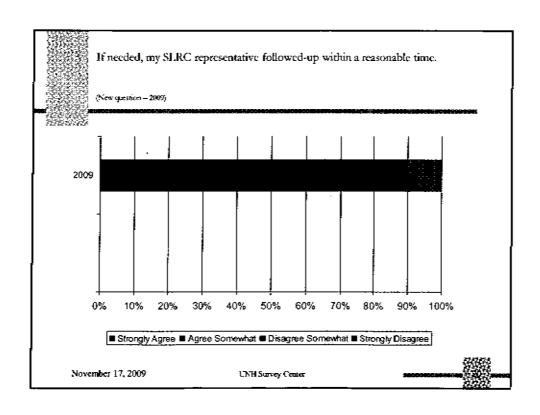
During this most recent contact, was there a staff member that was very helpful? If yes, please tell us about your experience?

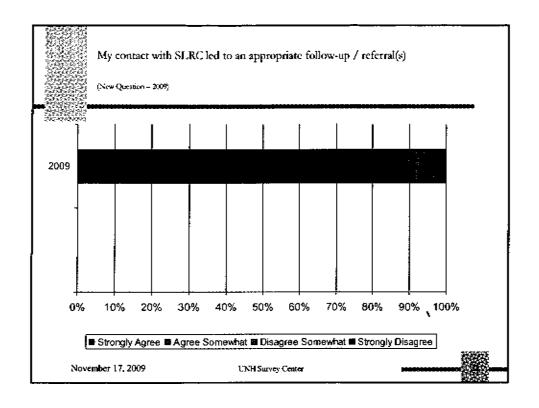
- ➤ Out of 759 completed surveys in 2009 with the new format, 595 responded to this question (78%)
- ➤ Below is a sample of responses
 - Eager to help. Very knowledgeable and helpful
 - Every staff member I was in contact with was 100% helpful
 - Every staff member that I have used has been more than helpful and very polite. They couldn't be nicer!!
 - Explains everything to me, is very funny and great to work with.
 - Helped me to know when to use the prescription drug insurance, and when to go to Walmart, ect.
 - I am from out of state and communicated mostly by email. I received very prompt response
 - Your staff member was height and efficient and I left very satisfied.

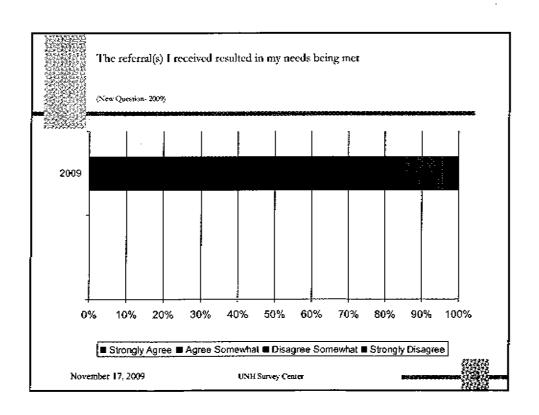
November 17, 2009

UNH Survey Center











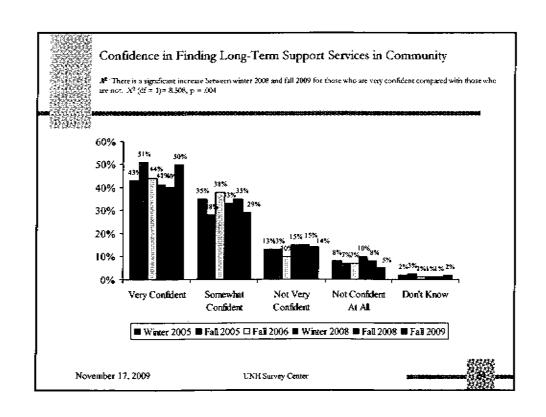
Granite State Poll

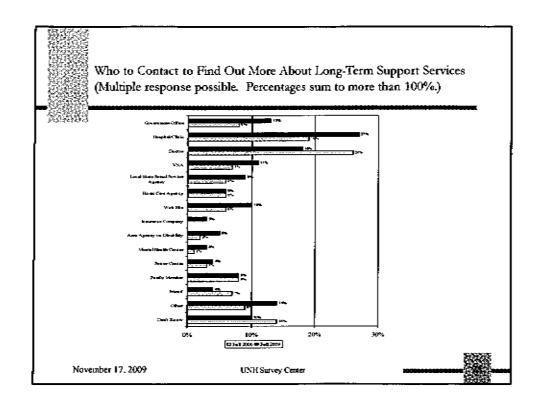
- > Since the SLRC provides coverage across the state, all data is now presented for the entire state instead of pilot Counties.
 - Awareness: 30% of NH adults will be "very" or "somewhat" familiar with ServiceLink name
 - o Has not been achieved
 - <u>Likelihood of Using</u>: 75% of NH adults will be "very" or "somewhat" likely to call ServiceLink if they needed information
 - o Achieved

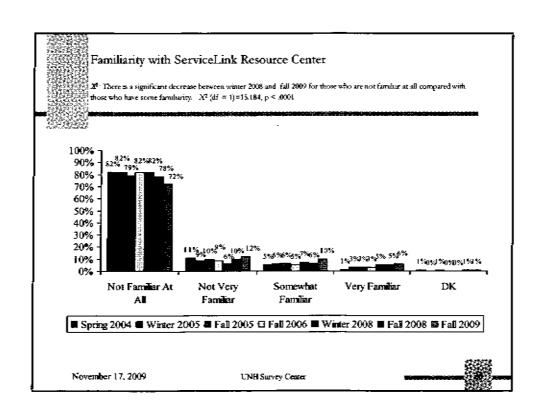
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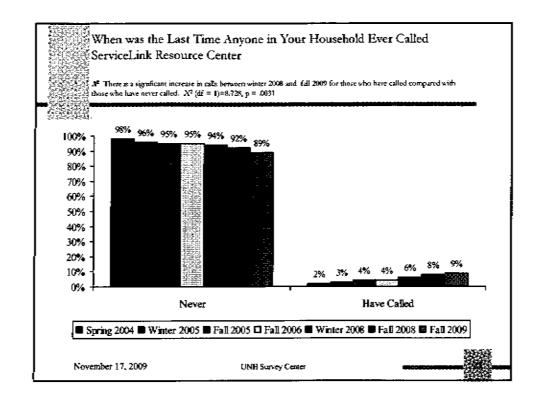
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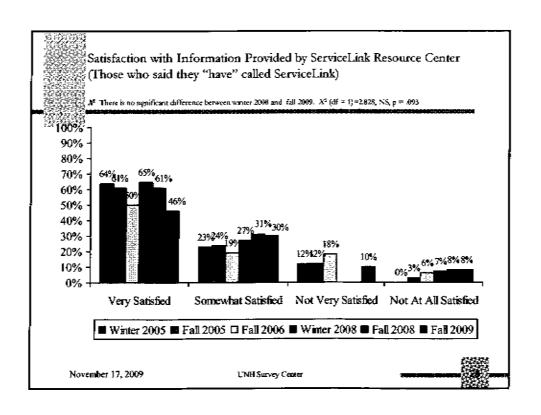


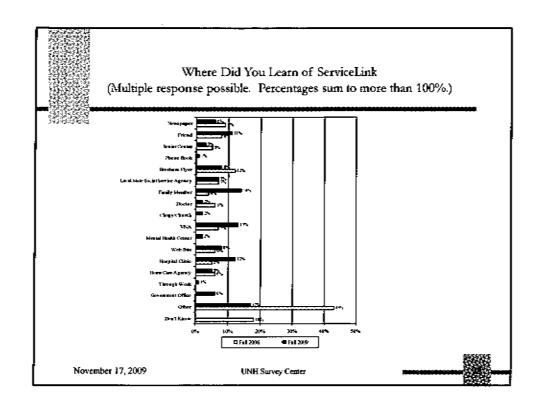


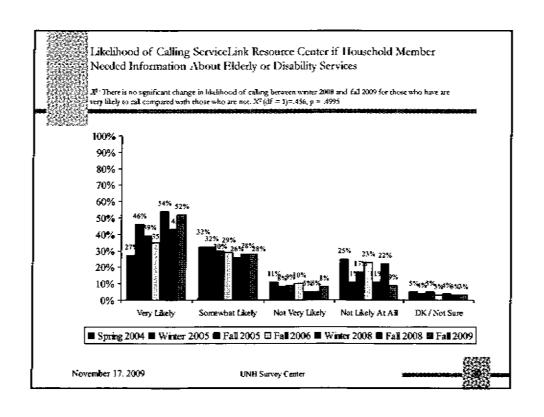












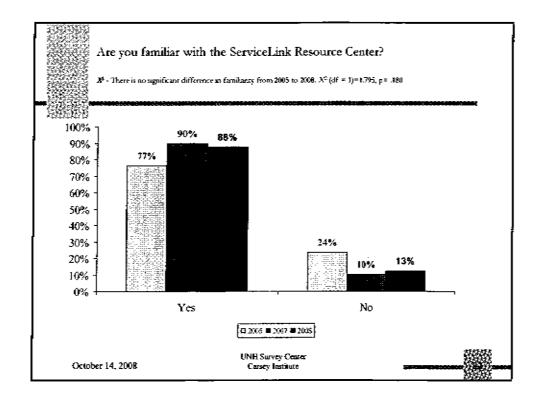
Provider Survey

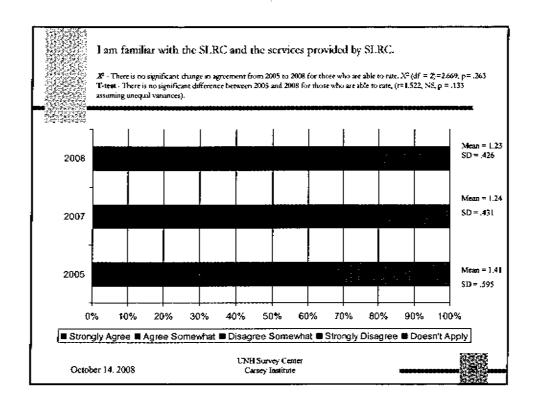
- Surveys sent to providers identified by SLRC staff (this year we have assumed all providers to be of the same awareness level). For comparison purposes, aware and unaware providers have been combined in past years.
- Surveys mailed to providers and data collected in Spring 2005 & 2007, and summer 2008
 - · 40 Completed surveys (22% RR)
- 90% of selected long term support providers in the geographical area served by the SLRC (PCPs, hospital discharge planners, ER staff) will be aware of SLRC and options for community-based long term support
- The provider survey measures only those providers identified in Strafford and Belknap Counties (This will go statewide next year)

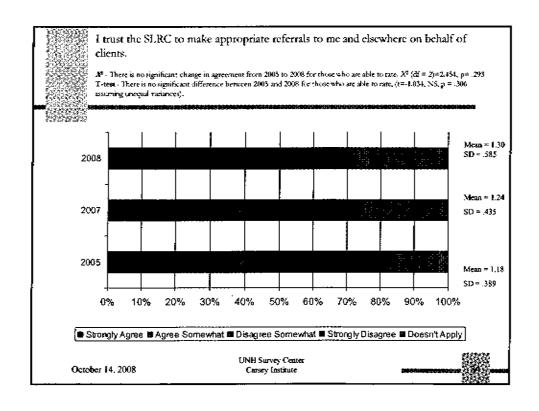
October 14, 2008

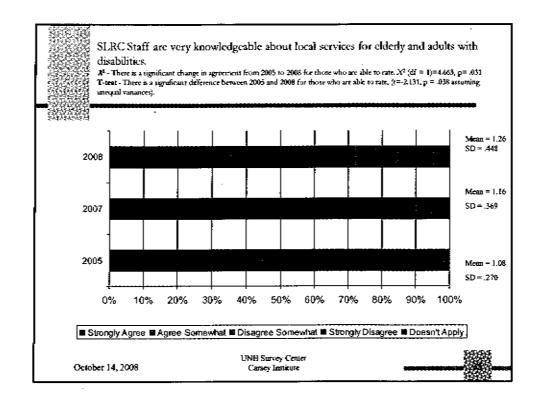
UNH Survey Center Carsey Institute

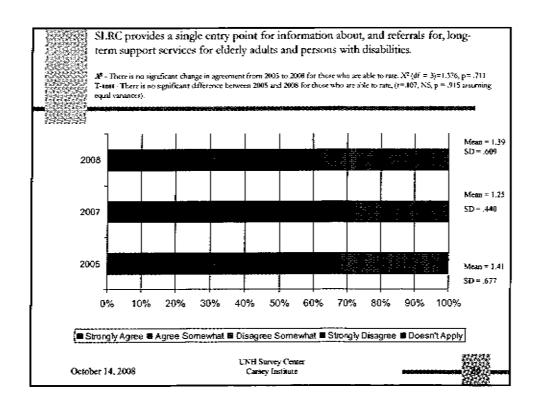


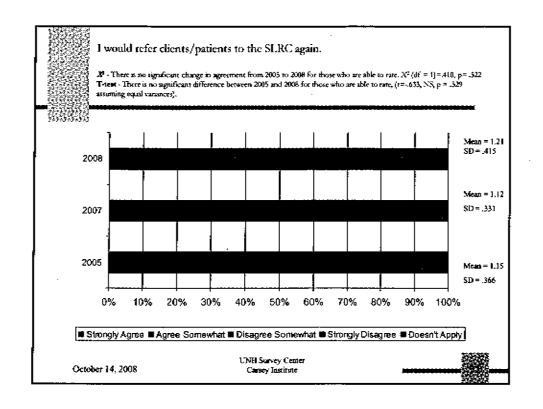


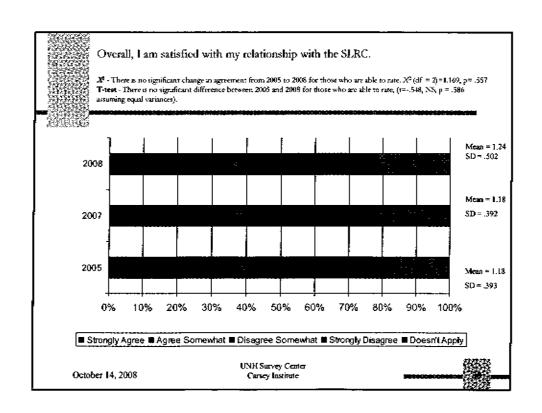


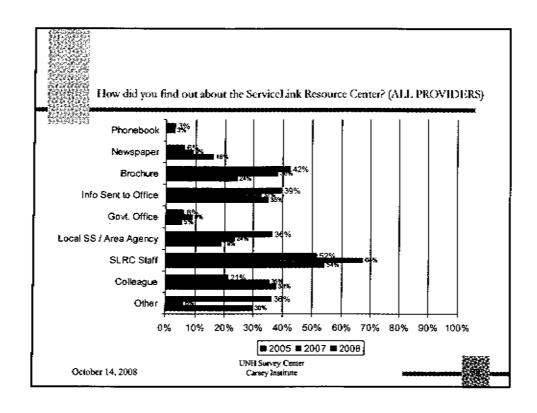










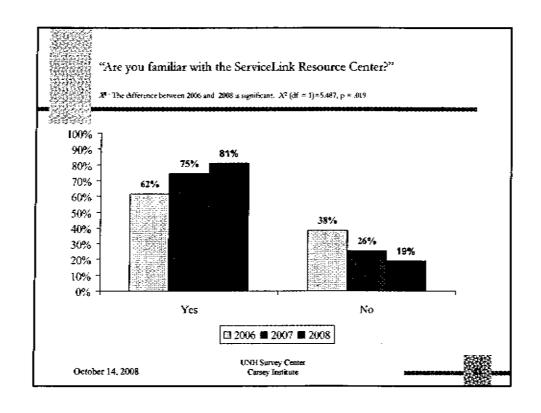


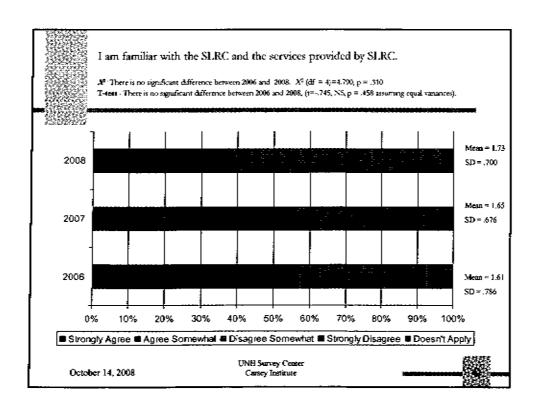
Hard-to-Reach Survey

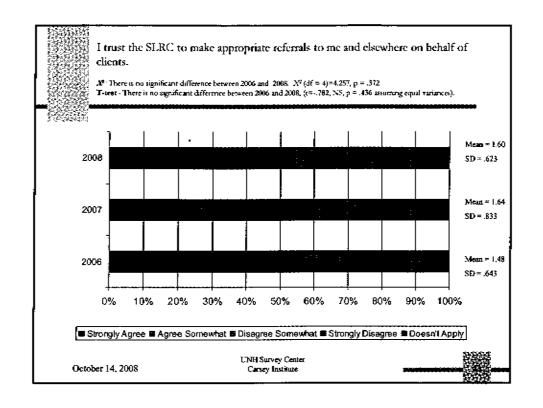
- Surveys sent to hard-to-reach providers identified by SLRC staff in Strafford and Belknap Counties (This will go statewide next year)
- Surveys e-mailed or mailed to staff and data collected in August 2008, March 2007 and June 2006
 - · E-mail
 - o E-mails sent = 276
 - Mail surveys sent = 15
 - o Total = 291
- > Number of Respondents & Response Rates
 - · 2008 Total: 82 28%
 - 2007 Total: 51 14%
 - 2006 Total: 47 13

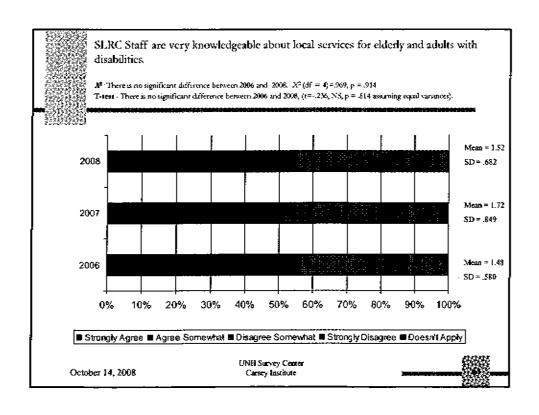
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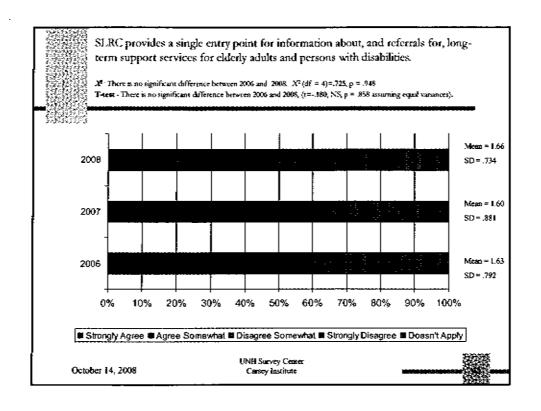
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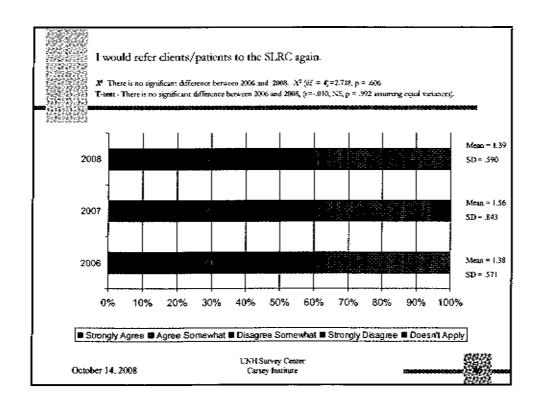


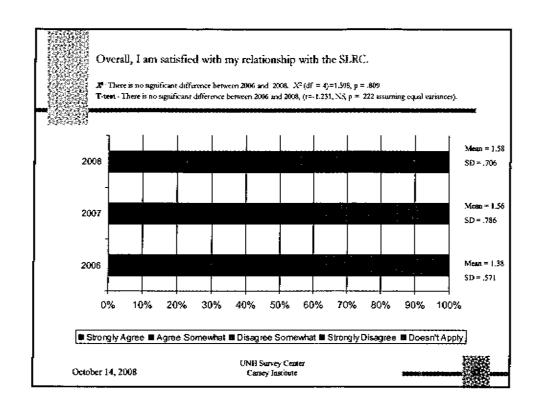


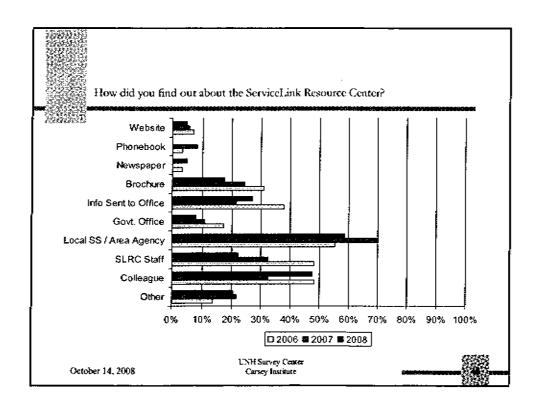


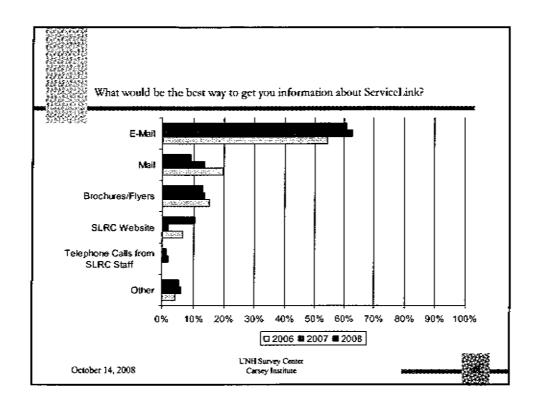










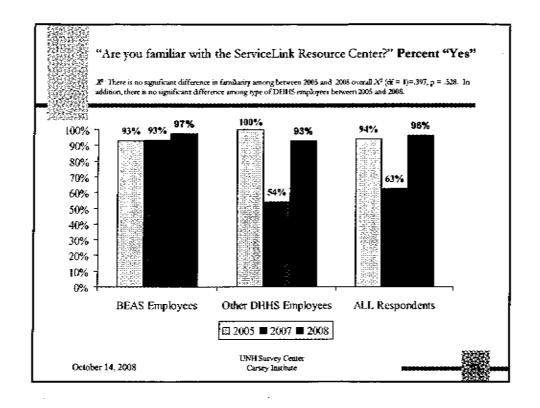


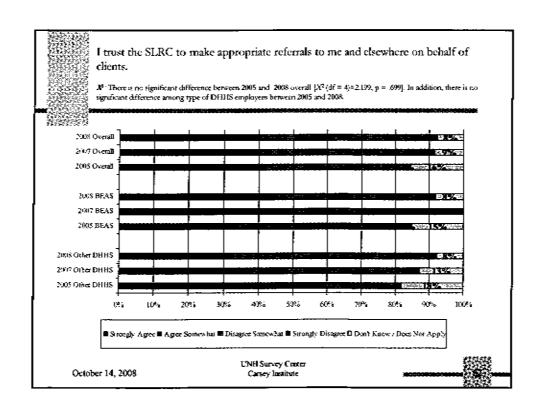
State Agency Survey

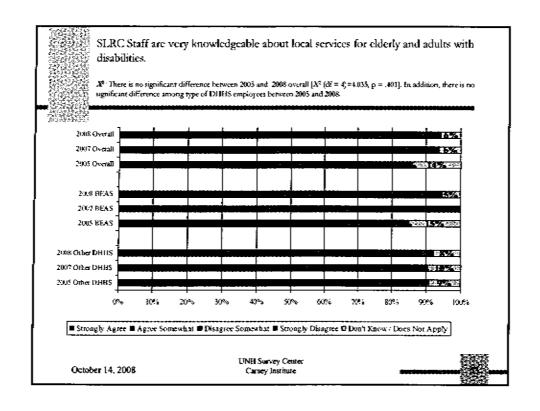
- > Surveys sent to staff at over 30 agencies identified by SLRC staff
- State Agency Survey
 - Fielded in Spring, 2005 & 2007 and Summer 2008
 - · Conducted by e-mail
 - o 2008 54 completed
 - 。 2007 80 completed
 - 2005 65 completed
- ➤ Most respondents (74%) are DHHS BEAS employees.
 - · 2008 74% BEAS
 - 。 2007 20% BEAS
 - 2006 83% BEAS
- Soal After 3 years, 90%+ of relevant state agencies will be aware of SLRC role and how it relates to their program.

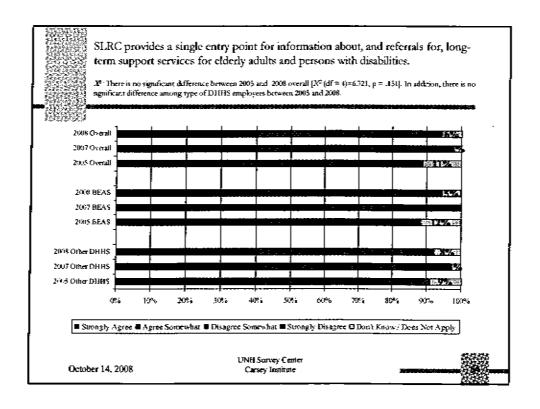
October 14, 2008

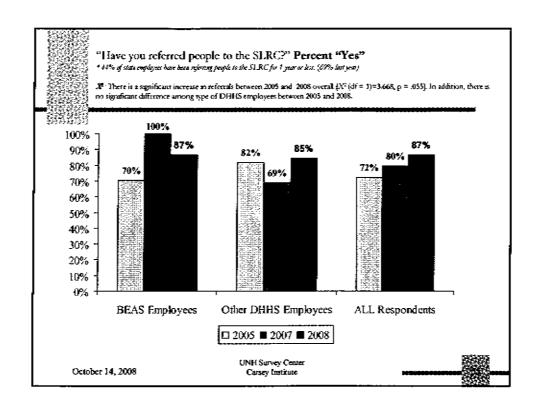
UNH Survey Center Carsey Institute

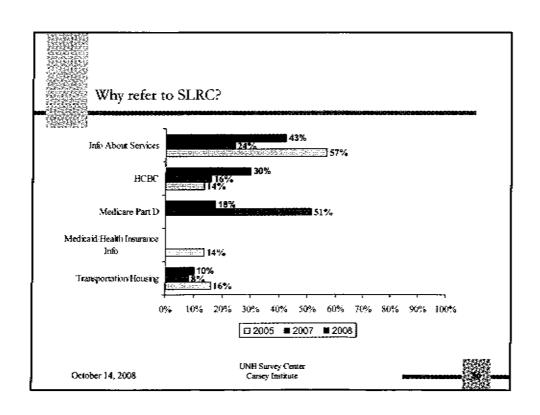


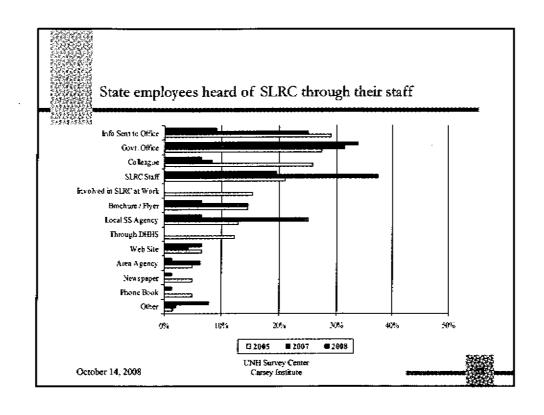


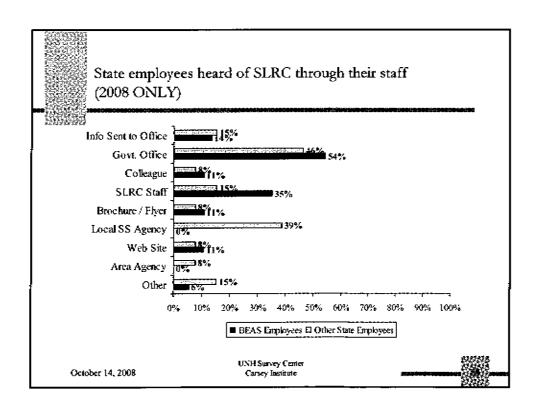












B.) Long-Term Support Counselor Project

Proposed Competencies

ServiceLink Resource Center Long Term Support Counselor

Competencies are a tool for defining skills and abilities, behaviors and motivations needed to perform a specific role or activity. They can be used to determine potential employees abilities to fulfill role responsibilities as well as for measuring performance, recommending training and professional development needs, career planning, and promotion or lateral transfer of current employees. Orientation to the long term support counselor role and responsibilities should include a competency assessment to determine the current level of achievement. Opportunities will need to be provided for attaining basic competence within a stated time frame. In addition to basic competence, long term support counselors are expected to seek advanced levels of competence through continuing education, workshops, seminars, courses and other forms of self development. The organization and managers will need to ensure that LTSC are provided resources including time and educational support to achieve basic and advanced level of competency.

Competencies can be used not only to measure performance but to improve performance. If competencies are to be used as part of performance evaluation, managers should be trained in how to evaluate competencies. The long term support counselors should be informed on conducting self evaluation based on competencies. It will be necessary to develop consensus on the level of performance (behaviors, motivations, contributions, skills, knowledge) needed to meet the standards of acceptability as well as advanced standards.

It is essential that there be congruity between job description, standards of practice, competencies, and performance criteria if the evaluation process is to be effective in measuring performance, improving performance, and motivating staff to grow professionally and be committed to improving the quality of care.

Actively pursues new knowledge and skills as the Long Term Support Counselor role, services available, benefit criteria and options for long term support evolve.

Serves as leader and partner in SLRC teams, interprofessional, intra professional and intra agency relationships for advancing and advocating for services for older adults and people with disabilities and their families.

Communicates effectively orally and in writing to achieve quality outcomes in assessment, planning, coordination and integration of services for consumers.

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Participates in cost and outcome evaluation and quality improvement activities such as developing, collecting, analyzing, or interpreting current program data; designing, developing, implementing or evaluating new programs; sitting on committees to evaluate or improve services; and bringing issues of concern to the attention of SLRC managers and other appropriate venues to improve services.

Maintains ethical and professional behavior in fulfilling long term counselor role responsibilities, accountabilities, and obligations.

Demonstrates commitment to person centered counseling with attention to consumer preferences, strengths, culture and individual situation when meeting with consumers and their representatives.

Recognizes and promotes consumer strengths and abilities when considering current and future needs and preferences for long term care options and services.

Uses information resources and technology to ensure up to date information and services to consumers and to improve long term planning processes and outcomes.

Assumes professional accountability for quality of counseling services including assessment, planning and coordination of services, and follow up based on consumer needs, preferences and individual situation.

Uses effective active listening and presentation skills including current information, materials and technology to promote education about long term support counseling services to consumers, organizations, communities, partner agencies, and peers.

Proposed Standards of Practice

ServiceLink Resource Center Long Term Support Counselor

Introduction

The role of the LTSC is a specialized one. Individuals currently in the LTSC role come from a diverse set of educational backgrounds and career experience resulting in a wide variation in practice. This diversity makes it difficult for LTSC to monitor their own practice and for others to determine if they are meeting practice expectations. Standards of practice help maintain the integrity of the long-term support counseling role and process.

- Standards of practice establish, define and maintain uniform expectations for meeting the goals, outcomes and professional performance of long-term support counselors and the long-term support counseling process. Practice standards respect the necessity for LTSC to use independent judgment when working with consumers and facilitating decision-making.
- Standards are used to guide the self assessment, self evaluation and professional development of the individual long term support counselor, provide consumers and the general public with a better understanding of the services and responsibilities provided and for employers, managers, and other stake holders to measure actual performance.

The proposed standards outlined below are based on insights and perspectives of individuals familiar with LTSC role and process, review of the literature, and expert opinion.

- The Long Term Support Counselor uses professional knowledge and skills in providing person centered care to consumers.
- The Long Term Support Counselor ensures that consumers and their representatives are active participants in all phases of the long term care assessment, planning and decision making process.
- The Long Term Support Counselor collaborates with the consumer in conducting a confidential, comprehensive assessment and developing a plan consistent with consumer preferences for current or future long term services.
- The Long Term Support Counselor uses principles of informed consent and confidentiality to ensure consumer's understanding and agreement in all phases of the long term support counseling assessment, planning and decision making processes.

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- ♣ The Long Term Support Counselor negotiates with the consumer in conducting referral, follow-up and home visits to ensure agreed upon services and activities are meeting consumer needs, preferences and satisfaction.
- ♣ The Long Term Support Counselor negotiates, collaborates and coordinates with consumers, families and providers when planning and managing availability, accessibility and delivery of direct services and benefits.
- The Long Term Support Counselor advocates at the system level for accessibility and availability of needed services and benefits.
- The Long Term Support Counselor actively engages in evaluative and quality assurance activities to ensure consumers receive effective and satisfactory activities, services and care consistent with the self defined needs and preferences of consumers.
- The Long Term Support Counselor uses reflective practice, peer support and counseling and ongoing education and training to ensure professional responsibility, professional accountability and implementation of best practice standards in providing activities, services and care to consumers.
- The Long Term Support Counselor engages in interprofessional, intraprofessional, and interagency cooperation and education to promote awareness of long term support counseling services on behalf of current and future consumers.

Proposed Job Description

ServiceLink Resource Center Long Term Support Counselor

Title:

Long Term Support Counselor

Basic Purpose:

The Long Term Support Counselor, under the direction of the ServiceLink Resource Center Manager, provides person centered needs assessments, counseling and referrals, preliminary care planning and short-term tracking based on consumer needs, preferences and situational context for persons in need of Long Term Supports.

(Essential) Accountabilities:

- Performs person centered comprehensive needs assessments, including mental, physical, functional, cultural, financial, environmental, and life goals to determine appropriate referrals;
- Provides clinical eligibility counseling and financial prescreening for State and Federal Programs;
- Develops preliminary care planning, long term support counseling, conducts information gathering and provides limited follow-up based on consumer preferences;
- Assures all client records are maintained accurately by following LTSC documentation policies and Network standards for the use of Refer7
- Responsible for team coordination of long-term support counseling referral process within ServiceLink Resource Center Model;
- 6. Provides long term support counseling to select persons in hospitals, rehab facilities, or nursing homes, or at home;
- 7. Conducts and/or attends team meetings with appropriate staff from the ServiceLink Resource Center, New Hampshire Department of Health and Human Services (DHHS) District Office, private Home and Community Based Care case managers, and other human service providers as necessary. These meetings include but are not limited to local Elder Wrap meetings and BEAS coordinated meetings;
- Assists with/provides periodic public education sessions;
- Engages in interprofessional and interagency collaboration and education regarding long term support counseling services;
- 10. Participate in continuing education and peer counseling workshops and activities:
- 11. Participates in evaluative and quality assurance activities;

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- 12. Provides information, referrals and assistance through telephone, walk-in or email intake as needed; and
- 13. Provides home and community visits.

Non-essential accountabilities: Performs other duties as assigned by SLRC Center manager that will assist with Resource Center team functions.

(Required) Education:

The Long Term Care Support Counselor shall have a baccalaureate or graduate degree in humanor health care services or related field. Knowledge and skills shall demonstrate competence as well as compassion to perform person centered long term support counseling with older adults and persons with disabilities and their families.

Acquire the Alliance of Information Referral Specialist (AIRS) certification within one year of hire. Obtain certification as a State Health Insurance Assistance Program (SHIP) Counselor and Senior Medicare Patrol (SMP) within one year of hire.

Experience:

Minimum of three years social work or case management experience, preferably in the areas of aging, disabilities, community health, nursing home or hospital discharge planning. Experience working with older adults and or adults with disabilities preferred.

Skills:

- Knowledge of the principles and methods of person centered relationship focused option counseling including availability and use of community resources;
- Ability to exercise good judgment in evaluating situations, and conducting person centered planning and decision making;
- Ability to write case histories and related reports;
- Ability to communicate effectively, summarize data, prepare reports and make recommendations based on findings which contribute to solving problems and achieving work objectives;
- Ability to establish and maintain effective working relationships with representatives of other social agencies, institution officials, the public and clients;
- Good interpersonal and computer skills, openness and flexibility in working with diverse groups, and enthusiasm for working collaboratively and with a team; and
- Ability to work independently.
- Knowledge physical, cognitive, social, and psychological aspects of aging and disability
- Ability to be consistent and flexible as circumstances warrant.
- Ability to effectively weigh and evaluate personal needs, client needs and the aims and policies of the agency and to respond and negotiate these competing needs as appropriate.
- Ability to remain calm and supportive in psychological emergencies and/or crises
- Ability to conduct self evaluation and effectively modulate personal style as situation warrants
- Ability to receive and utilize constructive feedback regarding performance, presentation and relationships with others.

Other Requirements:

Completion of a New Hampshire Department of Health and Human Services, Bureau
of Elderly and Adult Services Central Registry record check and acceptance by the
Bureau;

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- Completion of a New Hampshire Department of Safety criminal record check and acceptance by the agency;
- Must be able to answer telephone and perform light work that includes walking or
 operating computer and office equipment for extended periods of time as well as
 occasional strenuous activity like reaching or bending;
- Maintain a valid driver's license, good driving record and access to a fully insured car:
- Maintain appearance appropriate to assigned duties and responsibilities as determined by the agency appointing authority; and
- Travel in state and occasional travel out of state for conference, trainings, and meetings.

This is a full time position that may include evenings and some weekends. Some travel required.

DISCLAIMER STATEMENT: The job description lists typical examples of work and is not intended to include every job duty and responsibility specific to a position. An employee may be required to perform other related duties not listed on the supplemental job description provided that such duties are characteristic of that position.

SIGNATURES: I have reviewed the content of the above job description with my supervisor.	
Employee Signature:	Date:
I have discussed the work responsibilities outlemployee.	lines by the job description with the above
Supervisor signature:	Date:

C.) Choices For Independence Guide

Side one



Toll Free 1-866-634-9412 www.servicelink.org

Welcome Choices for Independence

New Hampshire is committed to providing home and community based services that promote independence, safety and dignity. Choices for Independence are a Medicaid Funded program that supports choices for adults who meet both <u>financial and medical requirements</u>: Whether your application is for home and community based care services or coverage of nursing home costs there is a "process ". See the following page that depicts this process.

Important Points:

- Choices for Independence Program is not a program that provides emergency services.
- The applicant must meet <u>both</u> financial and medical requirements to participate in this program
- Complete an application for the Choices for Independence to Indicate the applicant's full participation in the process.
- Choices for Independence are an "alternative" to nursing facility care. These services are also known as long-term services.
- If the applicant's needs would require the level and kinds of services provided in a nursing facility in the near future, the applicant will be given the a choice of receiving these services at home, or in a nursing facility.
- These services must be available in the applicant's community and adequate to ensure your health and safety.
- Remember, the applicant has the right to appeal if the application is denied.

ServiceLink and the Long Term Support Counselor will guide and support you every step of the way.

Side two

CHOICES FOR INDEPENDENCE PROGRAM

New Hampshire is committed to providing home and community based services that promote independence, safety and dignity. Choices for Independence are a Medicaid Funded program that supports choices for adults who meet **both financial and medical requirements**. Whether your application is for home and community based care services or coverage of nursing home costs there is a "process "that is depicted below.

CONTACT SERVICELINK/LONG TERM SUPPORT COUNSELOR (LTS)

LTS Counselor will:

- · Discuss the Choices for Independence (CFIP) with you.
- Conduct financial prescreening to ensure you meet the financial requirements of the program.
- · Assist with Medicaid application and other documents
- Review the necessary verifications that you will need
- Schedule appointment interview with the Division of Family Assistance (DFA)

Up to 2 weeks

FINANCIAL ELIGIBILITY

Client or their representative will:

- Meet with DFA worker to review Medicaid application and verifications
- Return any additional documentation to DFA in a timely manner.

DFA worker will:

- Determine financial eligibility for the CFIP program.
- DFA will send you a Notice of Decision

MEDICAL ELIGIBILITY

- Health care provider/nurse will call to schedule an appointment for your clinical Assessment OR assessment your needs from your medical records.
- No physical exam is involved.
- · A plan of care is developed
- · Notice of medical decision will be sent to you

APPROVED

- Case-manager will be assigned (If you did not choose one)
- Case-manager will meet with you to discuss and implement your plan of care.

6-8 weeks

DENIED

Applicant can appeal the decision

LTS counselor can offer:

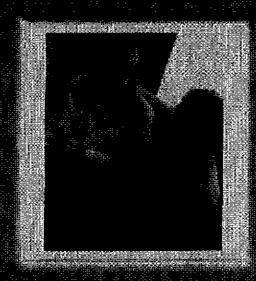
- Explore other options:
- Initiate Referrals; and
- Comprehensive needs assessment to assist in decision support and navigation of options.

ServiceLink and the Long Term Support Counselor are here to guide and support you through out this process.

Call Toll Free 1-866-634-9412

www.servicelink.org

Choices (not for public distribution) For Independence



prepared by

The Bureau of Elderly and Adult Services
Division of Community Based Care Services
New Hampshire Department of Health and Human Services

and

ServiceLink Resource Network

ServiceLink Locations

ServiceLink Resource Center of Belknap County 67 Water St. Suite 105 Laconia, NH 03246 603-528-6945

ServiceLink Resource Center of Carroll County 448 White Mountain Highway (Tamworth) PO Box 420 Chocorua, NH 03817 603-323-9394

ServiceLink Resource Center of Monadnock Region 105 Castle St. Keene, NH 03431 603-357-1922

ServiceLink Resource Center of Coos County 610 Sullivan Street, Suite 6 Berlin, NH 03570 603-752-6407

ServiceLink Resource Center of Grafton County - Lebanon --10 Campbell Street Lebanon, NH 03766 603-448-1558

-- Littleton --262 Cottage Street Suite G-25 Mt. Eustis Commons Littleton, NH 03561 603-444-4498

Resource Center

ServiceLink Resource Center of Hillsborough County -- Manchester --555 Auburn Street Manchester, NH 03103 603-644-2240

-- Nashua --70 Temple Street Nashua, NH 03064 603-598-4709

ServiceLink Resource Center of Merrimack County 2 Industrial Park Drive Concord, NH 03302-1016 603-228-6625

ServiceLink Resource Center of Rockingham County -- Seacoast --270 West Road Portsmouth, NH 03801 603-334-6594

Southwest --287 Lawrence RoadSalem, NH 03079603-893-9769

ServiceLink Resource Center of Strafford County 1 Wakefield Street, Suite 306 Rochester, NH 03867 603-332-7398

ServiceLink Resource Center of Sullivan County 1 Pleasant Street Suite 105 Claremont, NH 03743 603-542-5177



Choices For Independence Program (CFI)

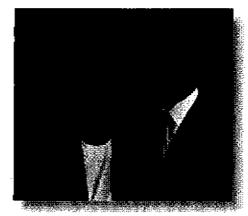


Choices for Independence

New Hampshire is committed to providing home and community based services as an alternative to nursing facility placement. The Choices for Independence program is a Medicaid funded program for adults who meet both its financial and

medical requirements. Choices for Independence is not a program that provides emergency services.

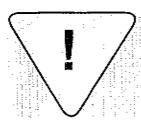
Learn more about eligibility and receive assistance throughout the Choices for Independence process by contacting a Long Term Support Counselor at a ServiceLink office. The initial conversation about your eligibility can happen by phone, office interview or a home visit.



The Long Term Support Counselor will explain the financial and medical eligibility and provide you with the Exploring Choices for Independence brochure.

This brochure will outline the services that may be available to you through the program if you are eligible.

Steps in the CFI Program include: 1) meeting with a Long Term Support Counselor; 2) determining financial amd medical eligibility; and 3) choosing a Case Manager and developing a plan of care.



ServiceLink
Toll Free 1-866-634-9412
(NH Relay) 7-1-1
Language interpreters also available.



Financial Eligibility For The Choices For Independence Program



Financial eligibility involves a Medicaid application. The Long Term Support Counselor will complete a basic screening for financial eligibility. If it appears that you may qualify, the Long Term Support Counselor will discuss and provide you with the necessary documents and verification information. The counselor is available to answer questions and assist you through the process.

Once you have completed the documents and obtained the necessary verification information, the Long Term Support Counselor will schedule an appointment for you to meet with a representative from the New Hampshire Department of Health and Human Services (DHHS) Division of Family Assistance (DFA). The Division of Family Assistance administers financial eligibility for the Medicaid program in

New Hampshire. You may choose to have your appointment scheduled at a ServiceLink office or with DHHS.

Part of your appointment at ServiceLink, may include briefly meeting with the Long Term Support Counselor to review program eligibility, outline next steps in the Choices for Independence process and initiate the Medical Eligibility Determination Application for Long Term Care Services (2 pages). This application requires your signature to ensure that you are fully participating in the process. This medical eligibility application may have already been completed by a health care provider (hospital



or home care agency). If it has, the Long Term Care Counselor will be aware of the medical eligibility application and will not need to complete another one. After your meeting with the DFA representative, you may be required to provide additional information to complete your application. The Long Term Care Support Counselor will provide you with reminders but it is your responsibility to return all necessary documents in a timely manner.

Don't forget to complete and promptly return all documents to your ServiceLink Long Term Support Counselor or DFA Representative.

Please remember, it is always your choice whether or not to continue with the application process.



You will receive a letter from the Division of Family Assistance explaining your financial eligibility status. Please read this letter carefully to understand your benefits. The Division of Family Assistance letter will explain steps you can take if you are denied

The financial eligibility process can take up to 8 weeks.

If during the financial screening for the Choices for Independence program it is indicated that you do not meet the financial eligibility requirements or your letter from the Division of Family Assistance states that you have been denied financial eligibility please speak with your Long Term Support Counselor. Your Long Term Support Counselor is available to discuss other options that may be available to you and to assist you with understanding the content of the DFA letter.



Are Additional Steps Required For The Medicaid Application?



If you are age 65 years or older, there are no additional steps to your application to the Medicaid Program.

If you are between the ages of 18 and 64 years, there are additional steps. Medicaid eligibility for individuals who are between the ages of 18 and 64 years is determined under:

- Aid to the Permanently and Totally Disabled (APTD)
- Aid to the Needy Blind (ANB)
- Temporary Assistance for Needy Families (TANF)

For APTD and ANB

Medical information will be required for review by the Disability Determination Unit (DDU) to verify your disability. The DDU will notify you of the approval to continue processing your application for Medicaid eligibility.

For TANF

You must have dependent children under the age of 17 who are full time students. During your appointment with DFA, you will be required to provide information about your family.

The process for individuals who are between the ages of 18 and 64 and eligible for Medicaid through APTD, ANB or TANF may take up to 12 weeks





Medical Eligibility For The Choice For Independence Program



The Choices for Independence program is an alternative to nursing facility care. These services are also known as long term care services. The application for medical eligibility may have started with the Long Term Support (LTS) Counselor or a health care provider (hospital or home care agency).

If the medical eligibility application was started by a health care provider, it will be submitted to the central Long Term Care office at the Bureau of Elderly and Adult Services in Concord. The medical information will be reviewed by a qualified clinical staff member for eligibility. The application will be sent to the ServiceLink LTS Counselor as a referral for long term support options counseling.

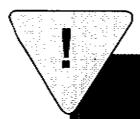
If the medical eligibility application started in the ServiceLink office, an appointment will be made between you and a nurse or other qualified clinical staff member who may come to your home for an assessment. The nurse or other qualified clinical staff member may also conduct a paper review of medical records. The nurse will ask questions about your medical condition and other daily living tasks. Please have your medications available to discuss with the nurse. The interview does not include a physical exam of any kind. The interview time ranges

from one (1) to two (2) hours.

Whether your medical eligibility is done by a home assessment or through a review of medical records a plan of services will be developed. If your needs would require the level and types of services provided in a nursing facility in the near future, you will be given a choice of receiving the services in a nursing facility or in your home through the Choices for Independence program. However, services must be available in your community and be adequate enough to ensure your health and safety.



You will be asked to choose a Case Manager who will assist you to arrange for providers of services and will continue assisting you once you begin receiving services through the Choices for Independence program. If you do not have a Case Manager preference, one will be randomly chosen to serve you.



The medical eligibility process can take up to 8 weeks

If you are not medically eligible for long term care services, you will receive a letter from the Bureau of Elderly and Adult Services. Your ServiceLink Long Term Support Counselor will contact you to discuss other Medicaid options as well as other community service options that may be available. Remember, you do have the right to appeal this decision.



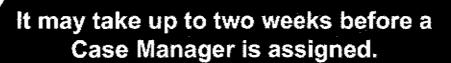


Services Through Choices for Independence Program



You will receive a letter from the Bureau of Elderly and Adult Services notifying you who your Case Manager is, how to contact him/her, what the Case Manager's role is in planning your services, and how/when your Case Manager will meet you and create a care plan with you. After you and the Case Manager develop the care plan, the Case Manager will contact providers to deliver your services.





The ServiceLink Long Term Support Counselor remains available to you as a community resource.

Remember!

- Send in your required documents in a timely manner.
- You must be Medicaid eligible to receive services through the Choices for Independence Program.
- You always have the right to appeal a denial of eligibility
 - both financial and medical.
- You have the ability to choose your Case Manager.
- Regardless of your Medicâid status, the Long Term Support Counselor is available to assist you.



New Hampshire Department of Health and Human Services

Division of Community Based Care Services Bureau of Elderly and Adult Services (BEAS)



If you have any concerns
about the
Choices for Independence Program,
call BEAS at
1-800-351-1888
(Relay NH Services) 7-1-1

Funding provided by the Real Choice Quality Assurance/Quality Improvement Grant, Center for Medicare and Medicaid Services

D.) NH Direct Care Workforce Project

New Hampshire Direct Care Workforce Employee Survey

As a community based direct care worker, you provide a very valuable service helping to care for New Hampshire residents who require assistance to remain in their own homes. As you know, it has become more and more difficult to hire and keep enough people to perform this important work. The University of New Hampshire was asked by the New Hampshire Direct Care Workforce stakeholder group to conduct an independent survey. The stakeholder group is interested in increasing the workforce and reducing turnover. We need your help so we can understand more about your job and your workplace.

Your participation in this research is voluntary and your answers to these questions will be combined with others from across the state and will be kept completely confidential. You may choose to not answer any or all questions. This survey will take approximately 10 minutes. If you have questions about this survey, please contact Trzey Fowler at UNH Survey Center 800-786-9760 or if you have questions about your rights as a research subject please call Julie Simpson at UNH Office of Sponsored Research 603-862-2003

Thank you for your time and participation. Your participation is critical to this project; In order to have your opinions heard please respond by July 25, 2008. As a way to say thank you, we are offering 20 gas cards worth \$100 each! Please fill out the entry form and enclose it with your survey to be entered into the drawing.

Funding for this project was made possible through the Aging and Disability Resource Grant from CMS and AoA.

Ba	Sackground Information			
1.	For how many people are you currently providing paid in-home direct care services?			
2.	Do you provide paid in-home services for a: Check all that apply			
	Family memberFr	iend or neighborSomeone you didn't know before		
3.	From how many direct care agencies do you receive a paycheck?			
4.	From how many other employers (non direct care) do you receive a paycheck?			
5.				
	hours per week			
б.	How long have you been working in the direct c	are field? (all positions)monthsyears		
Ple	lease answer the following questions about your	current position with MERGE AGENCY NAME		
7.	How long have you worked with this direct care	agency?		
8.	In a typical week, how many paid hours per wee	k did you work with this direct care agency?		
	bours per week			
9,	jv-			
	Licensed Nursing Assistant (LNA)	2. Homemaker		
	3. Companion	4. Personal Care Service Provider (PCSP)		
	5. Personal Care Assistant (PCA)	6. Other: Please name:		
10.	. What shifts do you currently work? Check all the	at apply.		
	NightsWeekends	Weekdays		
1 1.	. Are you a per diem employee?			
	1. Yes 2. No			
12.	. What do you currently earn as a direct care work	er from this agency? S per hour		
13.	. What type of job orientation did you receive who	n you first started your current position as a direct care worker?		
	Check all that apply			
	No orientation at all, just started to work	k		
	A brief orientation to the work			
	Formal orientation program, including i			
	Opportunity to shadow a more experienced worker to "learn the ropes"Other, please describe:			
14.	Please mark the features that would make your jo Better supervision			
	More paid time off	Increased wages		
	More or better training	Improved access to benefits (health, dental, retirement) More participation in decision that affect my work		
	More recognition and feedback	More opportunities for advancement		
	Other			

	elits		
15. Do you have health insurance?	I. Yes 2.	No	
16. If yes, where do you get it? Ch	eck all that apply.		
From the direct care agenc		From another employ	yer
From my spouse/partner's	employer	Medicaid	
Medicare Other (specify)		Privately purchased c	overage
17. If you do have health insurance		alth care incurrence per manch? S	
18. If you do NOT have health insu			per month
Too expensive (co-pay or de		you do not have it? 2. Employer doesn't offer	- -
 Don't like the plan available 		Employer obesh i oner Not eligible	r insurance
5. Another reason (please expl		•	
19. If you have children in your ho			1. Yes 2. No
20. If yes, where do they get it? Ch	eck all that apply		
From my plan	_	From my spouse's partner's pla	ลก
NH Healthy Kids		Medicaid	
Privately purchased covera	ge	Other (specify)	
21. Do you receive any of the follow	wing from your direct care em	ployer: Check all that apply	
Paid Vacation leave	Paid Sick leave		
Paid Holidays	Earned time (a sub-	stitute for leave, accrued as a per	rcentage of hours worked)
22. What is the one most important occupations?	<u> </u>		- Commission No. 101/2012
			
Demographic Information about Y	You, the Direct Care Worker		
	You, the Direct Care Worker 2. Female		
23. Are you: 1. Male	2. Female		
23. Are you: 1. Male 24. What is your age?	2. Female ears old		
23. Are you: 1. Male 24. What is your age? y 25. What is your home zip code?	2. Female rears old		
23. Are you: 1. Male 24. What is your age? y 25. What is your kome zip code?	2. Female rears old vel you have completed?		legree)
23. Are you: 1. Male 24. What is your age? y 25. What is your home zip code? 26. What is the highest education level.	2. Female rears old		•
23. Are you: 1. Male 24. What is your age? y 25. What is your kome zip code? 26. What is the highest education left. 1. Some high school 5. Associates degree	2. Female rears old vel you have completed? 2. High school diploma or	· GED 4. Some college (no d	•
23. Are you: 1. Male 24. What is your age? y 25. What is your kome zip code? 26. What is the highest education left. 1. Some high school 5. Associates degree	2. Female rears old vel you have completed? 2. High school diploma or	· GED 4. Some college (no d	Master's, Ph.D.)
23. Are you: 1. Male 24. What is your age? 25. What is your home zip code? 26. What is the highest education let 1. Some high school 5. Associates degree 27. What is your marital status?	2. Female rears old vel you have completed? 2. High school diploma of 6. Bachelor's degree	GED 4. Some college (no d 7. Advanced degree (1	Master's, Ph.D.)
23. Are you: 1. Male 24. What is your age? 25. What is your home zip code? 26. What is the <u>highest</u> education let 1. Some high school 5. Associates degree 27. What is your marital status? 1. Never Martied 4. Separated or Divorced	2. Female rears old vel you have completed? 2. High school diploma of 6. Bachelor's degree 2. Currently Married 5. Widowed	GED 4. Some college (no d 7. Advanced degree (l 3. Living with a partne	Master's, Ph.D.)
23. Are you: 1. Male 24. What is your age? 25. What is your home zip code? 26. What is the <u>highest</u> education let 1. Some high school 5. Associates degree 27. What is your marital status? 1. Never Married 4. Separated or Divorced 28. How many people, <u>including you</u>	2. Female rears old vel you have completed? 2. High school diploma of 6. Bachelor's degree 2. Currently Married 5. Widowed urself, live in your household?	GED 4. Some college (no d 7. Advanced degree (f 3. Living with a partne	Master's, Ph.D.)
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If you would be interested in participating in any follow-up surveys in the future, please include your contact information on the card provided.

<center/></center>

This is a University of New Hampshire (UNH) joint project between the Survey Center, Carsey Institute and Institute for Health Policy and Practice. Funding for this project was made possible through the Aging and Disability Resource Grant from CMS and AoA.

The three UNH institutions were asked by the New Hampshire Direct Care Workforce stakeholder group to conduct an independent survey. The stakeholder group is interested in increasing the direct care workforce and reducing turnover.

Your participation in this research is voluntary and your answers to these questions will be combined with others from across the state and will be kept completely confidential. You may choose to not answer any or all questions. This survey will take approximately 10 minutes. If you have questions about this survey, please contact Tracy Fowler at UNH Survey Center 800-786-9760 or if you have questions about your rights as a research subject please call Julie Simpson at UNH Office of Sponsored Research 603-862-2003

For the purpose of this survey, a "direct care worker" is someone who provides handson-care or light housekeeping, support, or companionship in a home setting. These employees help clients bathe, dress, and eat, they perform chores, do errands and provide companionship, among other daily tasks. They may identify themselves as a Licensed Nursing Assistant (LNA), Homemaker, Companion, Personal Care Service Provider (PCSP), or Personal Care Assistant (PCA), or some similar title.

http://www.unh.edu/survey-center/dcwf08.htm

S. Your Organization

What is the name of your organization?
 2. Please indicate if your organization is one of the following: Check all that apply. Private, not-for-profit Publicly owned/operated Private, for-profit Part of a health system or hospital
3. What counties do you serve? Check all that apply. Belknap Carroll Chesire Coos Grafton Hillsborough Merrimack Rockingham Strafford Sullivan
4. How many years has your organization been in operation? O Less than 1 O 1 O 2 O 3 O 4 O 5 O 6 O 7 O 8 O 9 O 10 O 11 O 12 O 13 O 14 O 15 O 16 O 17 O 18 O 19 O 20 or more

S. Your Employees 5. How many total employees did you employ as of May 1, 2008 (include all staff, including administrative, direct care, and per diem employees)? Please use whole numbers
Please estimate the number of direct care workers (by type outlined below) employed by you organization as of May 1, 2008.
6a . Licensed Nurse Assistant (LNA)/Home Health Aide Number of Direct Care Full and Part-Time Employees
Number of Direct Care Per Diem Employees
6b. Personal Care Attendant (PCA)/ Personal Care Service Providers (PCSP) Number of Direct Care Full and Part-Time Employees
Number of Direct Care Per Diem Employees
6c. Homemaker/Companion Number of Direct Care Full and Part-Time Employees
Number of Direct Care Per Diem Employees
S. Wages
Please provide hourly wages for each direct care employee title:
Employees (Not including per diem)
9a. Licensed Nurse Assistant (LNA)/Home Health Aide Lowest hourly rate paid Highest hourly rate paid Average hourly rate paid
9b. Personal Care Attendant (PCA)/ Personal Care Service Providers (PCSP) Lowest hourly rate paid Highest hourly rate paid Average hourly rate paid
9c. Homemaker/Companion Lowest hourly rate paid Highest hourly rate paid Average hourly rate paid

S. Wages Per Diem Employees

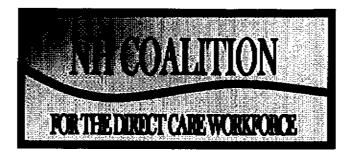
10a. Licensed Nurse Assistant (LNA)/Home Health Aide Lowest hourly rate paid Highest hourly rate paid Average hourly rate paid
10b. Personal Care Attendant (PCA)/ Personal Care Service Providers (PCSP) Lowest hourly rate paid Highest hourly rate paid Average hourly rate paid
10c. Homemaker/Companion Lowest hourly rate paid Highest hourly rate paid Average hourly rate paid
11. Does the organization provide scheduled increases in wages for direct care workers?O YesO No
S. BENEFITS
12. Do you offer health insurance to any of your employees? O Yes O No
13. Are direct care workers eligible to enroll in the health insurance you offer?O YesO No
14. What is the waiting period for new hires to obtain health insurance? (Please use whole numbers)
15. What is the minimum number of hours per week for employees to qualify for health insurance? (Please use whole numbers)
16. What type of health insurance do you offer your direct care employees? Check all that apply. ☐ Individual ☐ Family ☐ Employee + Children ☐ Two person (employee + spouse/civil union/domestic partner or employee + child)

	Please indicate the amo byee per month.	ount paid for health insurance coverage	by the employer and
=		lease refer to plan most frequently chos	en hy direct care workers
	yee: Individual		
overage	Jee. Iriulyluual	Employer Cost per Month	Employee cost per Muliti
_	voo: Eomilie		
ull-time emplo	уее. ганну		
overage			
	yee: Employee +		
hildren covera			
_	yee: Two person		
overage			
170	le this booth insurance	a coverage the same for all full time dire	et care wadram?
	is tris nealth insurance) Yes	e coverage the same for all full-time dire	ct care workers?
	· - •		
	No , please explain		
17b.			
_			
_			
emplo If you art-time emplo overage	oyee per month. <i>offer several plans, pl</i> yee: Individual	ease refer to plan most frequently chose Employer Cost per Month	en by direct care workers.
art-time employ	yee: ramily		
overage	F		
	/ee: Employee +		
hildren coveraç			
art-time employ	ee: Two person		
overage			
0	Yes	coverage the same for all part-time din	ect care workers?
O	No , please explain		
18b.			
			
		nployees eligible for health insurance co ers)	
20.11			
	umber of direct care en lease use whole numbe	nployees enrolled in your health care pl	an on May 1, 2008.
Ţ! !	IVAVO ABO TITIVIS HAITIDI	0.01	

21 . Please indicate the reason(s) why you do not provide health insurance to direct care workers. Check all that apply. Too expensive Too burdensome to administer No employee interest Employees already covered Other, please describe
22. What is the MOST important reason why you do not provide health insurance to direct care workers? O Too expensive O Too burdensome to administer O No employee interest O Employees already covered O Other, please describe
23. If the premium rates were lowered by 15-20%, would your organization consider offering health insurance?O YesO No
24. By what percent would your premiums need to be lowered, for you to offer health insurance to your direct care workers? (Please use whole numbers)
25. Do you offer some other type of health benefit other than health insurance? If so, please describe the benefit and provide the cost to the employer and the cost to the employee for this benefit.
26. Do you offer any paid leave time to your eligible direct care employees? Check all that apply. Paid vacation leave Paid sick leave Paid holidays Earned time (generally a substitute for above leave, accrued as a percentage of hours worked)
 No paid leave offered 27. Do you provide mileage reimbursement to your direct care employees? O Yes O No

28. If yes, how much do you reimburse for miles traveled? Per mile Other
Other
S. RETENTION
 29. Please indicate the degree to which retention of direct care workers is currently a problem for your organization: O Very serious problem O Somewhat serious problem O Minor problem O Not a problem
30. How many direct care workers would you need to hire to meet your organization's existing demand for services? (Please use whole numbers)
31. In the past 12 months, how many direct care workers joined your organization? (Please use whole numbers)
32. In the past 12 months, how many direct care workers left your organization? (Please use whole numbers)
33. What is the one most important factor you believe could improve recruitment and retention of direct care workers?

<center/>Thank you for your time and participation!</center>



Strategies to Invest in the Future of the Direct Care Workforce



September 2009

The Coalition for the Direct Care Workforce is thankful to the following funders for their support:

Aging and Disability Resource Center Grant sponsored by the Administration on Aging and Centers for Medicare and Medicaid Services

Charles Stewart Mott Foundation

Endowment for Health

Money Follows the Person Grant sponsored by the Centers for Medicare and Medicaid Services

National Direct Service Workforce Resource Center

Systems Transformation Grant sponsored by the Centers for Medicare and Medicaid Services

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New Hampshire Coalition for the Direct Care Workforce Members:

Jill Bunke, Vice President of Long Term Supports; Granite State Independent Living

Robin Carlson, Direct Support Professional

Mary Ann Cooney, Deputy Commissioner; NH Department of Health and Human Services

Susan Covert, Facilitator; Consultant

Ellen Curelop RN, BS, CMC, President; Life Coping, Inc. Case Management

Laura Davie, Project Director; Institute for Health Policy and Practice, University of New Hampshire

Julia Eades, President; NH Community Loan Fund

Ellen Edgerly; Brain Injury Association

Tom Foulkes, Vice President Continuing and Corporate Education; NHTI Concord's Community College

Susan Fox, Institute on Disability; University of New Hampshire

Margaret Frankhauser, RN, MS, MPH, Executive Director; Community Health and Hospice, Inc.

Danielle Fuller, Director, Human Resources; Gateways Community Services

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Liz McConnell; Alzheimer's Association, MA/NH Chapter

Doug McNutt, Associate State Director for Advocacy; AARP NH

Alex Olins, Paraprofessional Health Institute

Kathleen F. Otte, Bureau Administrator; Bureau of Elderly and Adult Services, NH Department of Health and Human Services

David L. Ouellette; Council on Developmental Disabilities

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Sally Varney, Quality Management Program Manager; Division of Community Based Care, NH Department of Health and Human Services

Margaret Walker; NH Board of Nursing

Susan M. Young, Executive Director; Home Care Association of New Hampshire

KEY MESSAGES

With a population that is aging at a faster rate than the national average, New Hampshire needs a qualified direct care workforce capable of supporting our state's older citizens and those with disabilities to continue living in their homes and communities. The capacity of the state's direct care workforce currently is not adequate to meet this increasing demand for home-based supports and services.

The following are among the New Hampshire Coalition for the Direct Care Workforce's recommendations to address this issue:

- The New Hampshire Department of Health and Human Services should establish a rational rate setting and reimbursement process that will enable home care agencies to pay a livable wage to their direct care workers.
- New Hampshire stakeholders should work with its Congressional delegation to create federal
 reimbursement for the training of home and community-based workers. (Nursing facilities receive
 federal reimbursement for training their direct care workers.)
- New Hampshire home care agencies should implement a steady work week, create loan repayment programs for their direct care workers, and improve the quality of staff supervision.

INTRODUCTION

With a population that is aging faster than the national average, New Hampshire can anticipate an increasing demand for healthcare and support services. Research shows that many Americans prefer home and community-based care facilitybased services (HCBS). Further, providing care in home and community-based settings may be more cost-effective than institutional care. However, there is a real concern that resources for home and community-based care will be insufficient to meet demand in the coming years. This white paper explores the policy implications for New Hampshire as it confronts the challenge of how to attract and retain a direct care workforce capable of meeting the state's need for HCBS. It examines the state's current direct care workforce shortage and presents strategies for workforce retention. While direct care workers staff nursing facilities and other institutions, this paper focuses only on the direct care workforce employed in home and communitybased settings.

Direct care workers provide essential HCBS for older adults and those who are chronically ill or have disabilities. The availability of this quality direct care is a critical factor in supporting people so they are able to continue to reside in their own homes as their needs increase, rather than in residential facilities, such as nursing homes. In New Hampshire, the number of residents 65 and older is growing at twice the rate of the total population (Gittell, 2006). As the population ages, New Hampshire is expected to rely more heavily on HCBS for long-term care, as opposed to placements in nursing facilities and other residential settings (PHI, 2001). In order to ensure that quality home and community-based services will be available to those who need them, the direct care workforce shortage must be addressed.

BACKGROUND

New Hampshire has made concerted efforts to increase the accessibility of HCBS. It was one of the first states in the nation to establish a statewide "single-point of entry" system for long-term care. This system provides information, counseling, and referrals to older adults and those who are chronically ill or have disabilities, helping them to access long-term care services, including HCBS. New Hampshire has been awarded federal grants to support the development of more flexible services and to improve accessibility to HCBS. In

2002, the State spent 9% (\$24 million) of its Medic aid funding on HCBS. Following the expansion of HCBS, 2007 figures show that HCBS spending increased to 13% (\$46 million) of the Medicaid long-term care budget, an increase of 44%. During this same time period, long-term care funding for nursing facilities decreased by 4% (Houser et al., 2009).

The shift in funding from institutional settings to home and community-based care represents a paradigm shift in how long-term care is delivered. The increasing demand for HCBS has resulted in a shortage of direct care workers. New Hampshire employers have experienced difficulty in recruiting and retaining direct care workers to provide HCBS, a problem that is expected to continue unless changes are made to address the quality of direct care jobs. Without an adequate and stable workforce, the State will not be able to meet the demands of the growing number of residents who need home and community-based services.

In 2007, the New Hampshire Community Loan Fund, as a state partner of the Paraprofessional Healthcare Institute's (PHI) LEADS Institute (Leadership, Education and Advocacy for Direct Care and Support), convened representatives from the American Association of Retired Persons (AARP), the Home Care Association of New Hampshire, the Institute on Disability (IOD), and the New Hampshire Bureau of Elderly and Adult Services (BEAS) to discuss potential strategies for addressing the direct care workforce shortage.

Later that year, through a grant from the Centers for Medicare and Medicaid Services (CMS), BEAS invited Robyn Stone, DPH, an expert in healthcare and aging policy, to help launch a statewide effort to address the direct care workforce shortage. As a result, the New Hampshire Coalition for the Direct Care Workforce (NHCDCW) was formed. The Coalition, which meets bimonthly, is focused on understanding the demographics of the direct care workforce, educating legislators and policy makers regarding the needs of this workforce, and providing training and education on best practices

in the recruitment, training, and retention of direct care workers.

TYPES OF LONG-TERM CARE

Older adults and those with disabilities may require supports to meet their healthcare needs and assistance with personal care and activities of daily living (ADLs) (Super, 2002). Long-term care describes the range of healthcare and support services for people with disabilities or chronic illnesses. Long-term care encompasses both formal and informal supports and services and may be either medical or non-medical in nature. Most long-term care provides consumers with assistance in completing ADLs, such as dressing, bathing, and using the bathroom. Long-term can be provided in home and community-based settings, as well as in nursing homes and assisted living facilities (Medicare, 2009). Table 1 provides definitions of each type of care, based on criteria from the New Hampshire Department of Health and Human Services (NHDHHS).

Table 1: Types of Long Term Care

Type of Long Term Care	Description of Long Term Care Setting
Nursing Home Facility	Provides residency, meals, skilled nursing and rehabilitative care, medical services and protective supervision for eligible individuals who are ill, frail and need 24-hour supervision (NHDHHS, 2009).
Assisted Living Services	Provides care for adults who qualify for nursing home care and can no longer manage independent living in their own homes. Assisted living facilities provide support services based on the specific needs of the resident, and can include nursing care, personal care, homemaker services and medication management (NHDHHS, 2009).
Home and Community Based Services: Formal	Provides in-home nursing care, homemaker services, and respite care performed by an employee working for an HCBS agency (NHDHHS, 2009).
Home and Community Based Services: Informal	Provides in-home nursing care, homemaker services, and respite care performed by a close friend or family member, who is not paid to perform care (NHDHHS, 2009).

In 2003, the AARP conducted a survey of 805 randomly selected New Hampshire AARP members to inquire about their beliefs regarding long-term care options. Of the 805 respondents, 81% of those surveyed said that it was "very important" that people were provided with services that enabled them to remain in their homes (as compared to somewhat important, not important, or not sure). When asked about preferences for their own long-term care options, 70% reported that they would rather receive services at home than reside in a nursing home (6%) or in an assisted living facility (20%) (AARP, 2003).

Based on a multi-state analysis of Medicaid spending from 1995-2005, AARP found that states with established HCBS programs reduced their Medicaid spending over time (Mollica et al, 2009). These states were able to manage the growth in demand for long-term care services while maintaining control over their expenditures. Vermont's experience with HCBS expansion is worth considering. In 2005, Vermont implemented "Choices for Care," a long-term care Medicaid waiver. Under Choices for Care, older Vermonters and adults with physical disabilities who qualify for the waiver, are given an "allowance" of Medicaid dollars and may choose whether to receive services at home, in an assisted living facility, or in a nursing home. This program decreased the number of nursing home residents by 9% and increased HCBS caseloads by 155%. This included expanding HCBS services to 1,183 Vermonters in moderate-need of assistance. Choices for Care helped Vermont reduce long-term care spending growth by more than half of what was projected (State of Vermont, 2009).

Because direct care workers are generally paid lower wages than their nursing home counterparts, HCBS programs often save money. Additional savings take place as the number of HCBS hours required by individuals is significantly less than the 24 hour, 7 day per week care provided to patients in nursing facilities.

THE HCBS DIRECT CARE WORKFORCE

Across all long term care settings nationally, direct care workers provide an estimated 70 to 80% of the paid hands-on long-term care and personal assistance received by Americans who are over the age of 65 or who have disabilities or other chronic conditions. The direct care workforce is comprised of approximately of 80-90% women. The majority of direct care workers is in the 25-54 age range (Harris-Kojetin et al, 2004).

Table 2: Types of Direct Care Workers

Type of Direct Care Workers	Job Description	Funding
LNAs	Must complete 100 hours of	Medicaid,
	training and attain a license.	Medicare, Private
	Operate under the supervision	Insurance.
	of a nurse and provide	
	assistance with ADLs such as	
	eating, dressing, bathing, and	
	toileting. Perform clinical tasks	
	such as range-of-motion	
	exercises and blood pressure	
	readings. In some states, may	1 1
	also assist in administering oral	
	medications (which requires	
	additional training in NH)	
!	(NHDHHS, 2009).	
PCSPs/PCAs	Must complete 10 hours of	Medicaid.
	training to work for agency-	
	directed programs or licensed	
	home health agencies. Provide	
	non-medical assistance with	
	ADLs and often help with	
	housekeeping chores, meal]
	preparation, and medication management. Help individuals	
	go to work and remain engaged	!
	in their communities (PH), Facts	
	3, 2009).	
Homemakers/	Provide services which do not	Social Services
Companions	involve physical contact with	Block Grant (Title
	the individual, such as light	XX), Older
	housekeeping and meal	Americans Act
	preparation (PHI, Facts 3,	(Title III), or
	2009).	Medicaid HCBS.
		known in New
		Hampshire as
		Choices for
		Independence.

For the purpose of this paper, New Hampshire's direct care workforce is comprised of three primary groups: Licensed Nursing Assistants (LNA), Personal Care Service Providers (PCSP)/ Personal Care Attendants (PCA), and Homemaker/Companions. Information about each category is provided in Table 2.

As previously discussed, demand for direct care workers in home and community settings is expected to increase significantly in the coming years. Although future demand cannot be predicted with complete certainty, demographic trends indicate a growing gap between the number of people who are likely to need care and the number of people who will be able to provide it. Finding qualified workers to fill these job openings will be challenging.

DIRECT CARE WORKFORCE SHORTAGE IN NEW HAMPSHIRE

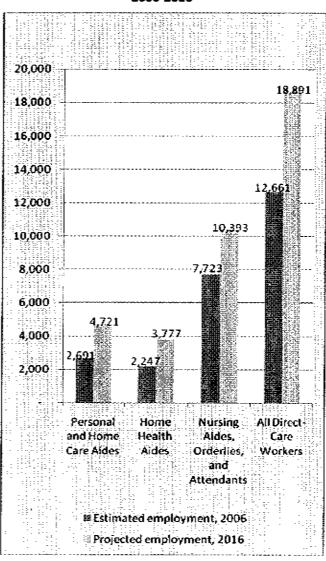
New Hampshire is a rapidly aging state. In 2000, New Hampshire was nationally ranked 42nd for the percentage of the population aged 65 and older. By 2030, it is estimated that New Hampshire will rank 17th in this category (U.S. Census, 2008). The number of New Hampshire residents 65 and older will have increased 138% in 30 years (U.S. Census, 2005). The group relying most heavily on the direct care workforce, those who are 85 and older, will have increased by 146% (U.S. Census, 2005).

According to 2007 estimates, there were approximately 26,000 working-age adults (ages 21-64) in New Hampshire who are living with a self-care disability. A self-care disability is defined as any disability—physical, mental, or emotional—that causes difficulty in dressing, bathing, or navigating the home (Erickson & Lee, 2008).

Employment security forecasters anticipate an increase in the need for direct care workers.

Occupational growth projections¹ from the New Hampshire Department of Employment Security (NHDES) for 2006-2016 show that direct care occupations—Personal Care Aides, Home Health Aides, and Nursing Aides/LNAs, Orderlies and Attendants—are expected to add over 6,000 jobs by 2016. This is a 50% growth rate over a decade (PHI Analysis, 2009), as shown in Figure 1.

Figure 1: Direct care Workforce Growth in NH, 2006-2016



¹ PHI's employment projections analysis takes into consideration both new job openings and openings arising from replacements (retirements, and /or people leaving the profession). 2016 projections on the NHDES website do not factor in job growth due to replacements.

Personal Care Aides and Home Health Aides are also armong the fastest-growing occupations in New Hampshire. Among occupations expected to generate over 1,000 jobs by 2016, Personal Care

Aides rank third, growing by 75%, and Home Health Aides rank fifth, growing by 68% (PHI Analysis, 2009). Table 3 provides more detail about this growth.

AND STATES	Gosphan Ville				Graphs Russ
i	Counter Attendants, Cafeteria, Food Concession, and Coffee Shop	2,906	5,406	2,500	86%
2	Hosts and Hostesses, Restaurant, Lounge, and Coffee Shop	1,859	3,429	1,570	84%
3	Personal and Home Care Aides	2,691	4,721	2,030	75%
4	Waiters and Waitresses	12,170	20,780	8,610	71%
5	Home Health Aides	2,247	3,777	1,530	68%

Table 3: Projected Job Growth in New Hampshire

The projected growth in demand for workers, however, is not matched by a commensurate growth in the supply of workers. PHI's calculations, based on the New Hampshire Employment Security occupational projections, U.S. Census Bureau demographic projections data, and Bureau of Labor

Statistics (BLS) labor force participation data, show that growth in demand for direct care workers is expected to outpace the growth in the supply of available workers, women aged 25-54, who are the core labor pool for this workforce.

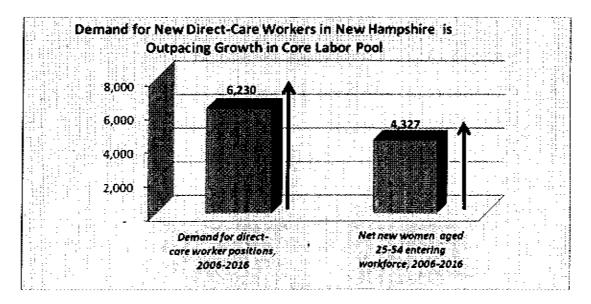


Figure 2: New Hampshire's Projected Direct Care Workforce Shortage

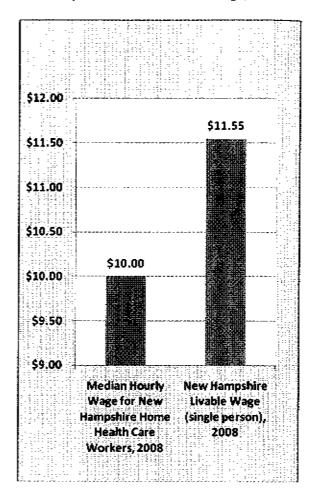
Figure 2 shows that from 2006-2016, the state will need an estimated 6,230 additional direct care workers, while the net number of new women, aged 25-54, entering the New Hampshire labor force is expected to be only 4,198 (PHI Analysis, 2009).

Fewer new workers are entering the long-term care workforce due to increased opportunities in other fields. As compared to 40 years ago, women in particular now are able to select from careers that pay far better and are less physically strenuous than direct care employment (Super, 2002).

PHI's calculations based on wage data from the BLS Occupational Employment Survey show that median hourly wages for New Hampshire's HCBS workers are lower than the state's livable wage, which is the estimated hourly wage that a New Hampshire resident needs to earn in order to meet basic needs such as housing, food, transportation, child care and healthcare (PHI Analysis, 2009). In 2008, the median hourly wage for Home Health Aides and Personal and Home Care Aides was \$10, while the state's hourly livable wage for a single person was \$11.55. These figures indicate that direct care wages are not adequate to meet the workers' basic needs. Low wages pose a major challenge in the recruitment and retention of this critical workforce.

A 2008 report published by the Carsey Institute at the University of New Hampshire indicates that of the forty occupations projected to grow the fastest from 2006 to 2016, only two occupations paid a median hourly wage below the state's 2007 livable wage: Home Health Aides and Personal Care Aides (Kenyan and Churilla, 2008).

Figure 3: New Hampshire HCBS Worker Wage Compared to State's Livable Wage, 2008



ISSUES IMPACTING THE NEW HAMPSHIRE HCBS DIRECT CARE WORKFORCE

A 2008 survey developed by the NHCDCW, New Hampshire Institute for Health Policy and Practice and Carsey Institute at the University of New Hampshire, and implemented by the University of New Hampshire Survey Center, provides detailed information about the issues impacting the State's direct care workforce. The purpose of the survey was to quantify the current workforce demographics, capture wage and benefit ranges, and identify recruitment and retention issues for home and community-based direct care workers.

It is expected that survey results will help to guide the NHCDCW and state policy makers in addressing New Hampshire's HCBS direct care workforce shortage.

The New Hampshire direct care workforce survey was conducted in two parts: an employer component and a separate employee component.²

Employer Perspective

The Survey Center contacted all 60 New Hampshire agencies that employ HCBS direct care workers and 38 agencies responded. All three types of direct care workers were represented in this sample. A summary of the types of agencies is provided in Table 4.

Table 4: Type of Agency

Type of Agency	Number of Agencies
Private, non-profit	22
Publicly owned and operated	3
Private, for profit	9
Associated with health system or hospital	5

According to the survey results:

• Almost three-quarters of employers reported offering health insurance benefits to employees. Most stipulated eligibility criteria, such as tenure at the agency and minimum hours worked per week, to qualify for health insurance benefits. Employers reported that the average monthly health insurance premium paid by employees for individual coverage is \$91.

- 87% of employers surveyed reported that job retention was an issue.
- 81% reported a current need to hire direct care workers in order to meet service demands
- Eight in ten employers reported reimbursing for mileage. Of the agencies providing mileage reimbursement, the average reimbursement rate was \$.49 per mile with a range of \$.25 to \$.585 per mile.³
- When driving between consumer homes, some direct care workers were paid a wage below their usual hourly rate and sometimes as little as minimum wage.⁴

Employee Perspective

The second component of the survey focused on HCBS direct care workers. The total number of respondents was 579. Table 5 displays the demographics of the survey respondents.

Factors Influencing Job Satisfaction

When direct care workers were asked what would improve their jobs, the greatest number identified increased pay, increased access to benefits, and more paid leave. Over three-quarters of the group identified the desire for higher pay, almost half expressed a need for increased access to benefits, and almost one-third reported a desire for more time off.

Hours & Wages

Less than one-third of direct care workers were employed by one employer on a full-time basis (35 or more hours per week). Over 15% reported working multiple jobs to achieve full-time work. This approach was effective in regards to increasing one's income, however, it did not increase benefits as full-time hours were not met at one company.

² For more information about the NH Direct Care Workforce Survey, see Smith, 2009.

³ In June 2008, the federal mileage reimbursement rate was \$.505 per mile. This figure jumped to \$.585 per mile in July 2008.

Federal law requires employers to pay their employees for time spent on work-related travel.

Over 46% of direct care workers had more than one job. On average, direct care workers worked 33 hours per week with 24 of the hours associated with direct care work.

Table 5: Demographics of Respondents to the Direct Care Worker Survey

Sex	90% female
Average Age	48 years old
Married	58%
Minor children living	33%
in-home	
Single mothers	11%
Education:	
High School Diploma	47%
or less	
Some college	40%
experience	
Associate's or	13%
bachelor's	
Family income less	52%
than \$30,000	

The median hourly wage for HCBS workers was \$10 for part-time workers and \$10.25 for full-time workers. Among the categories of direct care workers, LNAs earned the highest median hourly wage at \$11.77. PCSPs/PCAs earned a median hourly wage of \$10.00 and homemaker/companions earned a median hourly wage of \$8.98. These wages were not dependent on educational level. A direct care worker without a high school diploma earned the same wage as a worker with a college degree. Assuming that a fulltime direct care worker worked 40 hours per week for 50 weeks per year, at the median hourly fulltime rate of \$10.25, she earns \$20,500 per year. In comparison, the median annual salary in New Hampshire (in all job categories) is currently \$40,000 (Smith, 2009).

Health Insurance

Over one-third of direct care workers did not have health insurance. Survey responses from direct care workers indicate that the primary reason for this was that the premiums on employer sponsored plans were too expensive. Other primary responses indicated that employers did not offer insurance or that employees were ineligible to qualify for employer sponsored insurance plans.

Less than one-fifth of direct care workers participated in employer sponsored health insurance. Using the monthly health insurance premium of \$91 for an individual, over the course of a year, an employee earning \$20,500 spends more than 5% of her income on health insurance.

Paid Leave

Only one-third of HCBS workers report receiving one or more types of paid leave. Employees who receive paid time off benefits, as with the health insurance benefit, must meet eligibility criteria such as tenure at agency and minimum hours worked per week.

IMPROVING DIRECT CARE JOBS: WORKFORCE RETENTION STRATEGIES

There is evidence demonstrating direct care needs will increase in the near future and that demand will outpace supply. The increased demand is due to the rapidly aging population in New Hampshire. The decreased supply of direct care workers is caused by a combination of factors: the aging of the current workforce, wages that are below the State's determined livable wage, and unaffordable or unavailable benefits. The strategies below outline initiatives that speak to the three systems needing change in order to address this multifaceted problem— state government, federal government, and local agencies.

Identified Problem: The State of New Hampshire Medicaid reimbursement structure does not compensate agencies to adequately provide direct care workers with a livable wage and access to sufficient benefits.

The Coalition suggests the following initiatives to address this problem:

Change the reimbursement structure. Explore the establishment of a reimbursement incentive structure that pays agencies according to the level of wage and benefits that they provide to their direct care employees. Possible solutions include developing a tiered approach or a pay-for-performance model that would increase agency reimbursement as agencies improve employee wages and benefits. This restructuring could include such benchmarks as providing: a salary that meets the livable wage, access to affordable health insurance, paid leave, mileage reimbursement at the federal rate, and increasing travel pay to meet base rate of pay.

Establish a rational rate-setting process. Explore the establishment of a rational rate-setting process under New Hampshire Medicaid that examines the true cost of providing quality direct care. In developing rates, agency overhead - wages, benefits, administrative costs - should all be considered. Current reimbursement rates are inadequate, leaving employers unable to offer livable wages or provide adequate benefits. Provider agencies are forced to supplement direct care positions through other funding streams. Rhode Island has utilized a rational rate setting strategy for several years. Rhode Island provides a base rate of reimbursement for each 15 minute unit of time that an employee spends providing care. It increases the base rate of reimbursement when specific performance measures are provided. Measures utilized in Rhode Island include client satisfaction, continuity of care, worker satisfaction, accreditation, patient acuity, staff education and training, and shift differential. Rate increases can range from \$.50 to \$1.50 per hour (PHI, 2008).

Identified Problem: Federal reimbursement rates for agencies providing education, training benefits, and career advancement opportunities for direct care workers are biased towards institutional settings.

The Coalition suggests the following initiatives to address this problem:

Provide tuition support. Currently, the Centers for Medicare and Medicaid provide reimbursement to agencies that train direct care workers for employment in institutional settings. Agencies providing training to direct care staff who work in home and community-based settings are not reimbursed for the cost of training. Federally funded reimbursement should be available to home and community-based service agencies for training direct care workers. Opportunities to improve skills and increase career advancement will aid in retention of this workforce. Changes at the federal level will be needed to address this issue.

Fund peer mentor training programs. Research has shown that direct care workers who are trained as peer mentors provide effective support to new workers and decrease employee turnover rates. Due to the strenuous nature of direct care and the social isolation of home-based care, many workers leave their jobs during the initial weeks or months of work. By sharing their knowledge and skills, mentors can answer questions, acclimate workers to the job, and help new employees discover the rewards of providing quality direct care. A federally funded reimbursement program aimed at training veteran direct care workers to become peer mentors should be developed. Agencies have already begun implementing this strategy. Those providing a higher rate of pay to peer mentors have been most successful in implementing the program (PHI, 2009, Building Skills).

Identified Problem: New Hampshire's home care agencies have difficulty supporting and retaining their direct care workers.

The Coalition suggests the following initiatives to address this problem:

implement a steady work program. A steady work program is designed to stabilize the fluctuating work-week experienced by direct care workers. when the individual they are supporting enters the hospital or passes away. A steady work program replaces an employee's lost wages for up to two months in situations when her hours are decreased by at least 20%. The employee could be asked to perform tasks other than those of direct care work and might work outside of her normal schedule. If no work can be found, she will still paid. This program was successfully piloted at Quality Care Partners (QCP), a home care agency, in Manchester, New Hampshire. The expansion of a steady work program across the state could be a winning retention strategy for the home and community-based workforce (PHI, 2001).

Establish an employee loan program. An employee loan program offers access to immediate, interestfree loans. QCP provides this service to their employees and the program has been popular with its direct care workers. Utilizing the agency's reserves, employees can access loans of up to \$250 after being employed by the agency for 90 days and are in good standing with the company. Loans are paid back in \$25 or \$50 installments via automatic withdrawal from the employee's paycheck. If the employee leaves QCP prior to paying the balance, the remainder is obtained from their last pay check. In the ten years the program has been in place, QCP has lost less than \$500. In 2007 and 2008, they loaned \$11,215 without any loss. While employee loan programs do not increase employee income, they do provide a nointerest alternative to other lenders. In addition, these programs can be offered at hardly any cost to the agency.

Incorporate a coaching supervision training program. Training in Coaching Supervision for facility managers has been found to improve the work environment for direct care workers in institutional settings (PHI Supervision, 2007). Given the similarities of the workforce, it is likely that expanding this initiative for supervisors in HCBS would be beneficial. Licensed nurses and other supervisors learn to support direct care staff while still holding them accountable. By building constructive, positive relationships, managers and supervisors show respect for staff, while at the same time helping them to become better communicators and more effective at problem solving (PHI Supervision, 2007). New Hampshire can build on the PHI Coaching Supervision program, which is currently being implemented at a few long-term care agencies in New Hampshire.

CONCLUSION

In order for New Hampshire to provide quality home and community-based services the state must be able to attract and retain an adequate direct care workforce. Projections show New Hampshire's population is rapidly aging at the same time that the pool of direct care workers is not adequate to meet the demand. The implication of this projected workforce shortage could mean that older adults and those who are chronically ill or have disabilities will have significantly fewer options for where and how they receive the care that they need. The State must act. The New Hampshire Coalition on the Direct Care Workforce will work with stakeholders to develop and implement the strategies proposed in this paper to improve the recruitment, training, and retention for this critical workforce. The Coalition welcomes the opportunity to collaborate with the Department of Health and Human Services, the State Legislature, direct care employees and employers, and other key stakeholders to address this crucial issue.

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New Hampshire Medical Eligibility Determination (MED) Application

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Referral Source:				
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Agency/		Name:	Phone:	
Organization:			1 110110	
Is this a transfer from a hospital to a No	ursing Facility? Yes	No Swing Bed?	Yes □ No	
Name of time facility requesting transfer		Contact person:		
Hadille Of it to racinty requesting transfer	•	Contact person.	Phone:	
Projected Transfer/Discharge Date:		Is this a Medicare transfer?	□Yes □ No	
	·	13 tills a Medicale transfer:	Птез Пио	
(Office Use Only)				
Assessment Trigger:	LTC Nurse:		Phone:	
1. New Applicant: 2. Reasses	sment due		1	
Long Term Care Counselor:	ServiceLlnk:		District Office:	
DEMOGRAPHICS				
1. SSN	3. Gender ☐ male ☐	famala		
2. DOB	4. Age	5. MR/DD	Serious MI	
6. Mailing Address: (primary residence		J. [] 1711 VDD	☐ Settons MI	
Street	,			
City	Zip Phon	e County		
7. Secondary Address: (if indicated for		e		
Street	legal guardian,			
City	Zip Phon	<u> </u>		
8. Marital Status:	I IIOII	e		
1. Never married	3. Widowed	5. Divorced		
2. Married	4. Separated	☐ 6. Civil Unio		
9. Primary Language:	т. осранации	L O. OIVII OIM	ж	
1. English	3. French			
2. Spanish	4. Other: Specify:			
10. Communication:	_ 1 Onion openin.			
1. No assist necessary	3. Requires interprete	r		
2. Requires Asst. Device	4. Other: Specify	•		
11. Usual place of residence:				
A. Usual place of residence.	ce B. Location at	_ I	Jsual place B. Location at	
of residen	•		osuai piace B. Location at of residence Assessmen	
1. Own Home		7. Hospital	T Cascasille	i E
2. Another's Home	ı H	8. Hotel/Motel		
3. Adult Family Home	I H	9. Nursing Facility	H H	
4. Assisted Housing	I H	10. Residential Care	H H	
5. Congregate Housing	l H	11. Other:		
6. Homeless	, i	Specify		
_	(Office Use Only)		(Office Use Or	nlv)
40 Devel Library Assessments			(,
12. Usual Living Arrangements:				
Lives with (check all that apply) ☐ a. Alone ☐ b. w	/spouse	mile. □ d w/othorn	a 44 ta bassada da	
13. Medicaid Status:	/spouse	nily d. w/others	e. # in household	
	2 Application date:			
☐Yes ☐No 1. Application filed ☐Yes ☐No 2. Eligible?	P Application date:			
☐Yes ☐No 3. Eligibility pendin	~?			
14. Physician:	<u>g:</u>		<u> </u>	_
		Phono		
Type: ☐ Primary Name Addres		Phone		
hadisə	s	Ldət visit	date	
				
Type: Specialist Name		Phone		

Last:	Fi	irst:	MI: MID	D: Date:
	Address	_		Last visit date
Type: 🗌 Den	ntist Name Address			Phone Last visit date
	Mures			Last visit date
 Type: □ Eye	Doctor Name			Phone
,,,,,, ,	Address			Last visit date
15. Responsibility/Leg	nal Guardian: (must f	have supporting docume		
1. Self		5. Power of Attorne	ey	
2. Ourable Po		☐ 6. Durable Power o ☐ 7. Guardian of Esta		ivated by Physician: 🔲 Yes 🗀 No
4. Authorized		8. Unknown	ne.	
16. Advance Directives				
	ems with supporting d	documentation) ☐4. Do not resuscitat	·- Пв. г	
□2. Organ dona		☐4. Do not resuscitat☐5. Autopsy request		o not hospitalize Inknown
☐3. Other				
17. Emergency Contact	at:	Legal Guardian:		Other Contact:
Name Address	_	Name		Name
	_	Address		Address
Phone	-	Phone		Phone
Relationship		Relationship		Relationship
I understand that if I am	n not already a Medica	caid recipient, I must bec	come Medicaid eligib	dence or Nursing Facility Care. ble in order to receive services from the Choices are of payment for Nursing Facility services.
I understand that I will p Nurse in my home or cu			on assessment, whic	ich is an interview conducted by a Registered
My signature below indi	icates my understand	ling of the application pr	ocess and my desire	re to participate in the program.
SIGNATURES:				
Applicant:			Date:	
Representative:			Date:	
	plicant:	<u></u>		
(Office Use Only) Long Term Support Cou	unselor:			
If the information for this regular packet of informa				below and mail a copy of this application with the
Telephonic Interview	Date:		LTSC Signature:	
	_		-	

New Hampshire Medical Eligibility Determination (MED)

Last:	First: MI: MID:		D	ate:			
SECTION A.PROFES	SIONAL NURSING SERVICES						
	Using the following codes for section A.1-A.10. Indicate whether the individual will need care that is performed by or under the supervision of a registered professional nurse:	1. Monthly	2. Several Times per Month	3. One time per week	4. Several times per week	5. Daily	6. Multiple Hours per Day
1. INJECTIONS AND IV FEEDING	Injections/IV feeding for an unstable condition (excluding daily insulin for an individual whose diabetes is under control):						
2. FEEDING TUBE	Feeding tube for new/ or unstable condition: Insertion date:						
3.	a. Nasopharyngeal suctioning						
SUCTIONING AND TRACH CARE	b. Tracheostomy care for a new or unstable condition Insertion date:						
4. TREATMENTS/ DRESSINGS	Treatment and/or application of dressings for which the physician has prescribed imigation, application of medications, or sterile dressings that require the skills of an RN:						
5. OXYGEN	Administration of oxygen on a regular and continuing basis when recipient's condition warrants professional observation for a new or unstable condition. Start date:		а				
6. ASSESSMENT/ MANAGEMENT	Professional nursing assessment, observation and management required for unstable medical conditions. Observation must be needed at least once every 8 hours. Specify condition for applicant's need:						
7. CATHETER	Insertion and maintenance of a urethral or suprapubic catheter as an adjunct to the active treatment of a disease or medical condition.						
8. COMATOSE	Professional care is needed to manage a comatose condition.						
9. VENTILATOR/ RESPIRATOR	Care is needed to manage ventilator/respirator equipment.						
10. UNCONTROLLED SEIZURE DISORDER	Direct assistance from others is needed for safe management of an uncontrolled seizure disorder.						
	Check if None of the above pertain						
11. THERAPY/ THERAPIES PROVIDED BY A QUALIFIED THERAPIST	Record the number of days each of the following therapies occurred or is anticipal and is being received at least 15 minutes per day based on specific goals. (Enter 0 if none or less than 15 minutes per day.) a. Physical therapy b. Speech/language therapy c. Occupational therapy	ited to	OCCL	r upo	n disa	charg	е
	d. Respiratory therapy	-					

Last:	First:	MI:		MID:		Date:
	L TREATMENTS AND THERAPIES	Mil.		MIC.		Date.
SECTION B. SI EGIAL	Code for number of days care would be performed by or under the supervision of a registered nurse.	1. Twice a month	2. Weekly	3. Daily	4. Multiple Hours per Day	5. Other
1. TREATMENTS/ CHRONIC CONDITIONS	Monitoring of treatments, procedures, dressings and or medications, for post-operative or chronic conditions according to physician orders. Check only those that apply:					
	a. Medications via tube	<u> </u>		 	<u> </u>	Specify:
	b Tracheostomy care-chronic stable			<u> </u>		Specify:
	c. Urinary catheter change	│ 		<u> </u>	 	Specify:
]	d. Urinary catheter irrigation	<u> </u>	│ ─\ 	 <u> </u> 	├-╁ -'	Specify:
	e. Venous puncture by RN	┞╠┩	│ 	 	- 	Specify:
	f. Monthly injections		부	┞╠╣ ┈╵	└ ╏	Specify:
	g. Barrier dressings for Stage 1 or 2 ulcers					Specify:
	h. Chest PT by RN	▎▕ ▄┈┦	┡┋	┃ ┪┦	▎ ▃ <mark></mark> ▙▃▏	Specify:
	i. O2 therapy by RN for chronic unstable condition					Specify:
	j. Other:	<u> </u>				Specify:
	k. Teach/train specify:					Specify:
<u></u>	Check if none of the above pertain					
2. TREATMENTS/ PROCEDURES	Code for number of days professional nursing is required.	1. Twice a month	2. Weekly	3. Daily	4. Multiple Hours per Day	5. Other
	a. Chemotherapy					Specify:
	b. Radiation Therapy					Specify:
	c. Hemodialysis					Specify:
	d. Peritoneal Dialysis					Specify:
	e. IV Therapy					Specify:
3. PAIN/PAIN MANAGEMENT OVER THE PAST 7 DAYS	a. Frequency:	f the time res with a	e ectivity or	4. Inte	ensity (1 ent	to 10)
SECTION C. COGNITIO						
1. MINI-COG SCREEN FOR COGNITIVE IMPAIRMENT	 Name 3 unrelated objects (e.g. "apple, Draw a large circle and ask the individual hands of the clock to indicate the time. Ask for the individual to repeat the name. 	ual to put @11:20. nes of the	the num	nbers on Yets.	the fact es	ce of the clock and then to put the No
	Note: If individual is unable to perform clocuse upper extremity (e.g. due to paralysis), numbers on the face of a clock represented would place the hands to indicate 11:20 (e.	, then ask d by a circ	k the indi cle (e.g.	ividual to 12 at the	o descrit e top, 6	ibe where they would place the 3 at the bottom) and where they
	mode place the manage to malegare i mee to	9.,	14114 011		Journal of the state of the sta	.a on + j.

Last:	First:	MI:	MID:	Date:
2.	Made decisions regarding tasks of	f daily life.		
COGNITIVE	☐0. Independent —decisions con			
SKILLS	☐1. Modified independence —sor	me difficulty in new s	ituations only	
FOR DAILY	☐2. Moderately impaired —decisi	ons poor, cues/supe	rvision required	
DECISION	3. Severely impaired—never/ran	rely made decisions		
MAKING		-		
3.	Are monitoring and nursing care n			
ASSESSMENT/	. □0. No □1. Onc	e per month	☐2. Twice per m	
MANAGEMENT	3. Weekly 4. Daily	/	5. Other: Spec	ify:
SECTION D. COMMUN	NICATION/HEARING PATTERNS			
1.	(With hearing appliance, if used)			
HEARING	☐0. HEARS ADEQUATELY – noi			
(Choose only one)	☐ 1. MINIMAL DIFFICULTY - who			
1	☐2. HEARS IN SPECIAL SITUAT	IONS ONLY – speal	ker has to adjust ton:	al quality and speak distinctly
	☐3. HIGHLY IMPAIRED – absence			
2.	□a. Hearing aid, present and use			
COMMUNICATION	☐b. Hearing aid, present and not	used regularly		
DEVICES/	□c. Adaptive phones			
TECHNIQUES	☐d. Lifeline			
	e. NONE OF THE ABOVE			
3.	(Understanding information content	it – however able)		
ABILITY TO	☐0. UNDERSTANDS			
UNDERSTAND	☐1. USUALLY UNDERSTANDS -			
OTHERS	☐2. SOMETIMES UNDERSTAND		uately to simple, dired	ct communication
(Choose only one)	☐3. RARELY/NEVER UNDERST			
SECTION E. VISION P.	ATTERNS (Use of Standard Vision			
1.	(Ability to see in adequate light and	d with glasses if used	ď)	
VISION	☐ 0. ADEQUATE – sees fine detail			
(Choose only one)	☐1. IMPAIRED – sees large print,	but not regular print	t in newspapers/book	us ·
ļ				headlines, but can identify objects
	☐3. HIGHLY IMPAIRED — object i			
	☐4. SEVERELY IMPAIRED – no	vision or sees only li	ght, colors, or shape:	s; eyes do not appear to follow
	objects			
2.	☐Yes ☐No a. Glasses, cont	act lenses		
VISUAL	Yes No b. Other:			
APPLIANCES				

Last:		First: MI: MID:		Date	 e:	
SECT	ION F. MOOD					
MOO	D	Over the past two weeks have you: Yes No - Felt little interest or pleasure in doing things No - Felt down depressed or helpless I ho - If non-verbal, any visible evidence or report of depress	ssion.			
		If "no" to both, skip to Section G If "yes" to either, administer the Patient Health Questionnaire – 9				
	nt Health tionn aire – 9	Over the last 2 weeks, how often have you been bothered by any of the	0. Not at ail	1. Several Days	2. More than half the days	3. Nearly every day
		following problems?	<u> </u>		,4 T	
		Little or no pleasure in doing things. Feeling down, depressed or hopeless.	┞	 	- 	-
		Trouble falling or staying asleep, or sleeping too much.	 	├┈╞ ┤┈	 - -	┝═┾┽
ĺ		Feeling tired or having little energy.		▎▕┤	- 17 -	- -
ľ		5. Poor appetite or overeating.				
		Feeling bad about yourself. Or that you are a failure or have let yourself or your family down.		o i		
		Trouble concentrating on things, such as reading the newspaper or watching television.				
		8. Moving or speaking so slowly that other people could have noticed. Or the opposite, being so fidgety or restless that you have been moving around a lot more than usual.				
		Thoughts that you would be better off dead, or of hurting yourself in some way.				
OFOR		Add columns - Total:				
1.	ON G. PROBLE Within the last					
1.		 a. WANDERING (moved with no rational purpose, seemingly oblivious to nee 	ode or eafo	atu l		
		b. VERBALLY ABUSIVE (Others were threatened, screamed at, cursed at)	700 OI 0010	~ •••		
	☐Yes ☐No	 SOCIALLY INAPPROPRIATE/ DISRUPTIVE BEHAVIOR (made disruptive exual behavior or disrobing in public, smeared/threw food/feces, hoarding, rur 				
		 d. RESISTS CARE (resisted taking medications/injections, ADL assistance or 				
	☐Yes ☐No	e. MINOR PHYSICAL ABUSE (Others were shoved, pinched, or scratched, b	<u>out did not</u>	result in p	physical in	jury)
	in the past six n		esulting in	bodily inju	iry at leas	t once
2.	Are monitoring : ☐0. No ☐3. Weekly	and nursing care needed to manage the identified behavioral issues? 1. Once per month 2. Twice per month 5. Other: Specify:				
SECT		elected, please answer the supplemental questions that follow. EM BEHAVIOR SUPPLEMENT				
		it accurately describes the individual's behavior within the last 7 days.				
1.	PATTERNS	O. Unchanged from "normal" for the individual. O. Sleeps noticeably more or less than "normal".		-		
		2. Restless, nightmares, disturbed sleep, increased awakenings. 3. Up wandering for all or most of the night, inability to sleep.				
2.	EDINO	0. Does not wander.		•		
VVAND	ERING	☐1. Does not wander, i.e., is chair bound or bed bound. ☐2. Wanders within the facility or residence and may wander outside, but	does not je	eopardize	health an	d
		safety. □3. Wanders within the facility or residence. May wander outside, health a not have a history of getting lost and is not combative about returning		may be je	opardized	. Does
		☐4. Wanders outside and leaves grounds. Has a consistent history of leaver.	ing ground			
		combative about returning. Requires a treatment plan that may includ management and safety.	e the use	of psycho	tropic dru	gs for

Last:	First: MI: MID: Date:
3.	□0. Attitudes, habits and emotional states do not limit the individual's type of living arrangement and
BEHAVIOIRAL	companions.
DEMANDS ON	1. Attitudes, habits and emotional states limit the individual's type of living arrangement and companions.
OTHERS	2. Attitudes, disturbances and emotional states create consistent difficulties that are modifiable to
	manageable levels. The individual's behavior can be changed to reach the desired outcome through
	respite, in-home services, or existing facility staffing.
	3. Attitudes, disturbances and emotional states create consistent difficulties that are not modifiable to
1	manageable levels. The individual's behavior cannot be changed to reach the desired outcome through respite, in-home services, or existing facility staffing even given training for the caregiver.
4.	0. Is not disruptive or aggressive, and is not dangerous.
DANGER TO SELF	1. Is not capable of harming self or others because of mobility limitations (is bed bound or chair bound),
AND OTHERS	2. Is disruptive or aggressive, either physically or verbally, or extremely agitated or anxious, even after proper
	evaluation and treatment.
	3. Is dangerous or physically abusive, and even with proper evaluation and treatment may require
	physician's orders for appropriate intervention. □4. Has caused serious bodily harm to another in the previous 6 months.
5.	Understands those needs that must be met to maintain self-care.
AWARENESS OF	☐1. Has difficulty understanding those needs that must be met but will cooperate when given direction or
NEEDS/	explanation.
JUDGEMENT	☐2. Does not understand those needs that must be met for self care and will not cooperate even though given
	direction or explanation.
SECTION H. SOCIAL	COMMUNITY INFORMATION
1.	☐Yes ☐No 1. Do you drink alcohol?
ALCOHOL USE	If No, skip to Substance Use.
	If Yes, complete CAGE questions in 2 below: ☐ Yes ☐ No 2a. Have you ever felt you should cut down on your drinking?
	Yes No 2b. Have people annoyed you by criticizing your drinking?
	Yes No 2c. Have you ever felt bad or guilty about your drinking?
	Yes No 2d. Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a
	hangover (eye opener)?
	Scoring: Item responses on the CAGE are scored 0 for "no" and 1 for "yes" answers, with a higher score an
2.	indication of alcohol problems. A total score of 2 or greater is considered clinically significant.
SUBSTANCE USE	Yes No - Do you ever use drugs that your primary care provider did not prescribe? If No, skip to next section.
	☐Yes ☐No a. Caffeine ☐Yes ☐No f. Stimulants
Check all that apply.	☐Yes ☐No b. Nicotine ☐Yes ☐No g. Inhalants
	Yes No c. Marijuana Yes No h. Heroin
	☐Yes ☐No d. Cocaine ☐Yes ☐No i . Hallucinogen
	☐Yes ☐No e. Crack ☐Yes ☐No j. Other
	L FUNCTIONING/STRUCTURAL PROBLEMS
1. ADL SELF-PERFOR	
	— No help or oversight - Oversight, encouragement or cueing provided
	ANCE — Individual highly involved in activity; received physical help in guided maneuvering of limbs, or other
non-weight bearing	
	ISTANCE — While individual performed part of activity, help of the following type(s) provided 3 or more times:
Weight bearing so	
	ENCE — Full staff/caregiver performance of activity.
8. ACTIVITY DID NO	JI OCCUR.
2. ADL SUPPORT PRO	VIDED 3. ADL CAPABILITY SOURCE OF INFORMATION
	sical help from staff R. Reported (by individual or caregiver)
Setup help only	S. Seen (observed by assessor)
One-person phy	sical assist D. Document review
Two+ person ph	
8. Activity did not o	ccur during entire 7 days.

First: MI:			MID						_ •	ate	•		_	
DESCRIPTION	Self performance				S	uppe	ort		S	our	се			
	0. INDEPENDENT	1. SUPERVISION	2. LIMITED ASSISTANCE	3. EXTENSIVE ASSISTANCE	4. TOTAL DEPENDENCE	ACTIVITY DID NOT OCCUR	0. No setup or physical help from staff	1. Setup help only	2. One-person physical assist	3. Two+ person physical assist	Activity did not occur duning entire 7 days.	R. Reported (by individual or caregiver)	S. Seen (observed by assessor)	D. Document review
How individual moves to and from lying position, turns side to side, and positions body while in bed	10													
How individual moves between surfaces, to/from: bed, chair, wheelchair, standing position	0	а			0			a						
How individual moves between locations in his/her room and other areas on same floor. If in														
1. No assistive device 2. Cane 3. Walker/Crutch 4. Scooter (e.g. Amigo) 5. Wheelchair														
8. Activity does not occur How individual puts on, fastens, and takes off all items of street clothing, including donning/removing prosthesis		<u> </u>												0
How individual eats and drinks (regardless of skill) How individual uses the toilet room (or commode, bedpan, urinal); transfers on/off toilet, cleanses, changes pad, manages ostomy or catheter, adjusts clothes												1		
How individual maintains personal hygiene, including combing hair, brushing teeth, shaving, applying makeup, washing/drying face, hands, and perineum (Exclude baths and showers)														
How individual walks														
How individual takes full-body bath/shower, sponge bath, and transfers in/out of tub/shower. Control of urinary bladder Control of urinary bladder Control of urinary bladder 1. USUALLY CONTINENT — Incontinent episodes once a week or less 2. OCCASIONALLY INCONTINENT—2 or more times a week but not daily 3. FREQUENTLY INCONTINENT— tended to be incontinent ally, but some control present														
	How individual moves to and from lying position, turns side to side, and positions body while in bed How individual moves between surfaces, to/from: bed, chair, wheelchair, standing position (EXCLUDE to/from bath/toilet) How individual moves between locations in his/her room and other areas on same floor. If in wheelchair, self-sufficiency once in chair 1. No assistive device 2. Cane 3. Walker/Crutch 4. Scooter (e.g. Amigo) 5. Wheelchair 8. Activity does not occur How individual puts on, fastens, and takes off all items of street clothing, including donning/removing prosthesis How individual eats and drinks (regardless of skill) How individual uses the toilet room (or commode, bedpan, urinal); transfers on/off toilet, cleanses, changes pad, manages ostomy or catheter, adjusts clothes How individual maintains personal hygiene, including combing hair, brushing teeth, shaving, applying makeup, washing/drying face, hands, and perineum (Exclude baths and showers) How individual takes full-body bath/shower, sponge bath, and transfers in/out of tub/shower. Control of urinary bladder 10. CONTINENT—Complete control 11. USUALLY CONTINENT— Incontinent episod 22. OCCASIONALLY INCONTINENT— tended to be	How individual moves to and from lying position, turns side to side, and positions body while in bed How individual moves between surfaces, to/from: bed, chair, wheelchair, standing position (EXCLUDE to/from bath/toilet) How individual moves between locations in his/her room and other areas on same floor. If in wheelchair, self-sufficiency once in chair 1. No assistive device 2. Cane 3. Walker/Crutch 4. Scooter (e.g. Amigo) 5. Wheelchair 8. Activity does not occur How individual puts on, fastens, and takes off all items of street clothing, including donning/removing prosthesis How individual eats and drinks (regardless of skill) How individual uses the toilet room (or commode, bedpan, urinal); transfers on/off toilet, cleanses, changes pad, manages ostomy or catheter, adjusts clothes How individual maintains personal hygiene, including combing hair, brushing teeth, shaving, applying makeup, washing/drying face, hands, and perineum (Exclude baths and showers) How individual walks How individual walks How individual takes full-body bath/shower, sponge bath, and transfers in/out of tub/shower. Control of urinary bladder O. CONTINENT—Complete control 11. USUALLY CONTINENT— Incontinent episodes on 2. OCCASIONALLY INCONTINENT—2 or more time incontinent episodes on 3. FREQUENTLY INCONTINENT—tended to be incontinent episodes.	How individual moves to and from lying position, turns side to side, and positions body while in bed How individual moves between surfaces, to/from: bed, chair, wheelchair, standing position (EXCLUDE to/from bath/tollet) How individual moves between locations in his/her room and other areas on same floor. If in wheelchair, self-sufficiency once in chair 1. No assistive device 2. Cane 3. Walker/Crutch 4. Scooter (e.g. Amigo) 5. Wheelchair 8. Activity does not occur How individual puts on, fastens, and takes off all items of street clothing, including donning/removing prosthesis How individual eats and drinks (regardless of skill) How individual uses the toilet room (or commode, bedpan, urinal); transfers on/off toilet, cleanses, changes pad, manages ostomy or catheter, adjusts clothes How individual maintains personal hygiene, including combing hair, brushing teeth, shaving, applying makeup, washing/drying face, hands, and perineum (Exclude baths and showers) How individual takes full-body bath/shower. Control of urinary bladder 1. USUALLY CONTINENT — Incontinent episodes once a control of urinary bladder 1. USUALLY CONTINENT — 1 or more times a control of urinary bladder 1. USUALLY CONTINENT — 1 or more times a control of urinary bladder 1. USUALLY INCONTINENT — 2 or more times a control of urinary bladder 1. USUALLY INCONTINENT — tended to be incontinent to be incontinent to the control of urinary bladder incontinent tended to be incontinent tended to the incontinent tended to be incontinent t	How individual moves to and from lying position, turns side to side, and positions body while in bed How individual moves between surfaces, to/from: bed, chair, wheelchair, standing position (EXCLUDE to/from bath/toilet) How individual moves between locations in his/her room and other areas on same floor. If in wheelchair, self-sufficiency once in chair 1. No assistive device 2. Cane 3. Walker/Crutch 4. Scooter (e.g. Amigo) 5. Wheelchair 8. Activity does not occur How individual puts on, fastens, and takes off all items of street clothing, including donning/removing prosthesis How individual eats and drinks (regardless of skill) How individual eats and drinks (regardless of skill) How individual eats and drinks (regardless of skill) How individual walks to to catheter, adjusts clothes How individual maintains personal hygiene, including combing hair, brushing teeth, shaving, applying makeup, washing/drying face, hands, and perineum (Exclude baths and showers) How individual takes full-body bath/shower. How individual takes full-body bath/shower. Control of urnary bladder O. CONTINENT—Complete control 1. USUALLY CONTINENT— lencentinent episodes once a weil 3. FREQUENTLY INCONTINENT—2 or more times a week 3. FREQUENTLY INCONTINENT—tended to be incontinented.	How individual moves to and from lying position, turns side to side, and positions body while in bed How individual moves between surfaces, to/from: bed, chair, wheelchair, standing position (eXCLUDE to/from bath/tollet) How individual moves between locations in his/her room and other areas on same floor. If in wheelchair, self-sufficiency once in chair 1. No assistive device 2. Cane 3. Walker/Crutch 4. Scooter (e.g. Amigo) 5. Wheelchair 8. Activity does not occur How individual puts on, fastens, and takes off all Items of street clothing, including donning/removing prosthesis How individual uses the toilet room (or commode, bedpan, urinal); transfers on/off toilet, cleanses, changes pad, manages ostomy or catheter, adjusts clothes How individual maintains personal hygiene, including combing hair, brushing teeth, shaving, applying makeup, washing/drying face, hands, and perineum (Exclude baths and showers) How individual takes full-body bath/shower. How individual takes full-body bath/shower. Control of urinary bladder O. CONTINENT—Complete control 1. USUALLY CONTINENT— lencontinent episodes once a week but 3. FREQUENTLY INCONTINENT— 2 or more times a week but 3. FREQUENTLY INCONTINENT— tended to be incontinent daily.	How individual moves to and from lying position, turns side to side, and positions body while in bed How individual moves between surfaces, to/from: bed, chair, wheelchair, standing position (EXCLUDE to/from bath/tollet) How individual moves between locations in his/her room and other areas on same floor. If in wheelchair, self-sufficiency once in chair 1. No assistive device 2. Cane 3. Walker/Crutch 4. Scooter (e.g. Amigo) 5. Wheelchair 8. 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USUALLY CONTINENT — tended to be incontinent dally, but some control	DESCRIPTION Self performance Support Description	DESCRIPTION Self performance Support	DESCRIPTION Self performance Support Support Supp	DESCRIPTION Self performance Support S (2) (2) (2) (3) (3) (4) (4) (4) (5) (4) (5) (4) (6) (4) (6) (6) (6) (7) (6) (7) (6) (7) (7	DESCRIPTION Self performance Support Sound (A) (A) (A) (A) (A) (A) (A) (A

Last:	First:	MI:	MID:		D	ate:	
I. BOWEL CONTINE NŒ (Choose <i>Onlyone</i>)	Control of bowels Occupied Continent Complete continent Contine	rwel incontinent episodes ENT— Bowel incontinent T— Bowel incontinent ep ntinent all (or aimost all) (episode or pisodes 2-3 of the time,	nce a wee times a w daily both	reek		
<u></u> _				Appl/P	rogram	Suppor	<u>t</u>
m. APPLIANCES/ PROGRAMS					2. Hands on person assist	O. Independent Supervision	2. Hands on person assist
	a. External (condom) catheter b. Indwelling catheter			┝	╡╽┈╞╡ ╢		┝╶╞╬╌
	c. Intermittent catheterization			 	╡│╞╡ ╏	┝ ▐ ┩╌╎╞╉╌	┝╼╅╌
	d. Pads/briefs used				5 12 		
	e. Ostomy present						
-	f. Scheduled toileting other program	n					
	g. NONE OF ABOVE						
SECTION J. MEDICA							
List all medications of 1.Medication Name an		·····	2. RA	3. Freq	Г р	rescribed by:	
1.Medication Name an	u Dosage		1 2.15	0.1100		iesaibea by.	
							
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Last:	F	irst:	MI: N	IID: D	ate:
SECTION K MEDICAT	ION				
1a. PREPARATION/AI Did individual prepare a Tyes No If no, cho 1. Indvidual requ 2. Indvidual requ daily. 3. Indvidual able	DMINISTRATION and administer his/he eck all that apply:. uired medications to uired medications to a to prepare medicate to administer medication in the medications in the second secon	be prepared daily. be administered ions daily. cations daily. he last 7 days.	or treatments? a. Insulin b. Oxygen c. Nebulizen 1c. COMPREHEN	l self-administer any of the fo ☐ d. Nitropatch ☐ e. Glucometer ☐ f. Inhaler	
SECTION L. REPORTE					
EXISTING KHOWN CO	NDITIONS: Check of	existing known condition	ns that have a relatio	nship to current status.	
ENDOCRI NE METABO		NEUROLOGICAL		SENSORY	
Diabetes		Alzheimer's diseas	e	☐ Cataracts	
Hyperthyroidism		Aphasia	-	☐ Diabetic retinopathy	
☐ Hypoth yroidism		Cerebral palsy		☐ Glaucoma	
		Cerebrovascular a		☐ Macular degeneration	
HEART/CIRCULATION		Dementia – other t	han Alzheimer's		
Arteriosclerotic heart		disease	_	OTHER	
Cardiac dysrhythmia		Hemiplegia/hemipa	aresis	Allergies, Specify:	_
Congestive heart failu		☐ Multiple sclerosis		I	
Deep veinthrombosis	5	☐ Neuropathy		☐ Anemia ☐ Cancer	
		☐ Paraplegia ☐ Parkinson's diseas	Δ.	Explicit terminal prognos	eie Specify:
Peripheral vascular d	licosco	Quadriplegia	c	Mental retardation (e.g.,	
Other cardiovascular		Seizure disorder		autism, or other organic	
GASTRIC Gerd		☐ Transient ischemic ☐ Traumatic brain inj	ury	mental retardation or der disability (MR/DD) Obesity	velopmental
Other		PSYCHIATRIC/MOOD)	☐ Other psychiatric diagno	
MUSCULOSKELETAL Arthritis Hip fracture	andation)	☐ Anxiety disorder ☐ Depression ☐ Bipolar Disorder ☐ Schizophrenia		phobias, personality dis	
☐ Missing limb (e.g., an☐ Osteoporosis	iputation)	PULMONARY		Substance abuse (alcohi	or arug)
Pathological bone fra	cture	Asthma		U Tuberculosis-16	
Other	Cluio	Emphysema/COPE	ו	☐ NONE OF THE ABOVE	
OTHER CONDITIONS:				[Change of Michaelte	
1 2 3 SECTION M. BALANCE	-				
			14 11 18 18 18 18		
1. FALLS	Which bone:		italizations in the las	t 90 days for treatment of a bo	ne fracture?
2.	a. Has unstead				
FALL RISK		problems when standing		Principal College	
(Check all that apply)		ies because individual d	or family fearful of inc	dividual falling	
	d. Furniture wa	แตกฐ int with assistive device:	-		
		or drug use as a contrib			
	g. NONE OF TO	-	iduliy racior		
SECTION N. NUTRITION		TIL ADOTE			
1.	Approximate weigh	nt in pounds:			
WEIGHT	Approximate heigh				
(Optional if info is not					
available)					

Last:	First:	MI: MID	•	Date:
2. WEIGHT CHANGE (Optional if into is not available)	☐ Yes ☐ No – Has your weight changed in ☐Gained or ☐Lost How much:	n the last 30 days? □Intended or □U	nintended?	
3. NUTRITIONAL PROBLEMS OR APPROACHES (Check all that apply)	□ a. Chewing or swallowing problem □ b. Missing teeth or dentures □ c. Special diet Specify: □ d. Mechanically altered (or pureed) diet □ e. Noncompliance with diet □ f. Food Allergies, Specify: □ g. Poor Appetite			
SECTION O. SKIN CO.	NDITIONS			
1. SKIN PROBLEMS	Any troubling skin conditions or changes? a. Abrasions (scrapes) or cuts b. Burns c. Bruises d. Rashes, itchiness, body lice, scabies e. Skin changes, ie, moles	☐ g. Open so ☐ h. Cellulitis ☐ i. NONE O	F THE ABOVE	
2.	Yes No a. Individual or another perso			
FOOT PROBLEMS	☐ Yes ☐ No b. One or more foot problems ☐ corns ☐ calluses ☐ bunions ☐ pain ☐ structural problems	or intections such a ☐hammer toes	is: Overlapping toes	
If "b" is coded	☐gangrene toe ☐foot fungus	□plantar fasciitis	☐nail fungus	
Yes, check those items that apply.	c. Do foot problems interfere with: Yes No - Standing No - Ambulation			
Nurses Notes/Addition	al Information			

Last:	First:	MI:	MID:	Date:
SUPPORT PLAN				
Nursing Facility:	_			
Identified Needs:				
	•			
1. 2.				
3.				
4.				
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6.			· · · · · · · · · · · · · · · · · · ·	
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15.	_			
The Applicant is or will be pat	icipating in the discharge planni	ng process. Yes	s □No	
SIGNATURE:				
Nurse Assessor:	App	licant Signature:	 ,	
Date:		Date:		
	-			

F.) SLRC Annual Report

ServiceLink Resource Center Annual Report

STATE FISCAL YEAR 2007

July 1, 2006 to June 30, 2007





Call us toll-free: 1-866-634-9412 or visit us at: www.servicelink.org



VISION:

The New Hampshire ServiceLink Resource Center network envisions communities that empower and support citizens to make personal decisions, plans and social connections that allow them to live as independently and fully as possible.

STATEMENT OF PURPOSE:

The New Hampshire ServiceLink Resource Center program is a network of thirteen community-based sites and satellite offices with the common purpose of providing information, referrals, and assistance to connect older adults, adults living with disabilities, their families and caregivers with resources in their communities. The Resource Centers are available to help people learn about the full range of long-term supports spanning from home and community based care services to nursing facility care.

HOW WE GOT STARTED:

Since its inception in 2000, ServiceLink has developed into a successful public/private partnership between the NH Department of Health and Human Services (DHHS) and a network of locally administered non-profit agencies to serve people age 60 and older, adults living with a disability or chronic illness, their caregivers, and anyone interested in the wide range of long-term support services, including in-home, community-based, and institutional services and programs.

In 2003, an ongoing partnership was formed with the University of New Hampshire (UNH) and the DHHS Bureau of Elderly and Adult Services (BEAS). Through this partnership, significant steps have been taken towards realizing ServiceLink's vision of becoming a highly trusted resource where people can go for unbiased information by implementing a comprehensive "single point of entry" model.

BEAS and UNH have received grant funds from the federal Administration on Aging (AoA) and the Centers for Medicare & Medicaid Services (CMS), which have supported the development of the "single point of entry" model (also known as Aging and Disability Resource Centers (ADRC)).

In 2006 the State of NH became the first state in the **Nation** to provide statewide coverage of the innovative ADRC model.

WHAT WE DO...

The ServiceLink Resource Center (SLRC) program was created to provide easier and improved access to the kinds of resource information that help people live fully, enable them to learn more about options and to make plans that support their independence.

In 2007, the ServiceLink Resource Center services were expanded and now include:

- A single point of entry to public programs including Medicaid funded in-home care and nursing home care;
- Eligibility screening and assessment for Medicaid and Medicare Counseling;
- · Counseling to help people plan ahead for their long-term care needs; and
- Centralized resource management, data collection, and evaluation.

The ServiceLink Resource Center staff consists of the following positions:

- Resource Center Manager
- Long-Term Support Counselor
- Information & Referral Specialist
- Caregiver Specialist

Medicare Specialist

Staff members are trained and certified in national information, referral, and assistance standards through the Alliance for Information and Referral Systems (AIRS).

A BEAS long-term care nurse is co-located at the SLRC for medical assessments required for Medicaid long-term care.

A Division of Family Assistance, Family Services Specialist is also co-located for financial eligibility determinations for public programs, including Medicaid long-term care.

The New Hampshire ServiceLink Resource Center programs provide the following:

- National toll-free access to information, which is free and confidential;
- One-on-one counseling and assessment of needs in the SLRC office or in a home or community setting;
- Education on homecare, housing options, prescription drug assistance, health care benefits including Medicare, employment issues, financial/retirement planning, wellness and disease management;
- Assistance accessing services and help in taking the next steps;
- Information on volunteering and volunteer opportunities;
- · Family Cargiver Support, Medicare Learning Centers; and
- Information about long-term support options.

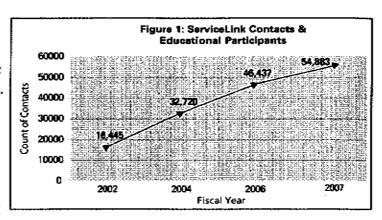
The SLRC serves anyone seeking information, referral, and assistance. There are no income requirements or eligibility criteria to receive services.

SFY 2007 HIGHLIGHTS

CONTACTS & CONNECTIONS

The SLRC has seen a significant increase in contacts since 2002. Figure 1 illustrates the increase in volume. In SFY 2007, 10,316 of the total contacts were Medicare related.

The number of total contacts includes the number of consumers who contacted ServiceLink by telephone, in writing, email or by visiting a SLRC site or by attending educational activities.



CONSUMER SATISFACTION:

It is important for the ServiceLink Resource Centers to receive feedback from their consumers about the services they received. A satisfaction survey was completed by 918 consumers. Over 93% of consumers responded saying:

- They considered the ServiceLink Resource Center a trusted place to get information and assistance;
- They would recommend the ServiceLink Resource Center to a friend or relative; and
- They were satisfied with their experience with the ServiceLink Resouce Center and would contact ServiceLink again.

TOP SERVICE REFERRALS:

While utilizing objective outcomes measured to track program effectiveness, the SLRC network has worked to increase the use of the ServiceLink website (www.servicelink.org) and to increase public awareness of ServiceLink.

The following is a list of the top 10 service referrals for SFY 07

- Home and Community-Based Care, Elderly and Chronically Ill Waiver & Nursing Facility Applications and Assessments
- Medicare Information, Education & Assistance
- 3. Basic Needs Information & Referral
- 4. Assistance with Completing Applications

- 5. Counseling in Long Term Care Options
- 6. Property Tax Rebate Information
- 7. Home Maintenance & Repair Services
- 8. Financial Information & Assistance
- 9. Legal Counseling
- 10. Homemaker Assistance

MEDICARE

People can access Medicare information through the Medicare Learning Centers located at ServiceLink sponsored sites. Each location includes a trained counselor and a library of Medicare publications, as well as a computer with internet access to Medicare and other informational web sites pertaining to aging and caregiving. The objective of the Medicare Learning Center is to empower people to make informed decisions regarding their Medicare options.

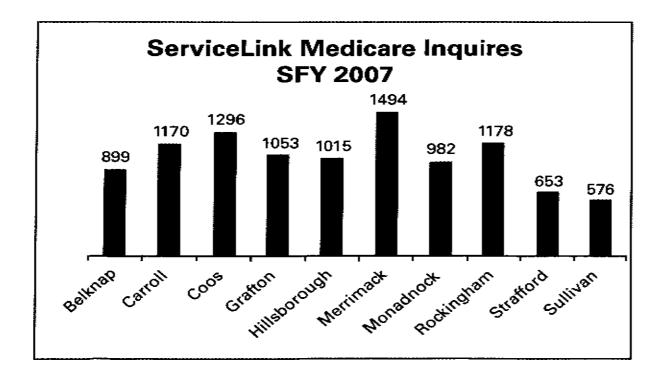
In SFY 2007 the SLRC took on the DHHS contract to provide health insurance assistance counseling and education including ways to protect against healthcare fraud to the residents of New Hampshire. There is now a designated staff person in every SLRC office who is certified to provide one-on-one counseling.



Nancy Sevigny (left) & Joanna Theberge (right), Hillsborough County



Fran Ingersoll (left) & Alice Corbit (right), Coos County



ServiceLink Resource Center Annual Report

STATE FISCAL YEAR 2007

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WHAT IS NEXT...

The New Hampshire Long-Term Support System is focusing on a person-centered approach, promoting the right and ability of individuals, families, and caregivers in need of supports to exercise choice and direction, thus maximizing the independence, dignity and quality of life of the individual receiving care. DHHS shares leadership within New Hampshire in developing and funding long-term supports and in advocating for elders, adults with disabilities and caregivers.

The ServiceLink Resource Center Network has successfully exceeded programmatic goals set in SFY 2007. One of these was to transition the DHHS contract for the State Health Insurance and Assistance Program (SHIP) and the Senior Medicare Patrol program (SMP), which provides Medicare education, to the ServiceLink contracts. Consumer satisfaction has also increased from 90% in SFY 2006 to 93% in SFY 2007.

"The NH ServiceLink Resource Center Program strives to focus on person centered care: a system that encourages an individual to have choice; flexibility and control over the supports they need to live within their community.

The Bureau of Elderly and Adult Services is proud to continue its partnership with ServiceLink to streamline access to long term supports by the people who need them. Providing information and assistance are the first steps in ensuring that individuals and families receive the care they need in a timely and responsive way. This demonstrates our commitment to excellence."

—Kathleen Otte, Bureau Administrator, DHHS

SFY 2008 GOALS:

- · Continue to provide quality information, referral and assistance;
- Further develop the SLRC model by enhancing the person-centered focus;
- Continue implementation of a publicly accessible resource database of long-term care services, disability services and caregiver supports;
- Review implementation benchmarks and staff development programs to ensure quality and continuous process improvement;
- Continue to educate consumers about caregiver support and resources by integrating a Caregiver Resource Specialist into the SLRC model;
- · Improve the quality of telecommunications at local sites; and
- · Add additional staff and operational support to higher volume sites.

ww.servicelink.org

SERVICELINK LOCATIONS

Over the next several decades, the number of Americans occoing long-term care support services is expected to reach unprecedented levels as the baby bopping reach retirement age, NFS Servicel link Resource Centers are ready to meet the challenge as the places for NH residents to go for free information, referral and assistance.

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ServiceLink Resource Contar of Carrol County 48 White Mountain Highway, P.O. Box 420 Chocorus, NY 53817 Josef Line: 573-8384 — Fax: 323-7508

Service List Resource Center of Cooe County 610 Sulliven St., Suite 6 Berlin, NH 03570 Local Line: 752-5407— Fax: 752-1824

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Strong 251 Linutrance Rd., PO Box 1363 Saljem NH 03079 Local Line: 863-9769 — Fox: 893-1339

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